

Spring 2020

Issue 66



## Mt. Adams Community Resources & Events

### MACA Officers:

President: Frank Obermeyer... frankobermeyer@yahoo.com

Secretary: Sue Zimmerman...suezimmerman@gmail.com

Treasurer: Tom Abare...tomabare1@gmail.com

Directors: Judi Cettel, Chris Gilmore, Russ.Ferneding, Jennifer Ferneding, Dan Weinstein, Nic Covey

Honorary Directors: Rev. Len Fecko, Pastor, Holy Cross Immaculata, Dr.David Schwab, Minister, Pilgrim Chapel

### Mt. Adams News Staff:

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### Monthly Meetings:

Business Guild	1st Tuesday	3 pm	TBA	Towne Properties (513) 381-8696
Civic Association	1st Tuesday	7:pm	Immaculata	Frank Obermeyer
Beautification Association	2nd Tuesday	6:30 pm	TBA	Mary Margaret Kindel
Planning and Development	Last Tuesday	6:30pm	Immaculata	Steve Vogel

### City Contacts:

Adopt A Block: 352-3711 City Events Calendar: 621-6994 City Parks Calendar: 281-3209

Crime Reporting: 352-2960

City Planning Department: Margaret Wuerstle 352- 4889

Buildings & Inspections: Mike Fehn 352-1911

Economic Development Dept: Greg Koehler 352-1596

Community Development Dept: Herman Bowling 352-1949

Fire Department: Capt. Bill Long 357-7585 Capt. Steve Coldiron 357-7597

Health Department: Beth Abbot 352-1459

Police Department: Officer Tim Eppstein 513-478-6587 Non-Emergency 765-1212

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Traffic: Bill Lindsay 352-3733

24 Hour On Line 591-6000 .

Recreation:Vanessa Hendersen 513-282-1286

Visit the Mt Adams Civic Assn.  
at their website:

**mtadamscincy.org**

For:

Community Events

Walking tour registration

Recent Grapevine issues

And

mtadamstoday.com for business news



*Feliz Navi-dog...Now there's a new take on  
costuming for the Reindog Parade!*

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## SPRING IS IN THE AIR

by Pat Shepherd

The Mt. Adams Business Guild is looking forward to planting our spring/summer hanging baskets in the business district as we have done the past two years.

We were very fortunate to have the local businesses support the effort with their donations on plant purchases. We received many compliments from our residents and would love to encourage support from those of you who would like to help us in any way.

No amount is too big or too small; the contribution can be made to Mt. Adams Business Guild and is tax deductible. Just give it to Sandy Zimmerman at North Side Bank.

We were lucky enough to have Towne Properties and Mt. Adams Beautification Assn. water our baskets. Without them it would not be possible.

## It's in the Bag

by Cara LaRosa

Thank you to the following volunteers for the excellent job keeping the Mutt Mitt containers stocked. Thank you to the following volunteers for the excellent job keeping the Mutt Mitt containers stocked: Betsy Kortekamp, Lisa Massa, Darlene McNamara, Lori Petty, Pat Shepherd, April Walter, and Linda Wilson.

Also, a special thank you to MACA for funding the Mutt Mitt bags.

## Sip and Stroll with MABA

by Margaret Mock

Sip and stroll through the gardens of Cincinnati's most charming neighborhood on June 16, 2020. The Mt. Adams Sunset Garden Stroll returns this spring and will help support and maintain the Mt. Adams Gateway Gardens. Those gardens you enjoy as you return home from a day away require care and funds that this event will provide. An excellent gift and a very fun night on the hill begins with a ticket purchase for this event. Please visit the [www.mtadamsincy.org](http://www.mtadamsincy.org) website to read about the ongoing efforts of the Mt. Adams Beautification Association and the opportunity of membership to this group. Also look for ticket sales to open on this website and at local events in May.

**Deadline for the spring issue of the Grapevine will be May 1st for a June 1st publication. For ads and articles please contact Sue Zimmerman at [suezimmerman@gmail.com](mailto:suezimmerman@gmail.com) or M'ellen Horrigan at [mellenvine65@gmail.com](mailto:mellenvine65@gmail.com). We take TIFF's, JPEG's, PDF's, or just about anything else. We can help with design and we do speak "Adobe Creative Suites."**

## MACA Minutes December 3, 2019

by Sue Zimmerman

The meeting was called to order by President Frank Obermeyer at 7 pm. Also in attendance were directors Judi Cettel, Nic Covey, Jenny Ferneding, Russ Ferneding, and Dan Weinstein and officers Tom Abare and Sue Zimmerman.

**Speaker: Neil Bortz of Towne Properties** was the guest speaker who spoke about the vision for Mt. Adams. There was a lot of audience participation on what should be in the Hill's future. Neil gave some background on what has happened and the costs to improve current buildings. For instance, Longworth's original owner hooked up the new addition to the former one family house's utilities. That required a \$350,000 expense to get the building to code. The business guild is working on a plan that is not quite fully developed. The discussion included: age group to appeal to (30's and up), types of restaurants... a variety, white tablecloth, bistro, bars with entertainment, shuttle bus from playhouse / art museum, businesses like arty boutiques, doggy daycare/services (since there are so many dog owners on the hill), unique shops, no chains, chef owned restaurants, increase advertising, etc. We do have charm, safety, and parking compared to OTR and Downtown. Another point was made that the changes must be made before the Playhouse and Art Museum renovations are done.

**Police Report:** Officer Michelle Bockenstette, our new neighborhood liaison officer gave the report. Last month there was one theft from auto and one attempted burglary and residential cameras caught the guy and he was arrested. If you have a surveillance camera, please register it with the police. Go to Cincinnati-oh.gov/police and click on the Online Camera registration link. She also reminded people to beware of porch pirates, keep cars empty of visible items, and report anything suspicious. She talked about the increased homeless activity at 3rd and Monastery with the cold weather. The police are trying to get everyone to have shelter. The light pole missing at the end of Martin is in the works. The audience agreed that the taxi stand signs should be taken down on St. Gregory. A problem with the UC shuttle doing a stop at St. Gregory and Pavilion is that students waiting for a pick up trash the area and businesses are tired of cleaning up trash and vomit.

**CRC Report:** Vanessa Henderson reported. She thanked everyone who supported the CRC programs. The Canned Good drive was successful; the boxes were delivered to the Walnut Hills food pantry on Gilbert. They are now collecting for a Toy Drive from November 12th to December 6th. All community centers have bins for toys – the goal is 500 toys. Busch Center will have lunch with Santa on Saturday, Dec. 14th at 11am to 1 pm. Families are encouraged to sign up. A Youth Basketball Clinic is Sat. Dec. 21 from 11am to 1pm. For Pickle Ball information call Sara at 352-1631. Aquatic Division needs Lifeguards. Aquatics offers Aqua Cise on Mon. and Weds 9am to 10 am and 6-7pm. To get more information on jobs and programs, contact Ellen or April at 357-7665. Holiday Hours: On Dec. 23, 26, 27, & 30 centers will close at 6:30, and on Dec. 24 and Dec 31.

**Minutes:** Minutes for November were approved.

**President's Report:** Frank thanked Neil Bortz for coming to the meeting. He also thanked those who organized Beaujolais Nouveau and congratulated Jim Steiner our newest person on the exemplar plaque. Next meeting a rep from the Art Museum will give an update on renovations.

**Treasurer's Report:** Tom Abare reported that Mt. Adams Walks donated their proceeds to MACA- a \$2,200 check. Current balance is \$33,000.

**Planning and Development:** Steve Vogel reported that there will be a variance meeting on the revised plans for a house on 1256 Elsinore. The new plans are still different from code. We will need people to show up for this meeting on Dec. 11th at 11am (come at 10:45 to get through security and sign in and give email address). The meeting is at 805 Central Ave. Suite 500 downtown. The worry is that drastic cuts into the hill will happen like on Baum St. etc.

**MABA:** Barb Timmins thanked Tina Russo for providing the greenery for the Ida Bridge and Sue Zimmerman for moving the pots on St. Gregory, which were crowded on the sidewalk that already has the baskets, to places that needed sprucing up. She reminded everyone that Luminary Night is Dec. 22 and street captains will drop off order forms for kits or there is the option to buy kits at Bow Tie. Deck the Monk will be on Dec. 7th at 9 am. June 16, 2020 is the Sunset Garden Stroll. A changing of the guard... Mary Margaret Kindel is now President, Judi Cettel is Vice-president, Janet Steiner and Charlotte Hahn will share Secretary and Debbie Weinstein will continue as treasurer.

**Clean, Safe, and Attractive:** Jenny Ferneding – no report.

**Membership:** Jim Horrigan – Annual membership \$10 is now due. Lifetime memberships are \$100.

**NSP:** Julie Dietz reported that our request for funding was approved. She mentioned that the other neighborhoods were impressed with the Grapevine.

**Community Life:** Margaret Mock- no report

**Business Guild:** Maryellen Horrigan -no meeting today

**Grapevine:** Maryellen Horrigan/ Sue Zimmerman – The extra copies will be distributed this week to churches, Bow Tie etc. Now is the time to contact us if you are not receiving the Grapevine because this is the time we can change the master mailing list.

**Walking Tours:** Jim Steiner thanked MACA for the recognition on the exemplar plaque. He was shocked that he had no idea; he thought he had a good finger on gossip on the Hill. He will be stepping away from Mt. Adams Walks, but Margaret Mock will take on the administrative end of the tours while the tour guides are Pete Djuric, Chuck Curren, and Dave McCabe. He also thanked all the businesses that give free publicity for the walks.

**MAYC: Maureen Webb** – MAYC Holiday Happy Hour Weds. Dec 11 at Hightail 5:30-8:00 followed by Trivia Night. Free to members and guests cash bar. Julie Dietz is the new Vice Commander (Social Committee).

**Art Club:** Gary Eith – There will be an open exhibition of Abstract Art starting on Friday 5-9 pm and Sat./Sun. noon to 4pm.

Pilgrim Chapel: Bruce Ford passed out flyers that detailed the holiday events at Pilgrim. Dec. 8 is the Friendly Beasts service is Dec. 8 at 10:30. Christmas Eve service is the 24th at 7pm.

**HCI:** Maryellen Horrigan – Chorale Concert at 2:30...Christmas Eve Midnight Mass is at 10:30.

**New Business:** None  
Meeting adjourned at 8:20

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## Mt. Adams Civic Association Minutes...

January 7, 2020

by Janet Steiner for Sue Zimmerman

The meeting, in the HCI community center, was called to order by President Frank Obermeyer at 7:00 PM.

*Cincinnati Art Museum (CAM)* Cameron Kitchen, Cincinnati Art Museum Director, presented an update of CAM developments as he referenced the mission statement: "Through the power of art, we contribute to a more vibrant Cincinnati by inspiring its people and connecting our communities." The site of CAM was chosen over Burnet Woods and Washington Park, has a 360 degree view of surrounding communities. The museum has an annual operating budget of \$15 million; \$200 thousand from the City of Cincinnati, various grants and the generosity of citizens support the museum. Initial Prioritization of Projects: Visitor Experience and Scholarship, Community Outreach, and Impact

Organizational Capacity. Presently, three projects are either nearing completion or are in progress: Accessible ramp to the front entrance – nearly complete, Retaining wall – 298 feet of wall to protect the parking areas from hill slippage (this is NOT the project to build a new entrance drive, still working to find funding for this).

Art Climb from Gilbert Ave/Art Museum Drive corner, 9 ½ story climb will eventually have sculptures and paths intersecting, providing an outdoor experience. Cameron noted that CAM is located in Eden Park, is connected to Mt. Adams, Walnut Hills, Mt. Auburn and other communities. Dave Linnenberg, CAM Chief Administrative Officer, noted that CAM, Playhouse in the Park and Park Board are all working with

Human Nature's Chris Manning to coordinate efforts. (MACA has also worked with Chris Manning toward the same goals of cohesiveness with surrounding areas.)

**Police Report:** Officer Michelle Bockenstette reports 3 thefts from autos in December, 2 criminal damaging – broken car windows; homelessness issues/ cleanup needed at Monastery & 3rd. Resident commented on speeding on Ida.

**CRC:** Vanessa Henderson, Cincinnati Recreation Commission, noted that CRC wants to be part of your New Year's Resolutions, has a lot to offer at a small price. She said Bush Rec Center, 2640 Kemper Lane is looking for Pickle Ball Players for Friday nights. She said the goal is to have all pools open this summer, getting staffing is a challenge. For more info on jobs and programs, call 357-7665. [www.cincyrec.org](http://www.cincyrec.org)

**Minutes** approved as written.

**President's Report:** Frank Obermeyer thanked all for attendance and involvement in our community.

The Directors have appointed Chris Gilmore as a new director, replacing Bryan Mock. Chris has a degree in Urban and Regional Planning from Miami University, is a student at UC's DAAP, Master of Architecture, is in the docent training program at CAM, shows great interest in being involved in Mt. Adams. Chris was warmly welcomed!

**Cinema in the City** went well last summer, but new people are needed to execute and fund raise or it cannot happen again. Reach out to Frank of anyone on the Board if interested.

**US Census Bureau:** Marissa Pherson said more people are needed to be census takers, pay is \$23.50/hour, hours are flexible, work begins

*Minutes Con't on p. 8*

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## MABA... Gets Ready for 2020

by Sue Zimmerman

With the new year comes changes and planning for MABA. First we have new officers- Mary Margaret Kindel is President, Judi Cettel is Vice President. Janet Steiner and Charlotte Hahn will share Secretarial duties, and Debbie Weinstein is Treasurer. The Sunset Garden Stroll is June 16 and the committee has been busy (Details at the end of this article.) The Zoomin' Blooming is spending the winter in storage.

You may have noticed that the business pots on St. Gregory have disappeared. We decided the baskets were enough floral décor; the pots could be used in a better fashion. Moving the pots is not easy nor is it cheap. Our first estimate was over a thousand dollars. A committee walked the Hill and decided where to move the pots. We got a recommendation from Mitch at Fort Thomas Florist – Steve Zang. His estimate was \$400 for moving 11 pots. Steve came up, and I drove with him to show the work needed. Two days later his crew was at my door and the job was done in less than two hours. Five of the pots are now on the bend on Parkside where it turns into Loudon. That area had fallen into disrepair ever since Don McClure moved off the Hill. We wanted to spruce it up, but we were wary of any digging since it seems to have underground wiring. So, the pots will be planted this spring and watered by MABA. Three of the pots are at the end of the Martin Ramp garden. That part ramp is too soggy to grow anything there. The pots that were moved to Hatch will be planted by MABA, but watered by Pat Shepherd. Thank you, Pat. Another pot was moved to the corner of Ida and Paradome by the steps going to the Playhouse. That one will become a watering spot for the M-W-F watering route which includes Spike's garden (by the ATM machine), Ida Street Bridge, and the bus stop at Seasongood. The T-Th-Sat watering route will include the baskets on St. Gregory, the troughs and the 4 pots on Pavilion.

Spring Clean Up is on the agenda. Typically we have Clean Up the Saturday before Good Friday. That would make it Saturday, April 4th starting at 9:30. Meet at Bow Tie for coffee/donuts and sign up for an area to clean. Gloves and bags are provided. Brooms and dust pans are needed. The reasoning for this date is to spruce up the Hill before the Good Friday tradition of walking the steps. We could use a lot of volunteers to pick up trash and sweep up leaves and debris, so save the date.

Once again MABA is looking for gardens for the Cincinnati Zoo & Botanical Garden's Plant for Pollinators program.. MABA has voted to be sponsors of the zoo's effort and has accepted their challenge to choose and plant the best plants for pollinators in 2020. Look for signs this spring that might designate a garden or a pot as a "Plant for Pollinators Garden." It really might be only a pot-sized garden that you can handle on your wonderful Mt. Adams deck or doorway, but what you plant makes a large difference to the population of pollinators passing by.

And when you plant your pollinator-friendly specimens, it will be time to register your garden. Remember, you can register a garden of any size as long as it includes, at least, one nectar and one host plant. Their website tells you what you need to know. Helping the zoo meet its goal of registering 500 gardens in 2020 is an easy three step process: plan, choose the best plants and register your garden through the zoo website: <http://cincinnati-zoo.org/horticulture/plant-for-pollinator>



***Mary Moran presents a gift of appreciation to Barb Timmins, outgoing MABA president.***



***Our favorite hat model, Charlotte Hahn, at the MABA Christmas party.***



***Marc and Julie Dietz and Sadie at the Reindog Parade.***



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### *Jan. MACA Minutes Con't from p. 7*

in March. She noted that 30% of Hamilton County residents were not counted in the last census, meaning we lose \$1,800 per person per year in funding. Go to: [2020census.gov/jobs](https://2020census.gov/jobs) for more information.  
Treasurer's Report: Tom Abare said we started last year with \$33,700; we are starting this year with \$33,500.

### **Committee Reports**

#### **Planning and Development:** Steve Vogel

A hearing was held on the project on Elsinore is waiting on the decision. A variance hearing is next week on reconstruction of a house at Carney and Hatch. He noted that the Adams Edge new apartment building is exactly the height previously presented, no higher

**MABA:** Judi Cettel reports that Mary Margaret Kindel is the new president. This is the 25th Anniversary Year for MABA. New members are welcome, meetings are the second Tuesday of the month, next week's meeting is at Highland Tower's Crown Room, 9th Floor, 6:30, annual dues are \$25. 2020 Evening Garden Stroll will be June 16.

**Membership:** Jim Horrigan. Annual dues are \$10 per person; lifetime is \$100 per couple.

**Community Life:** New members welcome. This committee organizes the Halloween Party, Beaujolais Nouveau Celebration, Easter Egg Hunt, Cinema in the City, National Night Out, etc.

**Business Guild Meeting:** M'ellen Horrigan reported Yesterday's has been leased, will be a wine and cheese bar.

**Cincinnati Art Club:** Gary Eith noted that the Cincinnati Art Club is the second oldest continuously operating art club in the United States. They are celebrating with Founders' Week, March 7 – 22, a number of the events will be open to the public at \$20 or an all event pass for \$100.

**Pilgrim Chapel:** Pilgrim Chapel and Adventures in Charity are presenting An Evening of Cabaret, Saturday, February 1st at the Irish Heritage Center, 3905 Eastern Avenue.

Tickets & reservations @ [ADVENTURESINCHARITY.ORG](https://ADVENTURESINCHARITY.ORG)

**HCI:** Tina Russo announced this year's Holy Cross-Immaculata Festival will be August 7 & 8.

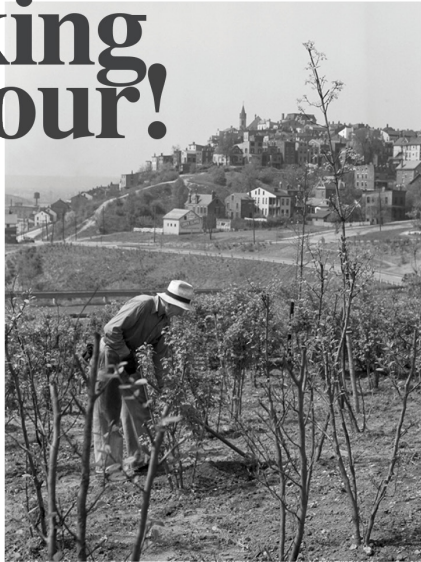
Meeting adjourned at 8:20.

# Historic Mt. Adams Walking Tour!

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or call or text  
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## Towne Properties' partner Neil Bortz Awarded

The Pillar Award for Community Service was developed by Smart Business and Medical Mutual to honor businesses and individuals dedicated to making Greater Cincinnati a better place to live. The program is designed to demonstrate the tie between the for-profit and nonprofit worlds and showcase best practices.

For their 10th Year of this reward, The Pillar Award went to Neil Bortz, partner of Towne Properties.

Twenty years as the top fundraiser for the Leukemia and Lymphoma Society Light the Night, forty-five years as the top corporate fundraiser for the United Way annual campaign, their support of Art Wave, and additionally their volunteer work in Adopt-a-Class wherein Towne Property employees solicit donations from vendors and contractors, coordinate fundraisers like picnics and raffle baskets and they give their time. Neil Bortz also supports the annual tradition of each office or property adopting a cause of its choosing during the holiday season.

Congratulations to Towne Properties and partner Neil Bortz!

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## Buyers Beware....

Avoid These Home Buying Mistakes.

by Vinni Brown

1. Over estimating the space you need. Many of us are in the process of downsizing. Generally this means you are close to empty nesting and are tired of the yard work and maintaining a house with too much space. Downsizing can be tricky though, how much space do you really need? The answer to this question is always, not as much as you think! Get rid of everything that is not being used. You know, that linen closet full of sheets and towels from 1985? Yeah, you are never going to use them for rags or anything else. Toss. Martha Stewart says "if you have not worn it in a year, donate it". I must admit this is something I preach but don't practice, luckily I bought a house with a nice closet! Donate all the old dishes, pots, pans, and plastic containers. Go through your pantry... yep, I bet 50% of it is dated. How many glass vases do you really need to keep? The answer is 2, one for bouquets and one for buds. I type this one with a heavy heart but truth is most of our kids do not want our furniture or our parents things. Donate it to a good cause and feel great it is being used. Once this is done see what's left. I have often heard, I wish I would have bought a smaller house when we downsized.

2. Overpaying. If you are getting a loan, this is not such a worry. But if you are paying cash, and there is no appraisal, make sure your agent has done their homework and you are not paying too much. The days of making a ton of money on your house are over. The rule of thumb is you need to keep your home for 7 years to make back your investment if you buy it for the right price. Much longer if you overpay.

3. Paying for someone else to do all the work. Flippers are wreaking havoc on the market because they know no one wants to do the work themselves. If you are handy and can live with a little mess, you can save yourself thousands! Carpet, paint, change out hardware...easy and inexpensive. Homes that need a little TLC are priced much lower and many are offering allowances for the work needed.

4. This is a big one...buying without testing. I tell my buyers to drive by the home or area they are interested in at different times. On a school morning to see the traffic. In the evening you can see if there are dogs barking or what the parking is like at night. On the weekends see if the kids play in the street, if the neighbors are out and about socializing. Stop and talk to the neighbors about the street and area. You will be surprised how much you can learn from Mrs. Kravitz.

5. Buying a FSBO or For Sale By Owner without an agent. We are seeing more and more homes being put on the market by the owner using a third party to help with paperwork. Selling a home is one of the most emotional things a person will do in their life. When it comes to negotiating a price or repairs from inspection it will be a fight to the death and unless you're an attorney, there is no one to protect you or your earnest money once you have paid for the inspection and it falls through. Most FSBO homes allow for you to have an agent to represent you. I highly recommend you get one.

Next Time: How to manage when a loved one passes and there is a house involved. From cleanup to market with as little stress as possible on the family. VB



## A Spot in Mount Adams

by Jim Steiner

If you've never noticed Pilgrim Chapel at the north end of the Ida Street Bridge you're not alone. It's easy to overlook as you speed down Ida Street even though it's been there since 1886, the same year the Cincinnati Art Museum opened in Eden Park. The congregation formed in 1856 near Fifth and Lock Streets, I-471 today, and eventually moved to Mount Adams. It was originally a Presbyterian house of worship but today it's a United Church of Christ congregation.

The manse – a home for the minister – was built next door in 1900.

Services are held each Sunday at 10:30 am and Pilgrim is available for weddings. The current minister, Dr. David V. Schwab, has been preaching at Pilgrim since February 2018.

Image by Caroline Williams from the Cincinnati Enquirer, October 3, 1960.



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## CINCINNATI ART MUSEUM SPECIAL EXHIBITIONS

by Kaitlyn Sharo

### **“Something Over Something Else”: Romare Bearden’s Profile Series**

**Now–May 24, 2020**

This exhibition reunites for the first time thirty vibrant collages from this renowned series. In 1977, a “Profile” of Bearden by Calvin Tomkins in the *New Yorker* provoked the artist to reflect upon his childhood and maturity during the 1920s and 30s. The result was a two-part series that traces his journey from rural Mecklenburg County, North Carolina, to working-class Pittsburgh, Pennsylvania, and culminates with his treasured first studio in Manhattan’s Harlem neighborhood.

Yet transcending autobiography, Bearden’s Profile Series, accompanied by evocative texts co-written by Bearden and his friend the author Albert Murray, expresses a deep reverence for humanity and the struggles and

### **Paintings, Politics and the Monuments Men: The Berlin Masterpieces in America**

**June 26–September 6, 2020**

This exhibition focuses on the fate of 2,000 of the finest European paintings from the Berlin State Museums that traveled to the United States in 1945 and were exhibited at the National Gallery of Art and 13 other museums across the country from 1948–49 before returning to Germany. The exhibition addresses Nazi expropriation of artworks during the war; it features four of the Berlin paintings that traveled across Europe and America during and after the war; and it explains the role of “Monuments Man” Walter Farmer, a voice of conscience who protested the paintings’ export from Germany and later became a supporter of the arts in the Cincinnati region. Ticketed. Free for members.

### **Hank Willis Thomas: All Things Being Equal...**

**July 10–October 11, 2020**

See clearly and speak your truth in the first survey of this leading contemporary artists, whose multimedia and participatory art addresses bias, inequality and the power of joy. Ticketed. Free for members.

### **Impressionist Still Lives in Intimate Exhibition from May 15–Aug. 9**

#### **CINCINNATI— One Each: Still Lives by Cézanne, Pissarro and**

**Friends** focuses on still life paintings by five French painters, all created in the mid-1860s, the formative years of Impressionism. This single-gallery special exhibition, organized in partnership with the Toledo Museum of Art, will be on view at the Cincinnati Art Museum from May 15–August 9, 2020.

Cincinnati Art Museum’s Still Life with Bread and Eggs, a masterpiece by Paul Cézanne, and Toledo Museum of Art’s equally significant Still Life by Camille Pissarro—cornerstones of two of Ohio’s great public art collections—form the basis of the exhibition. They are on view with a starkly confrontational still life of freshly caught fish and crustaceans from the hand of Édouard Manet, regarded as the father of modern painting, and another by the underappreciated artist Frédéric Bazille, paintings from the Art Institute of Chicago and the Detroit Institute of Arts, respectively. A rare early still life by Claude Monet from the National Gallery of Art rounds out the grouping.

“The paintings in this exhibition, one each by five members of the Impressionist avant-garde, display their artists’ mastery of technique and upending of artistic convention at a precise moment in the mid-1860s. These innovations would have long-reaching effects on the conception and practice of art, making the paintings textbook examples and their makers household names,” says Dr. Peter Jonathan Bell, Cincinnati Art Museum’s Curator of European Paintings, Sculpture and Drawings. Bell organized the exhibition along with Lawrence W. Nichols, Toledo Museum of Art’s William Hutton Senior Curator, European and American Painting and Sculpture before 1900.

Two works from the Cincinnati Art Museum’s permanent collection add historical context to the Impressionist paintings: a work by Pieter Claesz, a seventeenth-century Dutch painter renowned for his realistic still lifes, and a Cubist work by French painter Georges Braque, which reflects the Impressionists’ resounding influence in the twentieth century.



***This stunning Gorham circa 70’s silver service pictured above, is just one of many pieces at the CAM exhibit.***

triumphs of African Americans. Ticketed. Free for members.

### **Gorham Silver: Designing Brilliance 1850–1970**

**March 13–June 7, 2020**

This dazzling presentation of exceptional silver and mixed-metal wares casts new light on the legacy of Gorham and reflects the industry, artistry, innovation, and technology of the manufactory for 120 years. Adeptly coupling art and industry, Gorham boldly rose from a small firm, established in 1831 in Providence, Rhode Island, to become the largest silver company in the world, placing uniquely American design on the international stage. Creating everything from commissioned presentation pieces to show-stoppers for the dining room, Gorham responded to the era’s desire to celebrate, feast, socialize, honor, and simply enjoy the everyday in style. Ticketed. Free for members.

"The exhibition's core works from the 1860s are thematically tight: arrangements of food and tableware. These extraordinary works reflect their artist's obsession with the instantaneous quality of observing the world around us—light, movement—and translating that into paint on canvas. They achieve this in astounding and unprecedented ways," said Bell.

One Each: Still Lifes by Cézanne, Pissarro and Friends will be on view to the public for free in the Sara M. and Michelle Vance Waddell Gallery across from the Museum's Terrace Café (Gallery 125). No tickets are required. General admission to the Cincinnati Art Museum is also free. Photography is permitted, but no flash. On social media, use the hashtag #CAMStillLife. It is on view at the Toledo Museum of Art from January 18–April 12, 2020.

Hours:

Tuesday–Sunday, 11 a.m.–5 p.m.

Thursday, 11 a.m.–8 p.m.

Free general admission. Free parking.

Visit [cincinnatiartmuseum.org](http://cincinnatiartmuseum.org) for more information.

## WYETH: A Name You Likely Know, An Artist You May Not

by Terri Abare

The current special exhibit at the Taft Museum of Art features paintings by an artist from the famed Wyeth family. I'd wager most of you have heard of Jamie Wyeth, an American realist painter who is still active. And many of you are undoubtedly familiar with Andrew Wyeth, Jamie's father. But how many of you know of N.C. Wyeth, Andrew's father and Jamie's grandfather? N.C. Wyeth, the patriarch of the Wyeth family painting dynasty, is probably the least known of the three, but the special exhibit at the Taft Museum of Art hopes to help change that. The exhibit features 46 N.C. Wyeth paintings, and it's the first retrospective of his work in almost 50 years. The paintings are on loan from various museums and quite a few private collections, so this is a unique opportunity to see some beautiful paintings that are rarely on public display. The Taft is the third and final stop for this exhibit. The first two stops were in Portland, Maine and Brandywine, Pennsylvania, two areas that have been home to three generations of Wyeths.

So, who was N.C. Wyeth, and why hasn't everyone heard of him? He's an early 20th century artist who got his start around 1903 as an illustrator. He achieved considerable success in that field, primarily doing illustrations for books and magazines, but also in the emerging field of advertising. (Hard to imagine a time when advertising wasn't imbedded in every aspect of our culture!) The term "illustration" conjures up an image of a picture small enough to fit on the page of a magazine or the even smaller page of a book. But Wyeth's "illustrations" were rendered as full size oil paintings – think 40" by 60", not 4" by 6". And they are bold, dynamic and beautiful paintings. Wyeth's most famous illustrations were for the 1911 edition of Robert Louis Stevenson's *Treasure Island* published by Charles Scribner's Sons, and *The Boy's King Arthur*, published by Scribner's in 1917. The exhibit includes some actual books from the collection of the Public Library of Cincinnati and Hamilton County. The small illustrations in the books were produced through a complex photographic process that converted Wyeth's large paintings

into the book-sized images. The illustrations are very lovely but as you'll see when you behold the full size canvasses, they don't quite do the original paintings justice.

Despite his success as a commercial illustrator, Wyeth spent much of his career in pursuit of the elusive goal of being recognized in the "fine arts" world. He produced more than 3,000 paintings, in addition to the 100 books he illustrated, over the course of his career. In contrast to his illustrations, which feature scenes of adventure and exciting, exotic and fantastical themes, his non-commercial paintings tend toward more domestic and bucolic subjects. The importance of home and the longing for home are recurring themes in Wyeth's paintings. Rustic and pastoral scenes around his home in Chadds Ford, Pennsylvania, in the Brandywine River Valley, and his summer home in the fishing village of Port Clyde, Maine, were favorite subjects for Wyeth's paintings. Similarly, the family homestead in Needham, Massachusetts, which he left to pursue his career in art, and the family members he left behind are featured in or quietly tucked into many of Wyeth's paintings.

If that sounds boring, the paintings are anything but. The years between 1909 and 1945, when Wyeth painted most of his non-commercial paintings, was a time of dramatic changes in the art world. The influence of Impressionism, Post-impressionism and Cubism, to name a few, are reflected in Wyeth's paintings. Although his subject matter remained fairly consistent, Wyeth was not afraid to experiment and explore with his paints and painting style. His grandson Jamie, who viewed the exhibit in Pennsylvania last year, commented that the paintings encompassed such a wide range of styles that one would think it was a group show, not a solo-artist retrospective. It's a really lovely exhibit, and it makes you wonder why N.C. never achieved the level of recognition that he aspired to. His life ended tragically in 1945 when he and one of his grandsons were killed when their car was struck by a train at a railroad crossing. At that time, he was working on an ambitious series of murals that his son Andrew helped eventually complete. Like his father, Andrew painted his life and his surroundings, but Andrew achieved greater success and is considered to be one of the finest American realist painters of the mid-20th century, with well-known works such as "Christina's World."

N.C. Wyeth's beautiful paintings are on view at the Taft through May 3. The Taft is open Wednesday through Sunday. Admission is free on Sundays. No special tickets are required to view the exhibit. One last fact about the painter: N.C. stands for Newell Convers. Little wonder he just used his initials!



*Waiting for Santa, and the Reindog Parade.*

## Homicide on the Hill

by Mark Dietz

Over a hundred years ago, in the heart of Mt. Adams, a young mother, Matilda Warren was shot dead by a neighbor's bullet. Was it murder or a tragic accident? Newspaper accounts of this killing in the winter of 1887 reveal a dramatic "he said, she said" between Mt. Adams neighboring families. The quotes in this story are taken directly from the contemporary reporting of the Cincinnati Enquirer and are excellent examples of the dramatic journalism of the time.

Matilda Warren was described as a comely 18 year old, recently married to Luther Warren of McClean St. At the time of the tragedy, she was visiting the home of her father, Charles Ruff at #15 Hill Street, opposite the corner of Hill and Observatory Street (present day St. Gregory).

Directly across the street, on the other corner of Observatory and Hill streets, fronting on Hill, was the Jordan house. Mrs. Jordan was a music teacher who gave lessons out of her home. She was in her early seventies and described as being disabled with a nervous condition. Her son, Edward Jordan, was living with her for the last seven years. He had been separated from his wife due to her "quarrelsome disposition."

Ed Jordan was a 43 year old painter of signs and advertisements. He was known to drink liquor (a known Mt. Adams malady continuing to this day). Mr. Jordan was regarded by neighbors as a "crank" who regularly complained to the police. His annoyances were an everyday affair.

On Saturday, February 19, 1887, Matilda's fourteen year old brother, Chris Ruff and another sister, Mollie were hauling Matilda's two year old son Charley up and down the brick sidewalk in a child's wagon, making noise outside of the Jordan house.

Mr. Jordan came out of the house and ordered the children to leave. Chris Ruff refused, saying that the sidewalks were free. The children claimed that Jordan then hit the two year old in the head with a piece of wood knocking him out of the wagon and causing a welt.

According to her family, the young mother, Matilda Warren coming to the defense of her younger siblings confronted Mr. Jordan about the incident. She picked up a rock during the confrontation and Mr. Jordan pulled out a pistol and shot her. Matilda was taken to the home of her father-in-law where she lay mortally wounded.

Jordan immediately fled the scene, taking the advice of a bystander who said "You'd better skip!" Immediately after the shooting, a manhunt began for Ed Jordan. Several midwestern papers reporting that if he had been "found in Mt. Adams tonight, he will never see daylight."

The Enquirer headline read "Defending Her Child, Mrs. Matilda Warren Receives Her Death Wound." Physicians were called to the home to examine her. Mrs. Warren informed the physicians that she had been standing erect and approximately a half dozen feet way from the shoot-

er. The bullet had entered her right breast several inches below her collar bone and appeared to have punctured a lung. She lay at home for several days with little hope of recovery. Her family and attending physician kept reporters apprised of her condition.

On February 23, 1887, Matilda Warren died of her wounds with a vivid picture painted by the Cincinnati Enquirer: "She raised herself with an effort and asked the time. When told she murmured 'Good-bye all' and with one convulsive gasp, fell back on her pillow dead. She was only 18 years old..."

Meanwhile, the shooting had become the sensation of the Mt. Adam neighborhood with many citizens speaking to reporters on their feelings about Mr. Jordan and the fact that there had been tension between the two families dating back seven or eight years. The previous summer, police had threatened to arrest Matilda's father, Mr. Ruff on complaints from Jordan. Mr. Ruff gave reporters an account more outrageous than had been reported originally.

Likewise, the Jordan family told reporters that the Ruff family was very disorderly and frequently fought amongst themselves to the annoyance of their neighbors. They claimed the Ruffs were already under a bond to keep their peace. Mrs. Jordan had decided to sell her house and move due to disturbance from the Ruffs. The people in the Jordan house were hoping that Edward could offer the excuse that he was crazed with liquor, but were forced to admit that he did not show the least sign that he had a drink of intoxicating liquor. They were very concerned that all of the witnesses were from the Ruff family.

Mr. Jordan was arrested in the middle of that night at the house of a friend on Jackson St. He did not resist arrest and informed the officers that he was not trying to evade them. The officers said he was solicitous and that handcuffs were not used as he promised not to try to escape.

Later, from his jail cell, Jordan spoke freely with reporters and gave them his side of the story. He said he had come home early and was sitting eating his supper and reading his newspaper. He was not drunk but had only two glasses of beer with friends before coming home. He was interrupted at supper by the Ruff children and their racket. They were pulling a wagon up and down in front of his house. They were a constant annoyance and would often congregate under their window and annoy his sister while she was giving her music lessons. It was his feeling for his mother that moved him to act. She was an invalid and the noise nearly drove her crazy.

He said he grabbed a piece of wood as he exited the house intending to break the wheels of the wagon. He did not see the small child and struck the wagon, not the child. The boy pulling the wagon then ran away down the street calling "George George" for his older brother who was standing on the corner. Ed Jordan stated that he took his pistol and cocked it due to the fact that he recognized George as a "desperate rough".

Jordan said it had been his intention to fire it into the air in order to scare him. However, just then, he saw a woman coming across the street toward him who he at first took to be old Mrs. Ruff "who is as bad as her husband and the rest of the family." He said she cursed at him and hurled two or three "bowlders" at him. The first missile flew by his head and struck the house. The second "bowlder" was heading toward his

head, and he put his pistol hand up to shield himself. However, when the rock struck his hand the pistol discharged. He said that Mrs. Warren did not immediately fall and that he did not believe her when she first exclaimed that she had been shot. He showed his hand to reporters who saw a bruise and a dented ring possibly caused when struck by an object such as a rock.

The trial of Ed Jordan for the killing of Matilda Warren did not arrive until October 23, 1887. By that time, the sensationalism of the newspaper reporting had cleared somewhat. At the time of the incident, Mr. Jordan had been described as a "brute" of quick temper and prone to intoxication. Papers described him uttering an "oath" and then brutally kicking the child from the wagon. His conduct had been referred to as cowardly and outrageous. He was described as a man of extreme irascibility and was looked upon as a man crazed by liquor.

The newspapers had set the stage of the tragedy with countering descriptions of the victim as "Mother-like" and "blissfully ignorant" of Jordan's temperament. She was young and comely and an "affectionate wife of a husband scarcely more than her age.

However, after his arrest and approach of the trial, a softer description of Mr. Jordan had come to light. His round face was clean shaven save for a thick black mustache and chin whiskers. His features were rather pleasant "and certainly none of the characteristics of the brute can be found in his countenance...There were no signs on his face of dissipation or excessive drinking."

Edward Jordan had never been in trouble before. He had been a soldier in the Civil War, serving in the Fourth Ohio Calvary. He had a good reputation as a soldier and was a member of the local GAR (Grand Army of the Republic) Post. Jordan's father had been the proprietor years before of a large box factory in the city. The family was at one time wealthy, owning "among other property, the land on which the Highland House now stands." (present day top of the Incline and Highland Towers). At his first appearance in Court after the arrest, he "appeared completely broken down, never once raising his eyes from the floor."

The October trial was heavily reported in the Cincinnati papers. He was called before the Court "to answer to the blind goddess" for the killing of Matilda Warren. It had been assumed that the defense would be self defense. However, the defense presented was that the shooting was accidental. The first witnesses called were witnesses to the defendant's good character including several women who testified to his quiet and peaceable disposition and his "coolness in all things."

There were several witnesses who testified that Jordan knocked the child out of the wagon. Further, that Matilda had said she'll fix him before entering the fray and that she then went after Jordan with rocks.

Jordan testified that he had his revolver with him when he arrived home due to the fact that he had been attacked several times on his way home after dark. He stated that the noise of the children bothered his feeble mother who was in ill health and that he often chased them away from the house. However, that evening, the one boy refused to go. He threatened the boy with a stick, but did not strike him, and only meant to scare him. He also tried to scare him with the revolver when Mrs. Warren threw a rock at him. The rock struck him in the hand holding the gun and caused it to discharge and she was struck as she stooped to pick up another rock. He claimed that he had not pointed the gun at her.

A Dr. then testified that he had run tests on a similar revolver and found that it would discharge in nearly every instance when held in a hand being struck as his had been. Revolvers of the day, had a hair trigger when cocked.

The following day, the Jury could not agree, and hung with ten votes for acquittal and two for manslaughter. A second trial was scheduled in February 1888, one year after the shooting. However, the prosecutors felt that conviction would be difficult in light of the defense witnesses and after consulting with Matilda's family they decided to accept a plea of assault and battery. Jordan agreed and was to be sentenced the following day. However, the paper did not report the outcome. I can only assume that it would have been relatively minor given times and the nature of the plea.

The sad synopsis of this story is that a simple nuisance feud on Hill St. between two Mt. Adams neighboring families resulted in the tragic death of 18 year old Matilda Warren. The newspaper concluded that Edward Jordan "had borne an excellent character and all things being considered was not likely to have done such an act maliciously."



***This year at Luninaria, Santa got letters!***





## Hill Yes: Incline Decline!

by Jim Steiner

One of our neighborhood's most well known and remembered places is the Mount Adams Inclined Plane Railroad. It raised and lowered streetcars up and down the steep southern slope of the Hill and made life a bit easier for Hill residents. People alive today who remember the Incline lament its passing and wish it was still with us. They describe the scenic two-minute ride as a short getaway from reality that included a beautiful view of downtown Cincinnati – especially at night - and it only cost a nickel. Lets revisit its final days.



The iconic Mount Adams Inclined Plane Rail Road, opened in 1876, and faithfully served the Mount Adams community into the late 1940s but attitudes toward streetcars as public transportation were beginning to change. When WW II ended the economy was humming, people had disposable income, some used it to purchase cars and many moved to the suburbs. Streetcars were seen as slow impediments to automobile traffic and were considered obsolete. Busses began to appear on the scene and were perceived as a better option. Many Cincinnatians felt the Mount Adams Incline would survive the move to modern public transit as a tourist attraction, but that didn't happen despite significant community and media pressure on the decision makers at City Council.



The beginning of the end for the incline occurred in 1947 when the Eden Park Bridge was condemned as unsafe by the city and closed. The bridged conveyed streetcars over Eden Park Drive on their way to the zoo. The closure significantly limited the usefulness of the incline and on July 25, 1947, the last streetcar was carried up the Hill. Busses replaced the Mount Adams streetcars and used the incline for a short time but the last bus made the journey on April 6, 1948 when signs were posted at the upper and lower depots reading: "Closed for Repairs."



Demolition of the incline began during the Korean War and the scrap metal was recycled to support the war effort. Both depots remained intact for several more years but in 1954 the upper depot was razed because it had become a gathering place for local youth, was in disrepair and dangerous. Calvin Williams, a Lock Street resident and owner of the notorious Club Avalon at the bottom of the incline – known as the Bloody Bucket to locals - purchased the lower depot. He had hoped to save the building but his good intentions were negated by the construction of the I-471 ramps in 1971. The construction generated landslides, which caused the destruction of many buildings and homes in the vicinity and a ten-year delay in the completion of I-471.



Over its seventy-two years of operation, not one passenger lost his life or was seriously injured but the same could not be said for employees. Three workmen were killed during the Incline's first twenty-five years. Foot passenger revenue held up even during the last days and generated about \$8,400 per annum as reported in the Cincinnati Enquirer in May 1948. Fare was five cents for foot passengers.



Many Mount Adams residents have fond memories of the Mount Adams Incline. Betty Kloecker grew up on Celestial Street about a block from the Incline. She shared her memories: "I rode the Incline all the time. There were steps that went down the side of the Incline that were very spooky and most children were afraid to use them. There was a catwalk in the middle of the Incline that was also scary. I remember a memorial to Mount Adams service men and women located near the upper terminal of the Incline that was removed when Highland Towers was built in 1963."

Lifelong resident Kathleen Schuermann recalled: "I fought hard to keep the Incline open and presented a petition to city council signed by a large number of Mount Adams residents supporting its preservation. Nobody would listen. Rookwood Pottery and Sterling Cut Glass bought steam from the Incline to run their businesses and when the Incline closed, it affected both companies. I think that had something to do with both businesses closing."

Here's what resident Dorothy Sweeney remembered: "The Incline cost five cents and that got you a spot standing outside on the truck. Often the conductor didn't charge children for the ride outside and the nickel was happily used to purchase candy at Gilker's Store on Pavilion Street, a favorite spot for Mount Adams children. Some of the boys would sneak onto the infrastructure under the trucks and ride for free if they weren't caught. They were lucky they weren't hurt."

Tom Tierney, who also grew up on the Hill, mused: "I was a Times-Star newsboy downtown and after selling my papers I would make my way home and in the winter it was after dark. I walked to the Mount Adams Incline. The fare was a nickel but that was a lot of money. We would wait until the streetcar was ready to pull onto the platform, run along side and sneak on. We never got caught but the conductor likely knew what we were doing and looked the other way."



A back story to the demolition of the Incline involved a memorial located next to the upper depot. In 1943, the Feely-Kaveney American Legion Post No. 424 located at 1126 St. Gregory Street erected and dedicated a Mount Adams Honor Roll next to the upper terminal of the Incline. Its purpose was to honor the men and women of the community who served our country. It contained the names of over 400 Mount Adams residents. Sometime between the demolition of the upper Incline depot and the construction, in 1963 of Highland Towers on that site, the Honor Roll disappeared, and its whereabouts remain unknown.

Pittsburgh preserved their incline and it still runs today. It accommodates pedestrians and never carried streetcars but it's fun to ride. If you're there, it's not far from the center city and would be worth a ride. The Mount Adams Incline is missed by those who had the chance to ride and they wish it was still open. Sadly, it's not.

## Captions

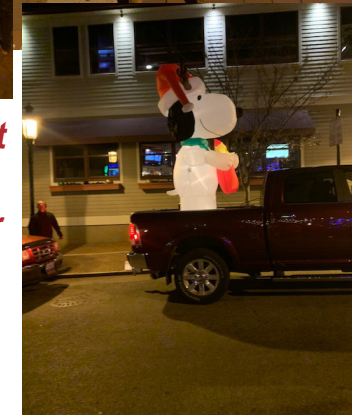
1. The Incline circa 1900s in its heyday. On the top of the Hill, left of the upper depot is Rookwood Pottery and right of the upper depot is the Sterling Glass Company. The street along the lower left edge of the image is Fifth Street.
2. The streetcar from the Incline is crossing the Eden Park Bridge on its way to the Zoo on tracks atop the bridge. The original bridge of stone is supporting the streetcar bridge. The Eden Park Bridge was demolished in 1947. The Baldwin Building is on the other side of the bridge through the arch.
3. - The Schuermann children were part of the community push to save the Incline. From left, Sheila, Tom, Jerry, Mike, Dennis and Tim. Their mother, Kathleen, was very active in the campaign. Photo Cincinnati Enquirer.
4. A bus being lowered on the Incline in 1948.
5. The Incline tracks being demolished in 1952. Some of the original supports are visible from the southern edge of the Highland Towers parking lot between it and Rookwood Pottery.
6. The Club Avalon, a notorious saloon to the right of the lower Incline depot. The rails have been removed from the plane and the lower depot on the left is empty and windowless. The street in the foreground is Lock Street, now part of I-471.
7. - The upper depot in 1947. The Mount Adams Honor Roll is directly behind the two parked cars and the cars are next to the Sterling Glass Company. An Incline truck is waiting in the left bay of the depot to accept a streetcar for the journey down the Hill.

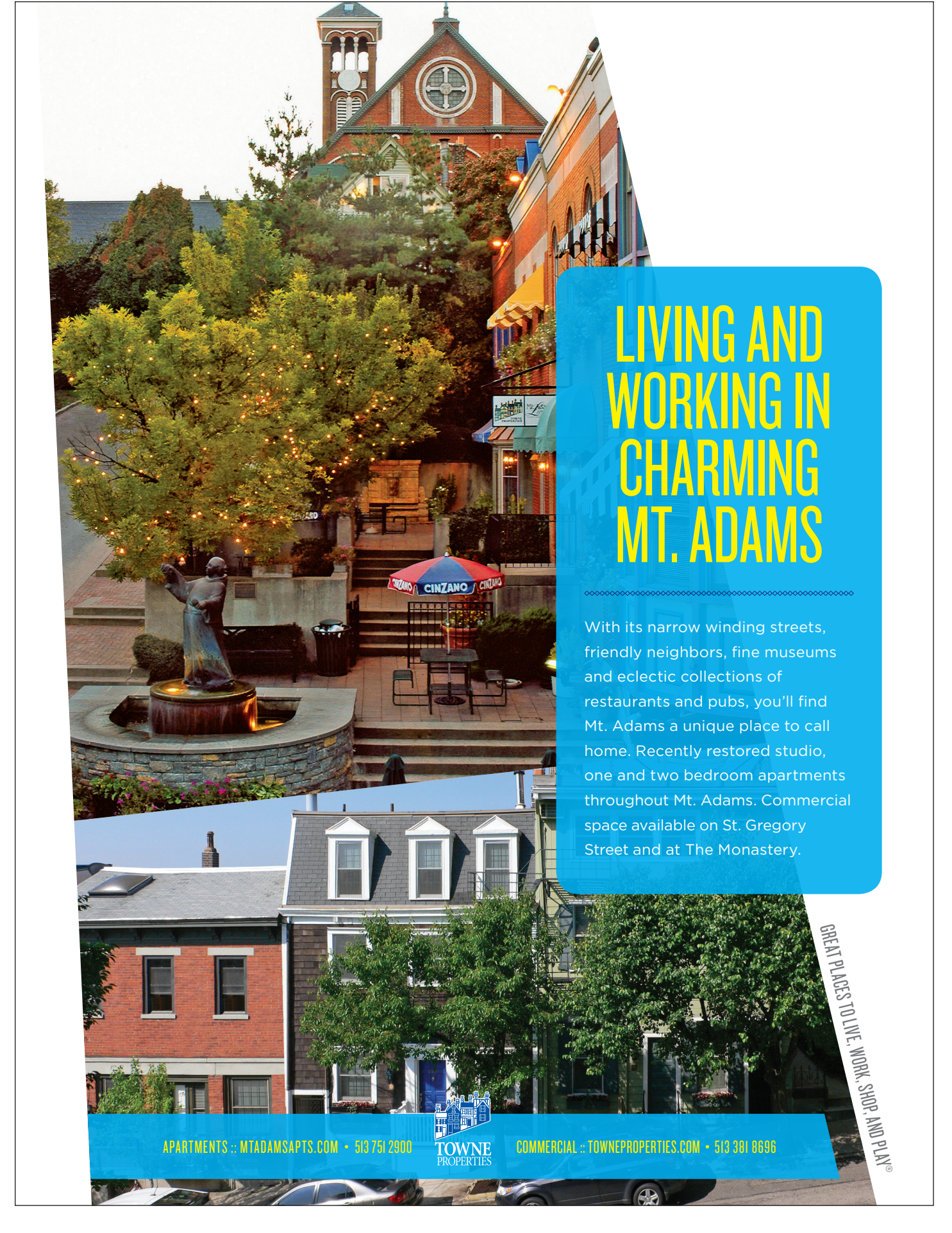


*Santa was popular for all ages, and creatures at Luninaria night on the Hill.*



*The Yacht Club entry at the Reindog, Tina Russo's famous fundraiser dinner for HCI, Tina helping the chef, and our doggie stars...*





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#### MACA Minutes February 4, 2020

by Sue Zimmerman

The meeting was called to order by President Frank Obermeyer at 7 pm in the HCI community room. Other officers in attendance were Tom Abare –Treasurer, and Sue Zimmerman – Secretary. Directors in attendance included Judi Cettel, Nic Covey, Russ Ferneding, Chris Gilmore, and Dan Weinstein.

**Police Report:** Sgt. Hank Ward and Officer Michelle Bockenstette reported. There were 2 burglaries... Jan. 8th at 1240 Elsinore (possible an inside job) and Jan.14th 964 Paradome (a basement storage broken into). Two thefts from auto occurred one at 994 Hatch (nothing was taken) and 1124 St. Gregory (a Grippo driver went into UDF and \$550 taken from his truck. The police do have it on camera.) A Peeping Tom was reported by a neighbor and the police arrested the man for trespassing. He has a record of voyeurism and drives a white 2014 Ford van license OPK 2873. If you see this van around, it may be a good idea to call police. Hank informed us that Captain Lisa Davis will be promoted to Assistant Chief. Captain Robinson will be our new District one Captain. Officer Backensette reported that the homeless camp in the 300 block of Monastery cleared and the Sanitation Dept should be cleaning it next week. At the camp three arrests were made- two for felony drugs. The problem of an Air BnB on Loudon(1220 -the top two floors unit) and Paradome was discussed. The neighbors have called the police and the owner of the building who lives in Detroit. Rules have changed and the city has new attorneys for this purpose, so the police will look into

the problem. Officer Bockenstette plans to have a safety sector meeting Feb.20 at 6pm at Chapter (940 Pavilion). The purpose is for individuals to discuss problems. Hank reminded people that it is due to vigilant residents that keeps problems down. If you see something suspicious, call police. If you want to know why you saw a police activity on the Hill, call them. Another issue was brought up about upper Monastery (Ida to St. Gregory) with the amount of cars parked that seem like junkers. Also, a gold jaguar has been sitting in the Seasongood Pavilion parking lot.

**Cincinnati Rec. Commission:** Vanessa Henderson reported. Winter hours are 11am-9pm M-F; Sat. 9-3pm. Queen City Swish sign up/ registration for Teen Basketball will end Feb.29. Bush has had teams in the past. Please send your teen our way. Games held at North Avondale Center. Feb.14th they will have our Gig Hugs. There has been a donation of stuffed animals, and each child will receive a stuffed animal with words of encouragement attached. Summer Day Camp registration is coming soon; parents can sign up through RecTrac. Black History- They are working with Douglass Schools for facts to pass to our campers. They get the information in school and the kids are quizzed on the facts in afterschool on Fridays. Mayor Job Fair is Feb. 28-29, 9 am- 2 pm at Duke Energy Center. Ages 14-24 may apply for jobs with the City. They are currently looking for full time and seasonal positions. For more information on CRC go to [www.cincyrec.org](http://www.cincyrec.org)

**Minutes:** The minutes were approved.

**President's Report:** Frank mentioned that there were no speakers this meeting, but the speakers we have had have given us great information. Towne has reached out to us to get ideas, suggestions, etc. for

what people would like to see in the business district. If you know a chef or restaurant or business that would be a good fit for the Hill, contact Towne. Marty Murphy said he is a daily customer at UDF and says the store is in trouble. Workers are late and are closing on their own times. Nic Covey passed out papers asking for ideas, names, or concepts for Towne Properties at the meeting and collected them at them at the end of the meeting. Tina Russo asked people to contact her on their opinions on why restaurants closed. Russot7197@yahoo.com.

**Treasurer's Report:** Tom Abare reported \$1,300 in Grapevine ads. Current balance \$34,000.

**Planning and Development:** Russ Ferneding said we are still waiting for the Elsinore project report from the City. The plans for the renovations of Carney and Hatch are still going back and forth. The status of the boarded up building on Parkside was that things are in the works (the owners are a group out of Columbus).

**MABA:** Judi Cettel - the next meeting is Tues. Feb. 11th at 6:30 in Highland Towers Crown room. Margaret Mock reported that the Garden Stroll, June 16th 5-9 pm information is on the MACA website -mtad-amscincy.org. There is a MABA button and Garden Stroll is there. Also there is a button for Grass Roots Sponsors for the stroll. Sponsorships are \$100 which will get your name/ business on the ticket/brochure. We are also looking for donations in kind for wine. Each garden will have live music, small plates, beer and wine.

**Membership:** Jim Horrigan reported two new memberships.

**Clean, Safe, and Attractive:** No report

**Community Life:** Frank reported that several people have volunteered to help plan this year's events and a meeting will be happening soon. Community Improvement: Judy Cettel nothing to report at this time.

**NSP:** Julie Deitz nothing to report

**Business Guild:** M'ellen Horrigan UDF is under some business stress.. Sandy Zimmerman reported people are complaining about UDF being closed in the morning. Guild recommended Mick Voynavich and Frank Obermeyer draft letter to UDF suggesting adjustment of hours so staff can handle hours of operation. Hightail is closing after this weekend.

Art Walk will be held on Saturday, the day before Mother's Day.

Chapter plans to try a Thursday and Friday lunch. Drop by and see how it's going.

Amigo's is reviewing again trying a lunch offering...Drop by and suggest when.

The former Yesterday's will become World Glass, a cheese and wine place.

Bret and Brian Michaud, original owners of Teak before its unfortunate sale, are under contract with Joe Rippe at the site of the former Rookwood. They plan to open in 60-90 days. They will offer an on-site bakery, daily specials rotating over a two week period, Friday Fish Fry, Sunday

fried chicken dinner, and breakfast on Saturday and Sunday. While the menu will focus on a traditional, old fashioned American menu, there will be an influence in some of the House Specialties from our Asian experience and background as well. Eventually they plan on providing many meatless alternatives as well. Much good news here.

**Grapevine:** M'ellen Horrigan /Sue Zimmerman- We are in deadline; any last minutes additions must be to us by Feb. 8th. We have to burn to disc and get the issue to the printer by the 10th in order to get it in the mailboxes on March 1.

**Walking Tours:** Margaret Mock is handling the scheduling etc. There are five tour guides; tours run on Sunday May through Oct. There will be a special Thursday tour for residents with a happy hour after. Date TBA.

**Yacht Club:** Maureen reported a successful Super Bowl party. Friday Feb. 28 a group will walk down for Bockfest. March 12 will be a St. Patrick's celebration at Crowley's. Julie Deitz is the new vice commodore.

**Art Club:** Margaret Mock reported a gallery show on Valentine's Feb. 14 6-9pm, Sat&Sun 1-4. It is a critic show with music and nibbles. Gary Eith wanted to thank everyone who donated things for the gift baskets. Cincinnati Art Club is having Founder's Week March 7-22. \$100 for entire week, \$20 per event. For more info see cincinnatiartclub.com. The Club is found at Cincinnati Art Club & Wessel Gallery, 1021 Parkside Place, Cincinnati, OH 45202 513-241-4591

**Pilgrim Chapel:** no report

**HCI:** Tina Russo  
St. Patrick will be stolen Feb. 16  
Good Friday is April 10. Lenten details on p. 25

The meeting was adjourned at 7:54pm.



**Mary Capannari and "George Burns" at the Incline Theatre on her 90th Birthday...Happy B'day Mary!**

## Ancestry Tosses Another Great Genealogy Asset

by Maryellen Horrigan

The grandmother of digital genealogy sites for both amateur and professional is/was Rootsweb.com. Rumored at being birthed in the hairy days of Basic communication in 1984, by 1995, with the advent of Microsoft's easy to use icons, Rootsweb was up and running away with some of the best available information one could ask for in genealogical research.

They offered a FREE place to put your family tree. People could contact you and discuss either a mistake, or some additional proof. You could answer...or not. They had message boards, sort of an early blog with multiple writers. You could discuss a person, place or event. People saw this in real time and could reply...free.

They had sites that were both name-driven or location-driven. Free. There were sites devoted to events such as the War of 1812, or a single battle within that war. Free. You just stopped by and looked, or you could ask to be notified if someone responded.

And perhaps beloved of all, they had Mailing Lists. These were deposits of searchable information devoted to a name, location, event that came to you daily whenever someone wrote and posted on the topic. Volunteers monitored the mail zapping spam and watched for brawls. (Yes, genealogists can get emotional!) Spam was a constant problem. I administered sites in NC, SC, and several by surnames. I lurked or participated in GA, AL and a site called DELMARVA which is the Eastern Shore of Delaware, Maryland, and Virginia. It was a wonderful learning experience. Locals discussed the geography. History buffs told what had changed. We discussed what did early settlers use for paper, when did they start making glass, pots, fabric. Did they make bullets and gunpowder? Why were folk paid to go to court? What is the difference among a bounty, a grant, and a headright? Why is the John married to Mary the owner of Lucky's Farm, and not the John married to Mildred? Folk here fell into the habit of labeling speculative and proven on their data. The sites had integrity. The site was totally free.

Eventually, the cost of constantly growing and having to reformulate to fend off the spam hackers caused Rootsweb to seek financial help in a major way. Daniel Webster made a deal with the devil. Enter Ancestry.

Back in the day, if you wanted to put your family tree into a digital form that others could see and react to, you went to PAF. This was a program developed by the Mormons to facilitate their own members who are universally genealogy seekers. They put it on line for all to access...Free.

Ancestry popped on the scene fairly early with an easy-use genealogy program at a reasonable price. They also offered with the purchase of a program, a free site online to park your family tree. Later this program came with a small handful of CDs titled things like "Warren County, NC Births and Deaths," or "Pendleton County, SC Marriage records," "World Family Tree pre 1600 to the present." They then listed a whole library of other CD's you could purchase. The CD's were mostly garbage. The

dates were culled from the amateur and copied trees submitted and the census data from online sites put up by amateurs and often full of errors. They put together these CDs and family tree CDs and sold them to gullible folk who thought they had historical fact in their hands. Today they have those cute ads, "I found a leaf". Hogwash! I have a yard full of leaves with the same value. Go to familysearch.org. It is factual and free.

Ancestry's Family Tree Maker program is now being owned and run by another company. Ancestry has such a goldmine in luring people to pay money to join them, they no longer need to deal with the gen program, and its constant need for upgrade. They have cleaned up a lot of sites such as census material that was so error driven. Familysearch.org has a better version free. Heritage, that had the best census site has sold out to Ancestry and will most likely soon lose its free status. However, the trees on Ancestry are still amateur, as are all the sites for parking your tree on line. What we resent is their selling of the site as gospel that will bring you all your family history for a few \$100 dollars a year. You still need to do the work. The trees are a hint, no more or less. The real money here for them is DNA testing. They have now started offering health testing on your DNA. Ancestry will outsource this. Be careful. Who will do this work? What is their outsource? Is it foreign and beyond American control? Is privacy guaranteed? After you pay the money, who gets your private info?

When Ancestry picked up the bills at Rootsweb.com they promised to not interfere. They would pay the bills and all trees and info would be accessible to Ancestry to use for themselves. An option time period was offered to people with family trees on the Rootsweb site to stay or leave before the takeover. There was a massive leaving. Ancestry has changed some graphics. In general they have not been too invasive. Probably too busy ruining and disabling the genforum site with new phoney non-original input material that can no longer be responded to or changed.

So fast forward several years and we get...

"Beginning March 2nd, 2020 the Mailing Lists functionality on RootsWeb will be discontinued. Users will no longer be able to send outgoing emails or accept incoming emails. Additionally, administration tools will no longer be available to list administrators and mailing lists will be put into an archival state.

Administrators may save the emails in their list prior to March 2nd. After that, mailing list archives will remain available and searchable on RootsWeb.

As an alternative to RootsWeb Mailing Lists, Ancestry message boards are a great option to network with others in the genealogy community. Message boards are available for free with an Ancestry registered account.

Thank you for being part of the RootsWeb family and contributing to this community.

Sincerely,  
The RootsWeb team"

The Devil's bill just came due.  
Amen to another bit of web integrity.MCH.

## Playhouse Summer Camps Now on Sale

by Natalie Hastings

2020 program features multiple locations and accessibility program CINCINNATI — Cincinnati Playhouse in the Park's 2020 Summer Theatre Camp and Performance Academy will explore fantastical worlds, storybook lands, favorite books and movies, and so much more. Camps will be held at Cincinnati Playhouse in the Park plus locations in Evendale, Blue Ash, Mason and the West End.

"Each camp option can introduce or further your child's appreciation of the arts while building confidence and encouraging creativity," explains Daunielle Rasmussen, director of education and community engagement. "No acting experience is required."

Locations throughout the region make it easier than ever to participate in summer theatre camps with Cincinnati Playhouse in the Park. In addition to its location in Eden Park, camps offerings will take place at Evendale Performance Center; Mason Middle School; Mason Community Center; Pogo Play in Blue Ash; and Nancy and David Wolf Holocaust & Humanity Center at Union Terminal.

Multiple locations are not the only way the Playhouse is continuing to increase access for 2020; the Launch Pad Accessibility Program returns and is available for all full-day, one-week camps. Thanks to a generous grant from The Daniel and Susan Pfau Foundation, students with developmental disabilities can be integrated into a traditional theatre camp environment through pre-camp preparation and daily support.

"We want to help all children experience the confidence and creativity boosting opportunities that theatre camps provide," Rasmussen explained. "Our specially trained instructors and two dedicated instructional aides will help integrate Launch Pad participants by providing them with a daily social narrative and concrete daily schedule; sensory-related assistance including noise-canceling headphones, fidgets and personal comfort items; a quiet place to relax; and other support."

Camp offerings include half-day camps for children ages 3 to 5. For kids and teens, the Playhouse offers full-day, one-week camps with a variety of themes. Each week offers five exciting courses that are designed to engage in the magic and playfulness of live theatre.

For theatre enthusiasts who wants to experience the production of a play from beginning to end, the Playhouse also offers full-day, one-week and multi-week Performance Academy camps for incoming first through 12th graders. This year's Performance Academy offerings include Disney's Mary Poppins Jr., Clue: On Stage and Disney's 101 Dalmatians KIDS.

For complete camp descriptions or to register, visit [cincyplay.com](http://cincyplay.com) or call 513-421-3888. If participants register before March 1, they receive an early-bird registration discount of \$15 off the full price for each camp program.

For a full listing, go to <https://cincyplay.com/learn/summer-theatre-camps>

## Spring Happenings on the Hill\*

March 3 MACA meeting at HCI Center

March 7 through March 22 Cincinnati Art Club Founders' Week\*\*

March 10 MABA meeting

**March 17 St Patrick's Day on the Hill**

April 4 Clean up day on the Hill. Meet at Bow Tie at 9:00am

April 7 MACA meeting at HCI Center

April 14 MABA meeting

**April 10 Good Friday HCI Climbing of the Steps**

April 18 Childrens Craft party at HCI Parish Center

April 19 Pilgrim Concert series Allelulia

May 5 MACA Meeting at HCI Center

**May 11 Art Walk**

May 12 MABA Meeting

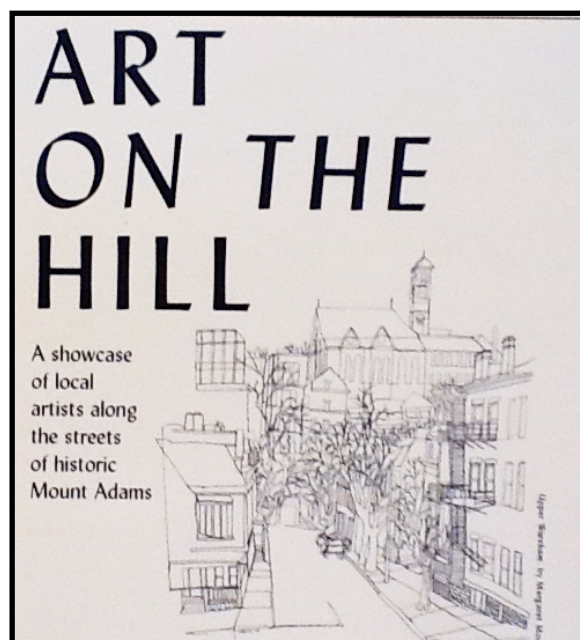
\* Mary more details can be found on the calendar under Events at [mtadamscincy.org](http://mtadamscincy.org)

\*\* Art Club Events can be found at <http://www.cincinnatiartclub.com/>

Some things to see and watch for:

The World Glass is open at 930 Hatch Street and

The Rookwood Pottery Food Company opens soon at 1077 Celestial.



**Please join us May 9th. Saturday 12 - 6. Artists will gather on St. Gregory St. to celebrate Spring and neighborhood Fun !! ....**

**Interest in showing ?... Contact Linda Loschiavo at Upper Eden to register.**

## Pilgrim's Progress



### Greetings from your Chapel on the Hill

It has now been over two years since the Reverend Dr. David Schwab accepted the call to lead Pilgrim Chapel in the spiritual life God calls us to live. Pastor Dave has settled well into his role (after all he is a seasoned veteran) and has been gently establishing new traditions for our small congregation. We are fortunate that Pastor Dave accepted the call and look forward to his continuing leadership and innovation for several more years.

By the time you read this Pilgrim Chapel will have held its annual meeting (including a potluck lunch, of course) and elected a slate of officers for the coming year. Leaving their roles are Shirley Coffey, Vice President for 20+ years, and James (Jim) Whitworth, President for 15 years. We thank them for their dedication and lengthy service to Pilgrim Chapel in these leadership roles and look forward to other avenues of service they will undertake. It is always an exciting time when there are fresh faces in leadership positions and the next year promises to be just that.

All old buildings are a challenge to maintain (I am sure that most of you have personal experience with that challenge) and Pilgrim Chapel is no exception. This year will find some needed projects, both obvious and so obvious, being accomplished to maintain our historic building (ca 1886) in a safe and attractive condition.

You are invited to attend Sunday worship services at 10:30 AM and see what Mt. Adams Pilgrim Chapel United Church of Christ (UCC) is about. We are an open and affirming congregation where all are welcome to worship. Pilgrim Chapel's worship music program enjoys the talents of students and graduates of the UC Conservatory of Music, as well as other Cincinnati musical icons. We look forward to seeing you. Until next time, may God bless you and yours.

### Palm Sunday / Holy Week & Schedule

**April 5 Palm Sunday** Procession of the Palms with Strings & MAPC Vocal Ensemble Jesus' Triumphant Entry into Jerusalem Matt. 21:1-11  
Easter Egg Hunt For All Ages MAPC Garden (Meeting Room if inclement weather)

**April 9 Holy Thursday**, 6:30 pm Dinner & Tenebrae Service (The Meeting Room at MAPC) The Story of The Last Supper & Foretelling of The Suffering & Death of Jesus Matthew 27:11-54

**April 10, Good Friday**, 12 Noon – 3 pm Sanctuary open for centering

prayer & reflection Jesus Suffers & Is Crucified On the Cross John 18:1-19:42

**Sunday April 12 Easter Sunday** with Brass & MAPC Ensemble Jesus is Risen! He Is Indeed Risen from the Dead  
Matt. 28:1-10

**April 19 2nd Sunday of Easter** Jesus Appears to the Disciples in the Upper Room after His Resurrection  
John 20:19-31

**April 26 3rd Sunday of Easter** Luke 24:13-35

**May 3 4th Sunday of Easter** Jesus: I AM the Good Shepherd John 10:1-10

**May 10 5th Sunday of Easter** Jesus: I AM the Way, the Truth & the Life John 14:1-14

**May 17 6th Sunday of Easter** Jesus: If You Love Me, You will Keep My Commandments John 14:15-21

**May 24 Ascension Sunday** Jesus Prays for His Followers to His Father John 17:1-11

**May 31 Pentecost Sunday** God's Spirit Is Poured Out to the World The Church Is Born Acts 2:1-21

**Pilgrim Concert Series Spring Performance** Sunday, April 19, 2020 7 pm

'**ALLELUIA'** An Evening of Strings & Song performed by members of The Cincinnati Symphony Orchestra, The College Conservatory of Music & Pilgrim Chapel Vocal Ensemble & Singers from The Cincinnati College Conservatory of Music.



***Sorry for parking this on Pilgrim's territory, but we have never had a picture of the Parade's starters. Pat Shepherd and her crew are on the spot...and Brrrr they look cold! Thanks to them and all their hard work.***

# Holy Cross–Immaculata Update

By: Elaine Fuell



## HCI Hilltoppers

If you are a senior in Mt. Adams, we invite you to join the Holy Cross – Immaculata Hilltoppers. This group is open to anyone 55 or older - everyone is welcome! We will again resume meeting in March and meet monthly through June. Check church bulletin for events planned.

For more information please contact Ann Carroll at [awcarroll@zoom-town.com](mailto:awcarroll@zoom-town.com) and please let her know if you need transportation. Please check the parish bulletin at the HCI website [www.hciparish.org](http://www.hciparish.org) for updates on events.

## Immaculata Chamber Music Series

Please join us for another year of the Immaculata Chamber Music Series, featuring artistic directors Hojoon Choi, Jonathan Lee, and Kinako Shimasaki. The 2020 season kicked off on January 26 with The Viennese School: Transfigured. Future scheduled events include The Unsung Hero: Viola Quintets on Sunday, March 8 at 4 p.m. and New Worlds Finale on Sunday, May 3, at 4 p.m. For more information please visit [www.facebook.com/ImmaculataCMS](https://www.facebook.com/ImmaculataCMS)

## Stealing St. Patrick

On Sunday, February 16, HCI Church opened its doors to the Ancient Order of Hibernians for a special Mass at 2:00 p.m. As tradition dictates, HCI's statue of St. Patrick is "stolen" and paraded around the Mt. Adams neighborhood, complete with escorts in full dress and bagpipes. For a few minutes, daily life stops in Mt. Adams as everyone lines the streets to watch St. Patrick go by.

This annual event commemorates the first time St. Patrick was "stolen" (actually, he was just moved between churches) back in 1970, to help ease the transition of merging the parishes of Holy Cross Church and Immaculata Church.

## Walking With Purpose

The Women's Prayer Group has begun a powerful six-lesson Bible study, meeting bi-weekly on Wednesdays at 1:00 p.m. If you are interested in joining a study of God's Love, let us help you catch up to us by week two, or get on a list for small groups we hope to start up for weeknights or weekends. Email [hcintadams@gmail.com](mailto:hcintadams@gmail.com) Discover just how much God loves us and how the Gospels are deeply relevant to our relationship with God and with those we love.

## Lent, Holy Week, and Easter at HCI

As always, Lent, Holy Week, and especially Good Friday will be a busy time in Mt. Adams and at HCI. Lent will begin on Ash Wednesday on February 26, with Mass at 8:00 a.m. and 7:00 p.m. Ashes will be distributed at both Masses.

Our weekly Lenten Soup Suppers will begin at 6:00 p.m. on March 3, and continue each Tuesday during Lent (March 10, March 17, March 24, and March 31). There is no Soup Supper during Holy Week.

We are happy to have special guest Mike Davis on March 17. Mike Davis is a popular singer and evangelist who will present "Come Watch with Me: The Perfect Storm". This will be an incredible evening of prayer, meditation, and music with Mike Davis as you walk the Via Dolorosa/ Way of Suffering focusing on the life, death, and ultimate Resurrection of our Lord and Savior Jesus Christ. Mike's music and voice is sure to touch the soul this Lent as we strive to turn our lives over to the Lord as we walk our Lenten journeys. There is no charge but free-will donations will be accepted. Come and rest in the Lord during the storms of life this Lenten season.

Holy Week begins with Palm Sunday on Sunday, April 5. Holy Thursday Mass of the Lord's Supper is April 9 at 7:00 p.m. followed by Adoration of the Blessed Sacrament from 9:00 p.m. until midnight. At midnight, Bishop Joseph Binzer will lead the traditional Blessing of the Steps and then ascend the steps reciting the rosary to officially begin the pilgrimage of the Good Friday steps. Pilgrims will pray the steps from midnight to midnight on Good Friday, April 10. Services on Good Friday will be at 2:00 p.m. and 7:00 p.m. A Tenebrae Service will be held at 11:00 p.m.

Coffee and donuts will be available in the morning, and we'll offer a Fish Fry from 3:00 p.m. – 7:00 p.m. Priests may be available to hear confession throughout the day.

Please watch the HCI website and Facebook page for details about the Easter Vigil Mass on Holy Saturday, April 11. Mass is at 8:00 a.m. and 10:30 a.m. on Easter Sunday, April 12.

Many volunteers are needed during Holy Week. If you would like to offer your time or talents, please contact the parish office at 513-721-6544.

We wish you and your family a very happy and blessed Easter!




***HCI's recent Christmas Creche.***

**Step 1** drop off laundry.

**Step 2** walk across the street.  
enjoy great food & beverages

**Step 3** pick up laundry.

*The Clothesline*  
955 Hatch Street  
Mt. Adams  
Wifi Available

the   
**CLOTHESLINE**  
eco-friendly laundry

*The Blind Lemon*

**241-3885**



**Entertainment Nightly**

Mon.-Fri 5:30-2:30

Sat - Sun 3:00-2:30

**Bonfires**

**Weather Permitting**

[www.blindlemon.com](http://www.blindlemon.com)



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**Friday - Saturday**

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**Sunday**

**11:30 am - 8:00 pm**

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# 21 Tips for Weight Loss That Actually Work

(Reprinted from the site: Everyday Health Newsletters)

Here's expert advice for what really works when it comes to shedding unwanted pounds.

By Lambeth Hochwald

Medically Reviewed by Kelly Kennedy, RD

Last Updated: January 17, 2020

Over the years, you've probably heard your fair share of wacky weight loss advice, whether it's to drink celery juice every day or replace your meals with weight loss "cookies." And often, those tips are promoted by people without any health expertise. (Read: Proceed with caution.)

But just as there's a ton of misguided weight loss advice out there to be avoided, there are also a lot of legitimate, research-backed and expert-approved suggestions.

## 1. Eat Slowly

"I have my clients learn how to choose foods they like, really taste each morsel going into their mouths, and chew deliberately. I advise them to chew slowly, swallow only when the food is all chewed up, and repeat. It takes time to know we're full. Eating slowly allows us to not only enjoy our food more, but gives us better cues of satiety." — Janet Zinn, a licensed clinical social worker and psychotherapist in private practice in New York City

## 2. You Bite It, You Write It!

"That's my rule, and numerous studies have shown the effectiveness of food journaling for weight loss. One of my clients went out of town for one week. She stopped journaling and gained 13 pounds. I promise that keeping a food journal helps!" — Christine King, the founder and CEO of the health and wellness company YourBestFit in Boynton Beach, Florida

## 3. Exercise Anything That Moves

"That's my mantra — and I started this after I broke my back and was paralyzed from the waist down. Do it in bed, while seated, standing, or walking. Just move. People have a misconception that five minutes doesn't make a difference, but every minute makes a difference." (And research published in January 2014 in the journal *Progress in Cardiovascular Diseases* showed that physical activity is critical when it comes to actually keeping lost weight off.) — King

## 4. Keep a Daily Gratitude Journal

"Our eating habits are usually connected to our emotions — whether we realize it or not. When we're stressed, we tend to reach for sweets. I tell clients that by keeping a daily journal of things you're grateful for, you're better able to cope with the stress by acknowledging it rather than reaching for dessert." — Lauren Manganiello, RD, a nutrition counselor and fitness coach in New York City

## 5. Batch Cook and Prep

"Every Sunday I batch cook enough chicken for the week. I cut off the fat, bake it with seasoning, measure 3.5 ounces (oz), and put that much into a container with some mustard and frozen veggies, so I can grab one a day to bring to work. I also take the time to divvy up ¼ cup of

rolled oats, 1 tablespoon (tbsp) natural peanut butter, 1 tbsp ground flax, and a pinch each of protein powder and cinnamon to sweeten in individual containers. So when I'm a zombie in the morning, all I need to do is add water and microwave!" — Kyra Williams, a personal trainer in Boston

## 6. Get Enough Z's

"A lack of sleep increases your hunger hormone — ghrelin — and decreases your 'satisfaction' hormone, leptin, which can contribute to weight gain. When we are sleep deprived, we crave more salty and sweet foods. Why? Because anytime you feel more intense hunger, your cravings for higher energy — aka higher calorie — foods intensify. We also know that the way we think and process our emotions is affected by inadequate sleep, so it's easy to connect this with an impaired ability to make sound choices in many areas of life, including with food. If we flip the coin, we can safely assume that when we are well rested, we will make better choices. When it comes to eating, that would mean that we would eat when we are truly hungry, and eat just until satisfied. Our hormones are also going to be better balanced because our bodies got the time needed to sleep, repair, and refresh." — Angela Lemond, RDN, a registered dietitian nutritionist in private practice in Texas

## 7. Don't Skip Meals

"Remember, our body's ultimate goal is to stay alive. As soon as we are being kept from calories — which are literally the life energy for our bodies — it will do things to survive. Our body knows what foods are higher in energy density, and we will crave those more. Honor your hunger and don't allow your body to think it's being starved. This goes against many of the dieting tactics, but those tactics truly don't work well for people in the long term. I generally recommend eating every four hours." — Lemond

## 8. Stay Hydrated

"Research has found that people who drank two glasses of water before a meal lost more weight than people who didn't drink water before meals — and they kept it off. This simple tip works in two ways. Thirst can mask itself as hunger, causing you to eat more. And water makes you feel fuller, causing you to eat less during a meal." — Megan Casper, RDN, a nutrition counselor and the founder and CEO of Nourished Bite

## 9. Cut Calories, Not Flavor

"By choosing options such as sharp cheddar over mild cheddar, you can use less, but you'll still get a lot of flavor without feeling like you're on a diet." — Casper

## 10. Weigh Yourself Once a Week

"Same day, same time, same amount of clothing. Remember that your weight isn't a single number but a five-pound range. Work to move the range down, not the exact number." — Lainey Younkin, RD, a nutrition counselor and consultant in Boston

## 11. Reorganize Your Plate

"Make half your plate vegetables, a quarter of your plate whole grains, and a quarter of your plate lean protein. When you switch the portions of grains and vegetables on your plate, you'll see a difference. The only caveat: Potatoes, corn, and peas are starchy vegetables, so they go in the grains category." — Younkin



## What's Up at the Main Library Events (FREE) 800 Vine St., Downtown

### Exhibits & Events:

#### Genius of Liberty: The Long Struggle for Women's Equality

This year marks the 100th anniversary of the 19th Amendment to the United States Constitution stating the right of citizens to vote "shall not be denied or abridged by the United States or by any State on account of sex." In honor of this important milestone, the Library is presenting the exhibit Genius of Liberty: The Long Struggle for Women's Equality Jan. 31-April 26 in the Joseph S. Stern, Jr. Cincinnati Room at the Downtown Main Library. Genius of Liberty was curated by Reference Librarians Christopher Smith and Diane Mallstrom, along with Katherine Durack whose podcasts are available at [MercantileLibrary.com/GeniusofLiberty/](http://MercantileLibrary.com/GeniusofLiberty/). For more information, call 5130369-6900 or visit [www.CincinnatiLibrary.org](http://www.CincinnatiLibrary.org). To view digital copies of The Genius of Liberty, go to <https://cinlib.org/2Mov0lj>.

#### Art Afternoons: NC Wyeth-Inspired Movie Scenes

Monday, March 2, 4-4:30 p.m.

Main Library — Children's Learning Center

Join Erin Holland from the Taft Museum of Art in creating NC Wyeth-Inspired Movie Scenes! Enjoy art of all kinds with us as we get a little messy and lot creative with our hands-on art afternoons. No registration required.

#### Silent Book Club @ Taste of Belgium OTR

Tuesdays, March 10 & April 14, 6:30-8 p.m.

Welcome to the Silent Book Club where all you need is a book to read. Any book, any format, any chapter. No discussions, no suffering that book, no worrying of there are enough copies for everyone. Just shut up and read. Please join us on the 2nd Tuesday of every month at the Taste of Belgium's Over-the-Rhine location.

No registration required.

#### Jazz of the Month Club

Saturday, March 14, 3-4:30 p.m.

Main Library — Reading Garden Lounge

Enjoy a free live jazz performance by the Jennifer Grantham Quartet in the Reading Garden Lounge of the Downtown Main Library. Sponsored by jazz artist and educator Jamey Aebersold. No registration required.

#### 38th Annual St. Patrick's Day Celebration of Song and Dance

Sunday, March 15, 2-3:30 p.m.

Main Library — Reading Garden Lounge

Join us for the 38th Annual St. Patrick's Day Celebration of Song and Dance, sponsored by the Friends of the Public Library. Featuring music by Foley Road and a performance by the McGing Irish Dancers, this tribute to Irish heritage is family-friendly and fun! Reserved seating is available for Friends of the Public Library members. Call 369-6035 to reserve a seat.



#### Black Readers

Tuesday, April 21, 6:30-7:30 p.m.

Please join us on the third Thursday of every month from 6:30-7:30 p.m. at blaCk Coffee to celebrate authors of color through deep discussions around enjoyable, thought provoking books. No registration required.

The books are:

- March 17 — The Body is Not an Apology by Sonya Renee Taylor
- April 21 — Don't Call Us Dead by Danez Smith
- May 19 — Water Dancer by Ta-Nehisi Coats

You can pick up a copy of these books at blaCk Coffee or at the Main Downtown Library

#### Baby Photo Shoot

Friday, March 20, 11 a.m.-1 p.m.

Main Library — Children's Learning Center

We'll provide a cute seasonal background and a high quality camera--you bring your baby! Drop in to get a digital copy of your photo and visit the MakerSpace to print it off. Families welcome! No registration required.

#### Bea Larsen Author Visit

Tuesday, March 24, 6-7 p.m.

Main Library — Atrium

Join us for this exciting author visit! Notable Cincinnati attorney Bea Larsen visits us to talk about The Third Person in the Room, her new book she just published. The book contains stories of her 25 years as a divorce mediator as well as her own relationships. This event is free to the public. No registration required.

#### Art Afternoons: Up-cycled Sculptures

Monday, April 6, 4-4:30 p.m.

Main Library — Children's Learning Center

Join Erin Holland from the Taft Museum of Art in creating Up-cycled Sculptures. Enjoy art of all kinds with us as we get a little messy and lot creative with our hands-on art afternoons. No registration required.

### **Jazz of the Month Club**

Saturday, April 11, 3- 4:30 p.m.

Main Library — Reading Garden Lounge

Enjoy a free live jazz performance by Down Home Collective in the Reading Garden Lounge of the Downtown Main Library. Sponsored by jazz artist and educator Jamey Aebersold. No registration required.

### **See the Story Book Club**

Join the Cincinnati Art Museum and the Public Library of Cincinnati and Hamilton County for an exciting book and art discussion followed by a docent led tour. Meet in Gallery 205 of the Cincinnati Art Museum, 953 Eden Park Drive. Registration is not required. The event is free.

- 11:30 a.m.-1 p.m. March 21: We Should All Be Feminists by Chimamanda Ngozi Adichie.

### **News**

#### **Facilities Master Plan released**

Community members wanting more details about the planned improvements coming to their neighborhood Library location, as well as the Downtown Main Library, can find them in all three parts of the Facilities Master Plans. All three sections can be viewed at [CincinnatiLibrary.org/NextGenerationLibrary](http://CincinnatiLibrary.org/NextGenerationLibrary).

Every branch is receiving improvements over the next 10 years, in one of three categories:

Strategic Investment—Small, but impactful, improvements, such as laptop kiosks, maker equipment and study pods

Capital Maintenance—Replacement and repair work, such as HVAC, furniture, roofing and carpeting

Design Projects—Significant improvements, such as major renovations, expansions or relocations

A total of \$98 million is projected to be available in the first five years, and the first part of the FMP identified the initial projects anticipated to launch through 2023. The balance of projects is conditional on continued funding streams including state and local funding. The recommendations may also be adjusted based on market conditions, critical repairs and other factors beyond the Library's control.

The first five projects which launch in 2020 are:

Price Hill Branch Library—This Design Project renovates the existing building and builds a new addition beginning this spring.

Walnut Hills Branch Library—This Design Project involves an extensive renovation and expansion and begins this fall.

Downtown Main Library—A Design Project that re-imagines the Vine Street entrance and Capital Maintenance work launches this year and continues into 2021.

Elmwood Branch Library—Is receiving Capital Maintenance work that includes new paint, carpeting, and furniture.

Reading Branch Library—Is receiving a Strategic Investment for technology upgrades, beginning with an installation of a laptop kiosk later this month.

#### **Library rated Five-Star for seventh year in a row**

The Library Journal's Index of Public Library Service is a national ranking system comparing U.S. public libraries on the quantities of services they deliver based on per capita statistics for library visits, circulation, program attendance and public Internet and Wi-Fi use. The Library Journal gives an overall indication of how libraries stack up to their peers nationally.

The Public Library of Cincinnati and Hamilton County is among the top two libraries in the country in the \$30+ million expenditure category and is one of only five libraries nationwide in its category to receive a Five-Star Library rating. The Library is first in the nation among Five-Star libraries in circulation of digital items with 4.31 eCircs per capita – far outpacing other Libraries in our category. This year's ratings were based on 2017 data, which libraries reported to the Institute of Museum and Library Services. Only two other libraries in the country have seven consecutive Five-Star ratings—Cuyahoga County Public Library and Seattle Public Library.

#### **Holiday Closures**

The Library is closed on the following days:

Sunday, April 12 (Easter)

Monday, May 25 (Memorial Day)

For more Library events and classes, or to make reservations, go to [CincinnatiLibrary.evanced.info/signup/List](http://CincinnatiLibrary.evanced.info/signup/List).



***Reindog 2019 opens on Mt Adams.***

## MACA Lifetime Members

Abare, Terri & Thomas	Bruening, Wini	Russell	Chip	Meier, Caroline & Kurt	Routh, Susan & Jeff
Adams, Jacqueline	Budzynski, Megan & Paul	Ferguson, Janie & Mike	Huesman, Elsie	Menz, Greg & Linda	Ruehlman, Debra & Peter
Adrien, Patricia & Evan		Ferguson, Jennifer & James	Jenike, Debbie & Tom	Kruthaupt	Russo, Tina
Ahern, Laura & Mark	Caldemeyer, Catherine & Robert	Ferrara, Charles	Jordan, Carol	Metcalf, Rita and Taylor	Sansalone, John
Amann, Dolores & Jim	Cambruzzi, Dori & Dutch	Finn, Judy & Tracy	Jurs, Katherine & Peter	Mitchell	Schultz, Marlene & Ed
Anness, Lisa & Harold	Cattell, Judi & Jim	Fleissner, Bill		Minor, Ernie	Schultz, Karen & Joseph Chickey
Applegate, William	Rapheal	Flyer, Sue & Bruce		Miller, Jana & Tom	Schwartz, Abby & David
Armor, Mary	Chant, Susan & Drake	Foley, Gail Gibson & Richard	Kahn, Susan & Fred	Miltner, Kate & Scott	Schloemer, Marcia
	Ebner	Frank, Brian	Kahn, Alfred	Dust	Banker & Jeffrey
Banchy, Sue & John	Chasser, Anne	Frey, Jr., Catherine & John	Kanis, John	Milward, Elizabeth (Betsy)	Schmalz Mary Ann & David
Banzhaf, Evelyn & Lary McCord	Cochran, Larry	Friedmann, Eric	Keefe, Sue & Pat	Mischler, Michele & William	Schmidt, Leanne & Edward
Barrett, Darlene & James	Cohen, Aliza & Hirsh	Fronduiti, Meghan & John	Kenniston, Judy & Ken	Mock, Margaret & Bryan	Schriber Cheryl & Alan
Barton, Christy & David	Collins, Jannette	Fuell, Elaine & Jerry	Klosterman, Chip	Monahan, Rebecca & James	Schneider Donna & Bob
Baskett, Mary & Bill	Compton, Thomas	Gaynor, Susan & Ver	Kohrman, Karen & Colette Kohrman	Moran, Mary & Bill	Schiefer Bernard
Baumgartner, Maryann & Ray	Connelly, Terri & Bill	Gettler, Delia & Ben	Lanpkin	Murphy, Martin	Schneider, Mary & Bob
Bauman, Hilary & John	Corsini, Ginny & John	Glottelty, Susan & Phil	Koren, Ava & Eric	Nadherny, Kathy Beechman	Secaur Chris & Norman Harm
Belt, Amanda & Chad	Covey, Meghan & Nic	Gilb, Debbie & Dave	Kortekamp, Betsy & Jerry	Nasser, Michael	Seifert Gail & Tim
Bernard, Allen	Crafts, Martha & David	Golder, Faith & Dr. Sylvan	Knight, Pam & Bob	Neu, Raelene & Larry	Sena, Val & Bill
Bernstein, Glenda & Malcolm	Creech, Katja & Dennis	Goldstein, Janice & Sidney	Krzynowek, Daniel	Nickolas, Ann & Steve	Selonick Mildred
Berwanger, Ruth Anne & David	Croskery, Beverly & Bob	Gordon, Lynne	Kuehn, Ann & Ed	Nuckles, Roberta & John	Senhauser Teri & John
Black, Bea & Chuck	Croskery, Mindy & Rob	Meyers	Lancor, Barbara and Michael	Obermeyer, Amy & Frank	Setser Julia & Drew
Blatt, Karen & Rick	Cunningham, Carolyn & Patrick	Graham, Jane Henny & Robert	La Rosa, Cara & Mark	Ormsbee, Marilyn	Shenk Nikki & Andy
Blumenfeld, Martha & David	Curran, Kim & Chuck	Grate, Toni & John	Laurens, Norman	Ott, Elizabeth & Kevin	Shank Diane & Reed
Bieser, Caroline	Daly, Victoria & Robert	Gray, Don	Layman, Karen	Pallatroni, Bob	Shepherd Pat & Ed
Boerger, Kristina & Steven	Darwish, Jillian	Gray, Jim	Lawrence, Suzanne	Petersen, Michelle & Andrew	Slokowski Brandon
Boberschmidt, Lainie & Larry	Dean, Cheryl & Dean	Gregory, Marie & Todd	Lee, Michael	Petro, Mike	Skidmore Suki & Tim
Bogdan, Gordon	Dearth, Barbara & Robert	Geer, Cindy & Fritz	Leugers, Linda and Bill	Phipps, Lisa & Jack	mKane
Bollock Lesley & Robert	Deatricks, Linda & John	Grogan, Tom	Liguzinski, Theresa & Mike	Poole, Debra & Andy	Sommer Sandy & Rod
Bortz, Connor	Deck, Bob	Hahn, Charlotte & Reg	Liguzinski, Kathy & Tom	Piazza, Lana	Solway, Elizabeth
Bortz, Hayden	Delev, Debbie & Greg	Hall, Margo & Carl	Loewenstine, Jean & Leon	Price, Bill	Spindler Maty Jo & Gordon
Bortz, Huck	Derico, Amanda & Brian	Hamm, Kathy	Loftus, Margaret	Prokop, Mimi & Pete	Stanley, Janice
Bortz, Susie & Neil	Dick, Ellen & Herb	Handy, Joanne & Clark	Looney, Dianne	Ragland, Eric	Steiner, Ellen & Corky
Bortz, Laura & Brian	Seidner	Harkin, Julia & Jim	Louiso, Susan & Jack	Rajczak, Karen & Daniel	Steiner, Janet & Jim
Bortz, Holly & Adam	Dietz, Julie & Marc	Hallez, Maryann & Bryan	Lukens, Jenny & John	Ranz, Ginger & Art	Stern Annie
Bortz, Susie & Chris	Dirks, Jutta	Heiter, Andrea & Frank	Lyon, Moira & Joe	Rasmussen, J. Lee	Strawser Betsy & John
Bova, Linda & Richard	Djoric, Jean Sepate & Peter	Henderson, Cynthia	Lynn, Doug	Rawlings, Marty Hermans & Michael	Strickley Mary & Patricia
Boyd, Richard	Doran, Theron	Heimkreiter, Klari & Jack		Rafalo, Francene	Sweeney Michael
Brecount Margaret & David	Duning, Jane & Bill	Hendy, Joyce & Neal	Massa, Lisa & Tim	Reddington, Mary & Andrew	Sweeney Patricia
Breen, Don	Dunning, Jane & Bill	Hild, Don & Beverly	Masterson, Melissa	Reilly, Pam & Al	Sullivan, Lisa & Tim
Briggs, David	Dunn, Peg	Bach	May, Maureen & Jason Jones	Reiter, John	Sypher, Beverly
Brinker, Nancy & Thomas	Ewers, Jerry	Hoffman, Jana	McCafferty, Gayle and Mike	Reynolds, Carolyn & Tom	Davenport
Bruggeman, Peggy	Feghali, Patricia	Hoffman, Jay	McMahon, John	Riorden, Mary & Tim	Szkutak Joan & Dave
	Fennell, Cari & Brian	Horrigan, Maryellen & Jim	McKibben, Shelley & Roger	Rippe, Joe	
	Ferneding, Jennifer &	Howard, Connie &		Robinson, Bernice	Teran, Roberta & Carlos
				Rosenthal, David	

## MACA Lifetime Con't

Thompson Carrie &  
J.Scott  
Tiffany Brian  
Timmins Barbara  
Torbeck Shari & Dan  
Tuke Beau  
Twedell Sue Ann  
Thrash Julie & Philip  
Twyman Rachel & Ted  
Turnbull Elizabeth  
Turner, Heather & Eric  
  
Vogel Steve  
Wagner Patricia  
Wales Beth  
Walters, April  
Walters Zand & Mark  
Wampler Nancy & Tim  
Warnick Carrie Clark &  
Clay  
Wayne Vanessa &  
Richard  
Webb, Paula Maureen  
Weinstein, Deborah &  
Daniel  
Westmaas Deb & Kent  
Wilson, Kathy & Steve

Wolterman ED  
Wolke, Jan & Joe  
Woodburn, Nancy  
Woods, Judy & Tom  
Works Ann & Robert  
  
Yildirim Jodie & Yavuz  
  
Zalkind, Elizabeth Post  
& Daniel  
Zang Kimberly  
Zarovchak Lisa & Jerry  
Zimmerman Sue & Dave  
Zuberbuhler Jayne

### New for 2020 Annual MACA Members 2020 Annual

Sanborn, Dirk  
Shaw, Kevin

## Lose Weight Con't from p. 27

### 12. Follow the 80 Percent Rule

"Eat until you feel just 80 percent full. Pack any extra food away instead of feeling like you have to be part of the 'clean plate club.'" — Helene Byrne, the founder of BeFit-Mom in Oakland, California

### 13. Skip the Liquid Calories

"There's a strong relationship between sugar-sweetened beverages and weight gain in adults. If you regularly have a sip of something sweet, consider this: Research has shown that reducing intake of sugar-sweetened beverages can result in meaningful weight loss, even if it's the only change you make. Replacing a 20-ounce soda with sparkling water every day would save more than 20,000 calories over a few months, which could translate into more than five pounds of weight loss!" — Brittany Markides, RDN, the founder of Choose Food in Austin, Texas

### 14. Be Choosy at Restaurants

"The foods we eat away from home tend to be higher in calories and lower in nutrients than the ones we make at home. A study published in April 2016 in the Journal of the Academy of Nutrition and Dietetics found that the average restaurant entrée contains more than 1,000 calories, and an entire day's worth of sodium and fat. To save calories, split your entrée or ask the server to substitute extra green veggies or a salad for potato or rice." — Markides

### 15. Embrace Veggies

"When in doubt, eat a vegetable. They're low-calorie, high-fiber, and full of nutrition. Snack on kale, lettuce, carrots, or green beans. And finally: Skip the butter and oil, but do add herbs or garlic for a great taste." — Jamie Logie, a personal trainer, nutritionist, health coach, and wellness blogger in London, Ontario

### 16. In Fact, Make Vegetables the Stars

"Next time you make pasta, make a very small portion of the pasta itself and toss the dish with roasted broccoli, shrimp, garlic, and lemon zest. You'll feel less deprived and you'll be able to still eat your favorite satisfying foods." — Kate Martino, a physician's assistant and weight loss coach in private practice in Fair Lawn, New Jersey

### 17. Keep Unhealthy Foods out of the House

"It's pretty simple: If you don't have it, you can't eat it. Instead of chips and cookies, keep convenient and easy-to-prepare items at close reach. Such items include nuts and seeds, pre-cut fruit and vegetables, string cheese, edamame, eggs, salmon, and yogurt. This doesn't mean you can't have treats. Just buy yourself one serving to enjoy at a time." — Rachel Goodman, RDN, a registered dietitian nutritionist in private practice in Brooklyn, New York

### 18. Use Portion-Controlled Dishes

"We eat with our eyes first and we like to see a full plate. Using smaller plates, bowls, and cups will reduce the amount of food you can serve yourself, while at the same time allow you to fill your dish up and keep you from feeling deprived. For example, an observational study showed that people who used a 9-inch plate versus a 10- or 12-inch plate ate up to 22 percent less!" — Goodman

### 19. Start Where You Are and Do What You Can

"Don't feel like you need to overhaul your entire life starting immediately. Assess where you are currently and then figure out where you'd like to be in the future. A great starting point for mostly sedentary people is to get a step counter and see how much you walk on a normal day. Then set a step goal slightly higher than the norm and strive for that, working your way up slowly to a goal of 10,000 steps per day." — Esther Avant, an ACE-certified personal trainer in Kapolei, Hawaii

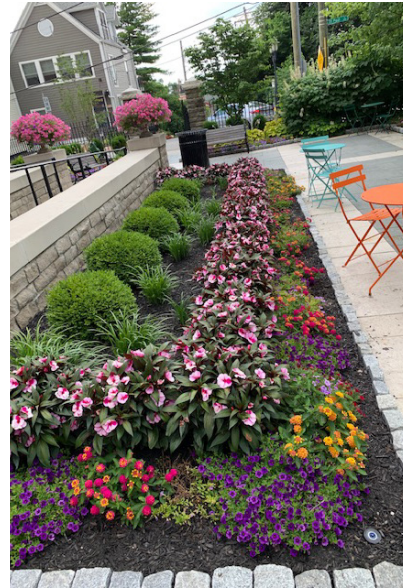
### 20. Salt Craving? Skip the Chips

"When you need a salty fix, reach for popcorn, not chips. According to one study, those who munch on a cup of the air-popped treat are significantly more satisfied than their chip-loving friends. Popcorn is a whole grain, fiber-filled snack. A single serving of potato chips (for a typical 1-oz small bag) is a dense 149 calories, while the same amount of popcorn (air-popped) is only 108, meaning you can feel full and slim down with every delicious bite." — Rene Ficek, RD, CDE, with Seattle Sutton's Healthy Eating

### 21. Eat Breakfast

"To combat the urge to overindulge in the evening, make sure to eat a protein- and fiber-filled breakfast in the morning. Healthy choices for protein include eggs, yogurt, and nuts or nut butters. Pair protein with a high-fiber food like a high-fiber cereal or fruit." — Ficek

Additional reporting by Leslie Barrie.



*Some of our  
Favorite  
Mt Adams...*



*Points of  
Interest  
Look for them  
soon*



# Mount Adams SUNSET GARDEN STROLL

TUESDAY, JUNE 16, 2020

5:00 PM TO 9:00 PM

LITE BITES. LIBATIONS & MUSIC!



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 Mt. Adams Beautification Association  
 Celebrating 25 years serving the Mt. Adams community  
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## It's Spring, and the Hill Revives!

by Maryellen Horrigan

It has been a hard couple of years both here on and off the Hill I am not going to play seer and try to tell you why these fine people have failed to live their dream. The fact is, we have lost friends of a business and often also of a neighbor variety. Tavern, Daveeds, Longworths, Pavillion, Yesterdays, Hightail and more, exist only in our memories. But now it is 2020, and good things are coming out way.

The Art Museum, Krohn Conservatory, and Playhouse in the Park have all launched new upgrades to their facilities and programs. Many new construction projects are adding upwards of 100 new residences to our base. Trident Graphics NA LLC, Briley and Meyer, Inc, and Nations Reliable Lending have moved into the transferred Empower space.

And now, 2 new businesses are open or about to open on the Hill. First, open as of Feb 7th, is The World Glass Bar offering wine, beer and spirits, plus cheeses from around the world. We were going to press as they opened, so go take a peek for us and let us know about this new venue.

Even bigger news, Bret and Brian Michaud, the original Teak owners before its sale to less particular owners, are returning to the Hill in a new venture titled The Rookwood Pottery Food Company. Needless to say, this is in the old Rookwood Pottery building at 1077 Celestial Street, and has it's own parking. They open 30-60 days from your reception of this newsletter (Assuming the Grapevine staff gets the doggone thing to the printer in this millenium!) They will offer an American menu (Sunday fried chicken, Friday fish fry, Saturday and Sunday brunch, daily specials) and a full bar and custom coffee bar. Desserts will be a specialty, all baked/made on the premissis. This is an evolving menu. Knowing the Michauds, it's sure to be good.

Several other restaurants have expressed interest in coming to the Hill, if only someone else would start the ball rolling. Well the ball is rolling... we'll wait and see. There is a lot of excitement here on the Hill this spring, and we look forward to adding more new ventures. The World Glass, and Rookwood Pottery Food Company add themselves to our already great vendor base of the Hill's stalwart continuing treasures: Mt Adams Bar and Grill, Bow Tie, Monks, Chapter, Amigos, City View Tavern, Bub's Pizza Bar East of Eden. These folk have all perservered. Let's get out there folk and shop and eat and help these friends and neighbors to fulfill their dream. Let's support Mt Adam's famed European vibe and again become the city's leader in sophisticated style. MCH

These are my personal favorites of this year's crop. Thanks to all who sent them in MCH



*I don't know how the lady in the fuzzy face could see! The kids above spent forever on those tree shaped hair doo's, the plaid family are a 60's hoot, the brave motorized little dog is a big crowd pleaser, and to the right is the funny pic winner...there is only half a dog in sight, and the whole hill is anonymously backside to... For a Reindog pic, it's really funny!*



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**#cincyparks**

# MT. ADAMS CIVIC ASSOCIATION WANTS YOU !

You moved here for a reason, right? This neighborhood is AMAZING and getting better every year. Please show your support by sending in dues and contact information TODAY for 2020. Membership is open to homeowners and renters of the Mt Adams community. If you live here, we want you. You are part of what makes Mt. Adams so special.

In light of the city's budget cuts to the Invest in Neighborhoods program, membership in the Civic association is more important than ever to keep our neighborhood vibrant. Annual membership in the Mt. Adams Civic Association for 2020 will again be \$10 per person, and Lifetime membership is \$100 per household of 2 people.

Did you know?...

- \* A strong membership gives Mt. Adams a louder voice when dealing with the city.
- \* MACA sponsors community building events ( Cinema in the City, Neighborhood Block Parties, communication efforts (The Grapevine and MtAdamsToday.com), beautification ( flower pots, gardens, Clean Up Days), and handling issues that arise (safety, blight, traffic, and parking)
- \* Only members may vote at meetings. (community plans, use of funds, zoning, etc.)
- \* Providing your email address helps to keep you informed about upcoming events, security issues, and important neighborhood news. It will not be sold or used for outside purposes.

Donations are always welcome to help fund improvement efforts. Maca is proud to have 501(c)(3) status and happy to provide a receipt of donations for tax purposes.

Let's invest in our neighborhood!

**Mail form to: Mt Adams Civic Assn. 1027 Saint Gregory St. Cincinnati, Oh 45202**

Mt.Adams Civic Association Membership Form for 2020

Name: \_\_\_\_\_

Email ( print clearly): \_\_\_\_\_

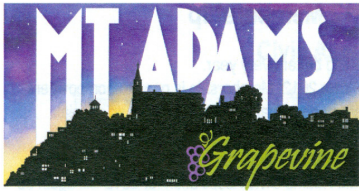
Address: \_\_\_\_\_

Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_

Membership Annual \$10 \_\_\_\_\_ Lifetime \$100 \_\_\_\_\_

Donation: \$10 \_\_\_\_\_ \$25 \_\_\_\_\_ \$100 \_\_\_\_\_ Other \_\_\_\_\_ Thank You !

Comments/Suggestions \_\_\_\_\_

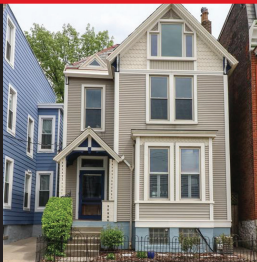


Mt. Adams Civic Association  
1228 Ida St. Mt. Adams  
Cincinnati, Ohio 45202



# KNOWING AND SELLING MT. ADAMS!

**LISTED & SOLD**



1226 IDA ST.

**LISTED & SOLD**



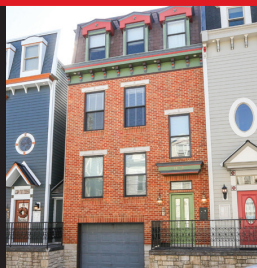
955 PAVILION ST., #3

**LISTED & SOLD**  
*in 1 day*



1109 FULLER ST.

**LISTED & SOLD**



1132 BELVEDERE ST., #B

**LISTED & SOLD**



901 PARADROME ST., #2

**SOLD**



947 PARADROME ST.



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This is not intended to be a form of solicitation if you are working with another broker. Source: MLS Greater Cincy compilation of broker members.