

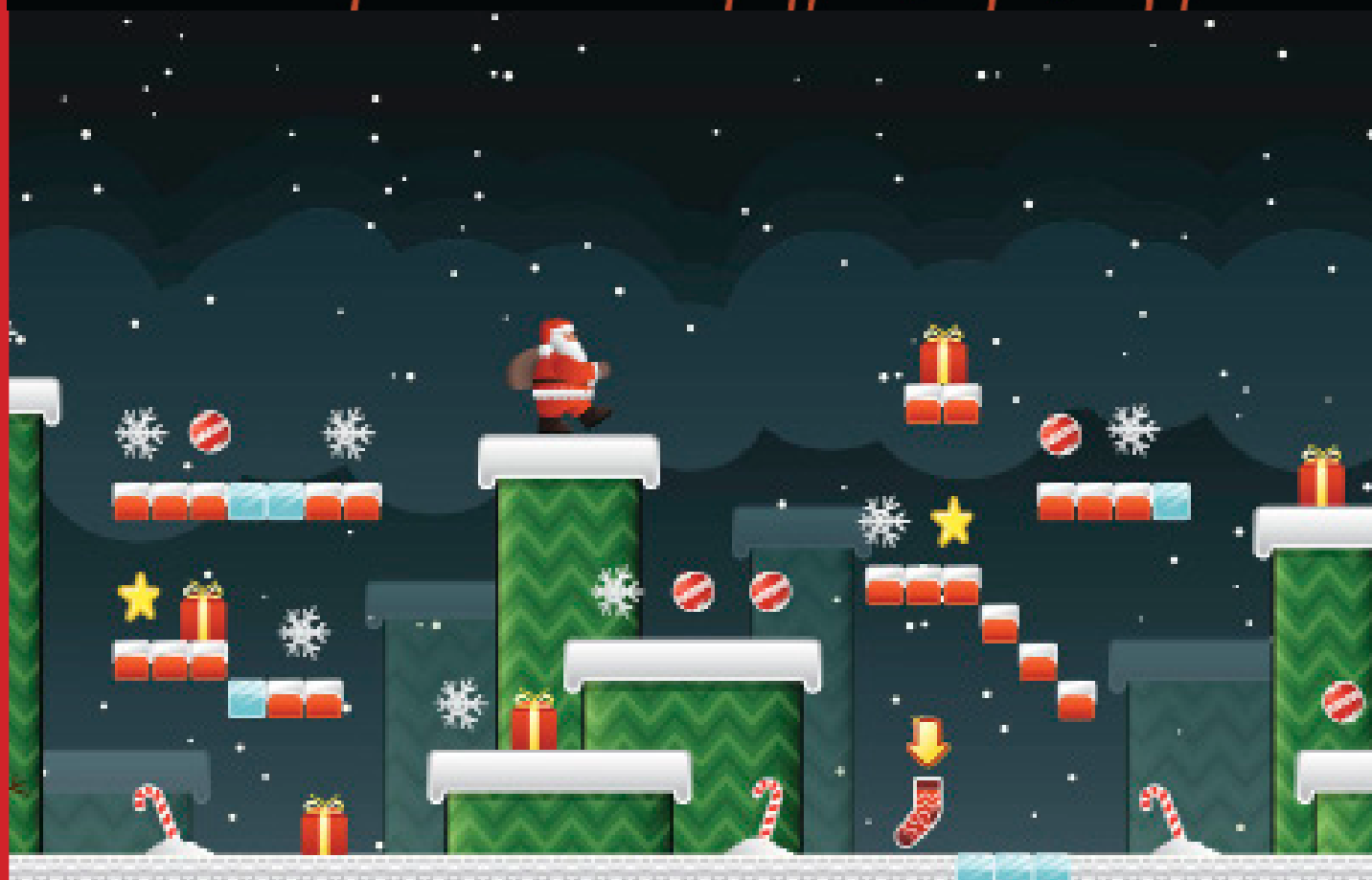
MT ADAMS

Grapevine

Winter 2019

Issue 65

We wish you all a warm winter of happiness, laughter, and joy





Mt. Adams Community Resources & Events

MACA Officers:

President: Frank Obermeyer... frankobermeyer@yahoo.com

Secretary: Sue Zimmerman...suezimmerman@gmail.com

Treasurer: Tom Abare...tomabare1@gmail.com

Directors: Judi Cettel, Theresa Liguzinski, Russ.Ferneding, Jennifer Ferneding, Brian Mock, Dan Weinstein

Honorary Directors: Rev. Len Fecko, Pastor, Holy Cross Immaculata, Dr.David Schwab, Minister, Pilgrim Chapel

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Monthly Meetings:

Business Guild	1st Tuesday	3 pm	TBA	Towne Properties (513) 381-8696
Civic Association	1st Tuesday	7:pm	Immaculata	Kurt Meier 665-4607
Beautification Association	2nd Tuesday	6:30 pm	TBA	Barb Timmins barbara.timmons@gmail.com
Planning and Development	Last Tuesday	6:30pm	Immaculata	Steve Vogel

City Contacts:

Adopt A Block: 352-3711 City Events Calendar: 621-6994 City Parks Calendar: 281-3209

Crime Reporting: 352-2960

City Planning Department: Margaret Wuerstle 352- 4889

Buildings & Inspections: Mike Fehn 352-1911

Economic Development Dept: Greg Koehler 352-1596

Community Development Dept: Herman Bowling 352-1949

Fire Department: Capt. Bill Long 357-7585 Capt. Steve Coldiron 357-7597

Health Department: Beth Abbot 352-1459

Police Department: Officer Tim Eppstein 513-478-6587 Non-Emergency 765-1212

Trash pickup missed or special, Potholes, Snow Removal, Graffiti, Junk cars on street - 591-6000

Traffic: Bill Lindsay 352-3733

24 Hour On Line 591-6000 .

Recreation:Vanessa Hendersen 513-282-1286

Visit the Mt Adams Civic Assn.
at their website:

mtadamscincy.org

For:

Community Events

Walking tour registration

Recent Grapevine issues

And

mtadamstoday.com for business news



Above: Funny treats at the Bow Tie Halloween party for the Hill trick or treaters

Winter Articles

MACA Minutes: Sue Zimmerman.p. 4, 14,
Message Etiquette: Mary Dickenherr, p. 6
A Consistent Love, Beer: Ryan Harper, p.7
Winter at the CAM: Kaitlyn Sharo, p. 9
Top 5 Pitfalls When Selling: Vinnie Brown, p. 10
Playhouse in the Park Launches: Natalie Hastings, p. 12, 13
The Time Has Come the Walrus said: M. Horrigan, p.15
Hill Yes! Please Recycle: Jim Steiner, p. 16, 17
Library News: p. 20, 21, 22
MABA Ready for Winter: Sue Zimmerman, p. 23
A Christmas Carol Comes to Life: Natalie Hastings, p. 25
The Kingston Trio and Mt Adams: Kurt Meier, p. 27
Happenings on the Hill: p. 29
MACA Lifetime Members: Jim Horrigan, p.30, 31
MACA Annual Members: Jim Horrigan, p. 31
Holiday Happenings at CAM: Jill Dunne, p. 33
Finding Individuality: M'ellen. Horrigan, p. 33
8 Natural Hangover Remedies: misc. authors, p.34

Here's to an Odor-Free Neighborhood, (and other issues.)

We love dogs...truly. But sometimes during the cold weather, when we walk our dogs and don't see any pretty flowers, we let old Fido pee on the neighborhood plant areas. Please keep in mind that you are creating a toxic waste area. Many sensitive annual plants won't survive in the pollution of your dog's urine. Many perennials won't sprout. Not only is the beauty gone, but the time and money invested are now also a waste. And the final straw... the neighborhood folk who work to make it beautiful in our world up here, have got to work that filthy soil with their hands. Yikes!. And, in the heat of summer, it stinks. Not a great Hill enhancement!

Please, curb your dog. Keep him out of our plants.

Please remember to turn off your deck lights when you retreat inside or at bedtime. Some of us actually enjoy star gazing and your deck's light pollution prevents viewing.

Those of us who have outside speakers, please turn them off at bedtime, (and keep the volume reasonable at other times.) "Gramma Got Run Over by a Reindeer" is no longer a big seasonal turn-on for most folk... trust us on this.

Do remember to read p.25 and 29 for various holiday happenings on the Hill.

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Deadline for the spring issue of the Grapevine will be Feb 1st for a March 1st publication. For ads and articles please contact Sue Zimmerman at suejzimmerman@gmail.com or M'ellen Horrigan at mellenvine65@gmail.com. We take TIFF's, JPEG's, PDF's, or just about anything else. We can help with design and we do speak "Adobe Creative Suites."

MACA Minutes September 3, 2019

by Sue Zimmerman

The meeting was called to order at 7pm at HCI's Community Room. Officers in attendance: President Frank Obermeyer, Treasurer Tom Abare, and Secretary Sue Zimmerman. Directors in attendance: Judi Cettel, Jenny Ferneding, Russ Ferneding, Teresa Liguzinski, Dan Weinstein.

Police Report: Sgt Hank Ward, Officer Rock, and Officer Woods. Theft from autos is up. Our new liaison officer will be selected soon. If you have private surveillance cameras, please go online and register them with the police. This will help when trying to solve crimes. Fireworks night had problems with emergency vehicles unable to get up Hill Street, access to Oregon/ Baum Streets. It was suggested that we go back to blocking the Hill off. Something will have to be done next year. Another issue was what to do when cars park in private drives. The police can't ticket or tow on private property. The owner must contact a towing company to have the problem removed. Speeding on the Hill is a serious problem with cars and motorcycles. Keep reporting them to 765-1212 or 911 (The calls go to the same place.). Remember to use fixitcincy.com if you see something that needs to be repaired or overgrown.

Deputy Director of the Department of Buildings & Inspections Ed Cunningham gave an update on 1237 Ida Street (the falling down shell of a building). Cunningham gave the background and the appeals and the procedures and the chances that have been given to the owner. It has reached the point where the city plans to demolish the building at the owner's expense. Other problems were brought up- the hole on Hatch St.; the buildings 969-971 Parkside has been boarded up with no development happening. The building of a wall on Celestial without a permit and then ignoring a Stop Work order.

Water Works historian, Larry Moster, gave an informative talk on the reservoir in Eden Park. Besides the reservoir the Elsinore tower, the pump station, and the tower in Eden Park were all part of the water system. He had great pictures. Tours are available Old River Station Historical Tour the first Saturday of the month 9:30 -12:00 cincinnati.ripleyteam.org. The Museum and Treatment Process Tour is on the first Thursday of every month 9:30-11:30. Tours can be made by appointment Sign up at tours.myGCWW.org.

Minutes for the July meeting were approved.

President's Report: Frank Obermeyer. National Night Out was a great success and thanks to Tina, Charlotte, Tom, Mark, Larry and the Bar and Grill, Chapter, Crowley's, Pavilion and others for making it a success. Cinema in the City had good attendance and good weather. Most of the attendees weren't Hill people. The event broke even thanks to the sponsors. A new team will be needed for next year. The lighting the steps project is taking a pause. Next meeting Graeme Daley will give an update on Adam's Edge. We will be starting the process for November elections.

Treasurer's Report: Tom Abare. There were 5 lifetime memberships and 1 annual. Grapevine ads came in \$1,400. Printing costs \$2,900 and Mutt Mitts were purchased. Current balance \$27,000.

Planning & Development: Steve Vogel The Art Museum requested a variance for the steps that will become the art walk from Gilbert to the museum entrance. It was approved. The proposal for the house on Elsinore has been adjusted and will be presented soon. People will be needed to support the Hill's position at a soon to be announced meeting. Steve emphasized the importance of requiring building requests to follow the guidelines and the community to be vigilant.

MABA: Barb Timmins The watering is an ongoing process and thanks to all who sign up and handle the task. The Garden Stroll is June 16 2020. The stroll committees are working. Tentatively we have gardens and points of interest in mind. Fall Clean Up is Saturday, October 19. Next meeting is next Tuesday at Tina Russo's.

Clean, Safe and Attractive: Jenny Ferneding. Nothing to report
Membership: Jim Horrigan – Tom gave the stats.
Community Life: Margaret Mock: Frank already reported on Cinema
Community Improvement Projects: Judi Cettel. Nothing to report
NSP: Julie Deitz No Report

Business Guild: Maryellen Horrigan Octoberfest is September 18 at Pavilion. 1194 (the original Teak guys) will be opening at Rookwood. Quincy's will offer Salsa music and dance. Linda Laschiavo will have Art on the Hill which will be the 3rd Saturday Oct 19th. 12 - 6. Also the Event will be throughout Mt Adams at several spots on St Gregory Street. Longworth's has ¾ million in utility repairs needed. Towne has rented the last place in the building that once housed Empower.

Grapevine: Maryellen Horrigan/ Sue Zimmerman. November 1 is the deadline for the winter issue.

Mt. Adams Walks: Jim Steiner. The walks are doing really well.

Cincinnati Recreation Commission: Vanessa Henderson Thank you for supporting the Bush Recreation Center programs. Fall hours Started Sept. 3. M-F 11am to 9 pm. Sat. 9 to 3 pm. We will offer Chair Volleyball, Pickle Ball, Chess, Weight room, and Pilates (begin 9/27/19). We are currently taking applications for ASDC at Bush and Before/After School care at Spencer Center. Bush Center will offer Trunk or Treat on October 31. Please feel free to decorate your car/van to pass out candy or donate candy. Trunk or Treat is held in our parking lot 2640 Kemper Lane. Closing the Health Gap- We offer Do Right, Move Right, Eat Right on Mondays from 11:30- 1:00. Please contact Deronce if interested 513-585-9879. We are looking to improve our adult programs for the winter 2020. If you have any ideas, please call Bush recreation Center at 513-281-1286 or email vanessa.henderson@cincinnati-oh.gov. Bush Center has converted RecTrac. Please make sure you have your new key fob. For program information, log on to www.cincyrec.org

Pilgrim Chapel... Sept 7 An Evening with Opera at 7pm. Complimentary tickets were handed out after the meeting.

HCI: Tina thanked everyone who helped make the Festival such a success. She would like feedback on how people liked the online auction.

Meeting adjourned at 8:22.

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Massage Etiquette...

Ten Quick Tips for the Beginner 's Massage.

by Mary Dickenherr of Tohi Spa

1. A Licensed Massage Therapist (LMT) is not the same as a certified massage therapist. LMT's are licensed by the State Medical Board. Someone who is certified has completed enough hours by the state to do a relaxation massage only.

2. Choosing a Masseur (male) or Masseuse (female). Most women are comfortable with having either; while most men prefer female vs male according to the types of massage being received. A relaxing massage is very different than Sports or a Deep Tissue massage; then men don't mind having a Masseur vs Masseuse.

3. What are your expectations for your massage?

Do you want all the luxury of a full Day Spa with the wine and white robes or are you more comfortable going to someone in a private setting? Getting a spa treatment maybe a luxury and can be expensive and considered as a treat; and or you may have time restrictions that a private therapist can accommodate your busy schedule. The pros and cons are basically up to you.

4. What do I wear or not wear?

This is the most asked question and is always the one most alarming. "Do I have to get naked?" Dressing down for a massage is at your comfort level, your therapist should let your know what to leave on or take off. Usually in a relaxation massage only underwear is left on and women remove the bra. A minor female can leave on a sports bra. If you and your therapist are comfortable removing everything than that is a mutual agreement between the both of you; you should be always draped and covered and never exposed.

5. Makeup and perfume should be avoided before a massage.

6. Is it going to hurt?

Well, not if you don't want it to. A discussion after you complete your forms will help customize what your needs are for that day. More attention or pressure can be given to the areas of concern. Make sure you have scheduled enough time for the massage. A deep tissue massage can require more time and money. So, if you scheduled a relaxation massage, are expecting a deep tissue then you may be turned down and left unsatisfied.

7. Do I talk or not talk?

That's up to you, some people enjoy talking about "things" or "everything" and then some people talk about "inappropriate things." Talking to your therapist is one thing, but your therapist should not be the one talking the entire time. Talking to your therapist can be healing and benefit your massage, but don't cross the line by discussing sex, religion, and politics.

8. Can I drink alcohol after a massage? Yes, a glass of wine before or after in moderation is fine. Remember to drink water after each glass of

alcohol to stay hydrated.

9. Is this covered by my insurance and do I tip?

In some cases and situations your massage maybe covered but not always. You can speak to your insurance carrier to see what's available for you. A flex spending account, workman's comp or auto accident may cover your massages. Tips are appreciated but if you're in a medical setting like a doctor's office or chiropractor's office tips are not expected.

10. How often should I go? If you're under the care of a doctor from an accident or surgery ask about having massage to help with the healing. Doctor's office and hospitals offer Massage and Reiki as therapy. A prescription maybe necessary but otherwise a general massage can be done daily, weekly, bi-weekly, or once a month, depending on you and your goals.

You should ask your physician if massage is safe for you if you have had surgery, chemo, illness, medication, high blood pressure, pregnancy, blood thinners, cancer, or infections. Happy Massaging!!



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My Consistent Love: Beer!

by Ryan Harper

I got into beer brewing when I was in the Marine Corps 5 years ago, I was always into the new craft beer craze, I thought it was a cheaper alternative to the wine industry and was geared more towards my liking. An ex girlfriend's dad invited me to home-brew with him in his garage one time in the beautiful little costal town of Southport, NC It was about two hours south of where I was stationed, but I used to spend most of my weekends there because it was a home away from Cincinnati at the time. Anyways we brewed the beer in the garage. We were making a hoppy Indian Pale Ale with malt extract opposed to an all grain recipe. It took all day and I learned that sanitation is constant when brewing beer because bacteria can ruin or alter the flavor during the fermentation process.

I was kind of turned off by the amount of work that went into brewing beer and the mess it made, but still appreciative of the after product. I've also been a person to love drinking quality over quantity of alcohol. After we transferred the Wort into the carboy (glass jug used for fermenting) and threw the yeast, we had to wait a couple weeks for it to make the alcohol.

At the time I was going in and out of the state of North Carolina to do training to prepare us to go overseas for 7 months to support the war in the Middle East. Anyways when I was back in NC and right before I left for overseas, I got to taste the final bottled product that we had made and I thought it was a good start to an interesting hobby.

The beer brewing kinda faded for a while, but my love for beer was still strong. I brought beer books on the ship with me and studied them while we stopped in different areas of the Mediterranean Sea, Red Sea, and Persian Gulf. It was interesting to see what kinds of beers were in these different countries.

Years later when I got out of the Marine Corps in 2017 and moved back to Cincinnati, I realized that the craft beer boom was (and still is) in full effect in Ohio, especially Cincinnati. I was going to school at the time at the University of Cincinnati on my GI Bill and I had a lot of extra time on my hands because I didn't need to work. So one day I went for a run like I normally do and after the run I stopped at a local brewery, I drank a couple beers and made conversation with the bartender and that's when the head brew master asked me for a helping hand in exchange for beer. I was happy to help in exchange for knowledge not just the beer. We clicked pretty well, I could read the commercial brew system pretty well and how it worked because of my vast knowledge of the plumbing of large helicopter hydraulic systems. The only thing I didn't know about, was how to brew beer like a pro.


For the next couple years I offered my extra time to the brew master in exchange for the knowledge and experience. Since I've started my new career this past year I've been busy with my job but since I bought my condo in Mt. Adams I also bought a nice 5 gallon brew system

that sits in my living room. I feel obligated to use it more now that I've spent all the money. My friend (who is in the brewing science program at Cincinnati State) has started brewing with me in my small back patio in Mt. Adams. I always invite people to come home-brew with us, as it is, according to my brew master mentor "like sitting around a camp fire with friends."

Although I have moved every year for the last 7 years and met a lot of different people. The one thing I love about the brew community is the sense of community and hospitality.


Everyone is willing to help out, teach, share, and enjoy the one thing we all have in common. Beer!

(Ryan is our newest contributor to the Grapevine. We asked what he did to keep busy, and this is the result. Since then Ryan has started his Masters and a hundred other things. We hope he can write for us again in the future. MCH)



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Winter at the CAM

by Kaitlyn Sharo

CINCINNATI ART MUSEUM
SPECIAL EXHIBITIONS

The Levee: A Photographer in the American South

Now–February 2, 2020

Experience the arresting work of contemporary photographer Sohrab Hura in a never-before-seen exhibition that explores themes of connection, perspective, place and identity. Free admission.

Women Breaking Boundaries

Now–April 12, 2020

A special exhibition that explores the role of women in art and art history at the Cincinnati Art Museum through artworks from the museum's permanent collection created by female artists from the seventeenth century to today. The cross-departmental selection of 38 artworks from Europe, North America and Asia are in a range of mediums, including oil on canvas, metalwork, ceramic, and prints to photography and fashion. Prominent artists including Georgia O'Keeffe, Lorna Simpson, Kara Walker, Mary Cassatt, Julia Margaret Cameron, Elizabeth Catlett, and Chiyo Mihuhisa. The exhibition will encourage visitors to think critically about gender, inclusion, and diversity and how that translates to the museum's gallery walls. Free admission.

Treasures of the Spanish World

Now–January 19, 2020

The exhibition tells a rich story of the cultures of Spain across the past three millennia, through some of the finest artworks from the Iberian Peninsula in the Spanish colonies.

With over 200 works of art and historical documents, the highlights of the Hispanic Society of America in New York City (the premier collection of Hispanic arts and culture in the United States), Treasures of the Spanish World will feature works from Spain and Latin America, including artifacts from Roman Spain; decorative arts and manuscripts of Islamic Spain; paintings, sculptures, decorative arts, and works on paper from Medieval, Golden Age, and eighteenth-century Spain; Latin American colonial arts; and Spanish paintings of the nineteenth and early twentieth centuries. A significant number of these works have not been exhibited outside the Hispanic Society, and some have never before been exhibited. For our tristate audiences, the exhibition offers an unprecedented look at the broad sweep of one of the greatest artistic traditions of Europe and the Americas. Ticketed. Free for members.

"Something Over Something Else": Romare Bearden's Profile Series February 2–May 24, 2020

This exhibition reunites for the first time thirty vibrant collages from this renowned series. In 1977, a "Profile" of Bearden by Calvin Tomkins in the New Yorker provoked the artist to reflect upon his childhood and maturity during the 1920s and 30s. The result was a two-part series that traces his journey from rural Mecklenburg County, North Carolina, to working-class Pittsburgh, Pennsylvania, and culminates with his treasured first studio in Manhattan's Harlem neighborhood.

Yet transcending autobiography, Bearden's Profile Series, accompanied by evocative texts co-written by Bearden and his friend the author Albert Murray, expresses a deep reverence for humanity and the struggles and triumphs of African Americans. Ticketed. Free for members.

Hours:

Tuesday–Sunday, 11 a.m.–5 p.m.

Thursday, 11 a.m.–8 p.m.

Free general admission. Free parking.

Visit cincinnatiartmuseum.org for more information.



Mt. Adams Pilgrim Chapel
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Sunday Service • 10:30 AM

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Let it Snow, Let it Snow

The best tool for cleaning snow off your car is a sawed off broom. It won't scratch your windshield like a shovel can, and it covers a wider area than a scraper. Keep one in your trunk in case you are away from home in a storm.

Deep snow and no shovel? Pop off your hubcap and use it to dig out.

If you are unable to ride out of an icy trough, keep a container of cat litter in your trunk. It will sop up any melted water your overheated tires generate and will offer temporary traction to get out.

Icy windshield every morning got you down? Cut an old shower curtain big enough to hit the metal around your window. glue and sew a magnetic strip from a craft or fabric store (loop over and under strip and thru curtain) and place over front window each winter night. In the morning, rip it off and drive away.

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Top 5 Pitfalls to Avoid When Selling your Home.

by Vinnie Brown

Cincinnati is coming off a long ride of increasing prices and low inventory. This will continue to be the case in the entry market but what about the homes priced over \$400,000?

Sellers beware of these 5 mistakes that will cost you money...big money.

1.

Believing that your house is better. We all think our homes are special and unique. Better than the rest. And sometimes they are but the majority of homes that are unique will appeal to only a small percentage of buyers. What you loved about your home, someone else may not. My rule of thumb is try to appeal to 80% of the buyers. Neutral colors, depersonalize, and ok so maybe even a bit boring. The days of people having vision to see the "potential" of a space are over. People want easy and move in ready. See number 2.

2.

Neutral replaced location, location, location for homes that sell quickly and for full price. Take the time to make sure all closets are cleaned, garages are tidy, windows are sparkling, lightbulbs are working, and the home has a deep thorough clean. I can't tell you how many times my clients have said to me "people are not going to care if my garage is a mess"...well, yes they do.

3. Neglecting curb appeal. This is the main thing that gets them in the door. If you don't look good on the outside, no one will want to see the

inside. Make sure your paint is nice, bushes are trimmed, yard is cut and the mulch looks great. Flowering pots that add color next to the door makes people think the home is loved.

4. Not addressing smells. Pet and food odors are the kiss of death.

These days most families have at least one member with an allergy. If your home smells like a pet lives there, you have just lost the majority of your buyers. Make sure litter boxes are cleaned and tucked away for showings. When you cook make sure to use the exhaust or even open a window for cross venting....I know it's winter but trust me. With a quick google search you can find out how to get rid of food and pet odors that are there already.

5. I saved the best for last...overpricing. Today buyers are savvy and are protected by banks. What this means is you can ask the world for your house but if the bank says it is only worth a certain amount, unless it is a cash deal, more than likely you will be selling for that amount. Appraisals only go back 6 months, so even though your neighbor sold their home for \$50,000 more 2 years ago, the market could have changed. Make sure your agent is not overpricing your home or your house will sit and you will end up with less than had you priced it correctly to begin with.

Trust me.

Next time we will focus on buyers and mistakes to avoid.



Save the Date
Mt Adams Celebrates 30th Reindog
Parade

Saturday, December 14th

Registration Noon- 1:30

Parade Starts at 2:00 P.M.



Sponsors : petvaln , Towne Properties , North Side Bank and Monastery Event Center

Cincinnati Playhouse Launches Its Off The Grid

By Natalie Hastings

CINCINNATI— Cincinnati Playhouse in the Park has begun its 2019-2020 Off the Grid series of interactive theatrical experiences. Called The Social Cycle, the new season combines social events at popular venues around Greater Cincinnati with classic literary stories reimagined for modern day. The immersive theatre experiences include the opportunity for optional audience participation. The first event took place Oct. 17, with alien fighting and more at THE WAR OF THE MALLS at Tri-County Mall, followed by BEAUTY AND THE BOURBON TASTING on Friday, Nov. 8 at the New Riff Distillery.

"With The Social Cycle, we want to meet people where they like to hang out and spend their time with friends," explains Daunielle Rasmussen, director of education and community engagement, who created the concept of Off the Grid and The Social Cycle. "By staging a sword fight in a winery, fighting aliens at laser tag or taking a yoga class with Mr. Darcy, our audiences will experience familiar stories in unexpected ways in fun environments."

"The Social Cycle takes the interactive and immersive experiences we've developed over the past three seasons of Off the Grid to the next level," Rasmussen continued. "Each experience will be unique to the venue and story that is being told. Our audiences can be a part of it as much or as little as they feel comfortable participating."

Off the Grid is supported by the generosity of the thousands of young professional contributors to the ArtsWave Campaign.

For more information and tickets, visit cincyplay.com. Admission prices vary based on the venue and the activities included. The full schedule with details is below.

Audience members should wear shoes that are comfortable to walk around in, as they will be on their feet, taking stairs and standing during throughout the performance. There is some accessibility for wheelchairs, though access to some scenes may be limited.

THE COUNT OF MONTE PESTO

Tuesday, Feb. 25; Wednesday, Feb. 26; and Thursday, Feb. 27 | 7 to 9 p.m. at Kate's Catering and Personal Chef Services | Cost: \$60

Celebrity chef Dante Cristo lives with a secret he's harbored for 15 years — a secret that ripped him away from his family and Mercedes, the girl he loved, when he was betrayed by his best friend. With his identity hidden from those who once knew him, Dante uses his celebrity status and wealth to enact a plot of revenge. The time comes to put the plan in motion when Mercedes hosts a charity fundraiser and Dante agrees to teach an exclusive cooking class in support of it. As Dante leads participants through this interactive, theatrical cooking class, he'll bring secrets to bear and delicious food to eat, along with a reckoning of the past. After all, revenge is best served with a tasty plate of pasta.

Ticket includes lite bite cheese and crudité platters, up to two drinks per

person, and two tastings of Italian-based entrees that audience members will help make during the class.

Audience members will be on their feet for the duration of the class. Accommodations can be made for persons who have physical disabilities. The facility is wheelchair-accessible. Space is limited to 20 participants in each performance.

Kate's Catering & Personal Chef Services is located at 702 6th Ave., Dayton, KY 45404

PRIDE, PREJUDICE AND YOGA

Saturdays, March 14 and 21, at 4 and 8 p.m. | Sundays, March 15 and 22, at 4 p.m. | Oakley Crunch Fitness | Cost: \$15

The proud Will Darcy really resents his therapist for suggesting that he take up yoga for stress management. He finds everything about the exercise irritating, including the googly eyes his friend Charlie can't stop making at the pretty yogi in the front row. But most especially, he finds his attraction to the beguiling and frustrating Liz Bennet the opposite of stress-reducing. Join us for an immersive theatre gym workout and yoga class experience where Liz and Darcy just might find the inner balance that they didn't know they were missing.

Ticket includes a complimentary one-month membership to Oakley Crunch Fitness and must be redeemed through the gym.

This event allows audience members to either participate in the workout or observe as the story unfolds. Audience members are encouraged to attend wearing their favorite workout gear and join the performance when the opportunity arises.

Mat seating is available for those who would like to participate in the yoga class portion. Instructions will be provided throughout the class. Mat seating is limited to 15 in each performance. Audience members with chair seating for the yoga class will still have opportunities to be physically active during gym portion of the performance.

Most parts of the gym are wheelchair-accessible, but there may be limited access to some areas where scenes take place.


Oakley Crunch Fitness is located at 3401 Ibsen Ave., Cincinnati, OH 45209

THE BRIE MUSKETEERS

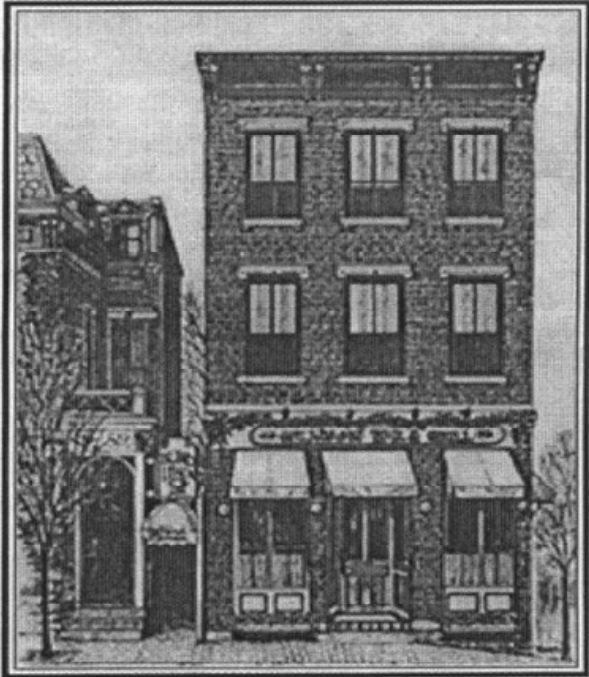
Saturday, May 16 | 5 to 7 p.m. at Vinoklet Winery & Restaurant | Cost: \$50

One for all and all for Brie! The Alpha Beta sorority sisters have maintained their affinity for good wine and cheese since college. When queen bee Constance Richelle hosts an event to help her husband win a promotion, she enlists the help of her sorority sister musketeers to throw the wine and cheese tasting to end all wine and cheese tastings — but poisonous secrets and dastardly plots are afoot. This interactive, theatrical wine and cheese tasting experience puts you in the middle of all the action — you may even spill some of the wine yourself!

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Ticket includes three wine-tasting stations, one full glass of wine, cheese and crackers, and free admission to a concert in the park which starts at 7:30 p.m. Concert will have a cash bar and food available to purchase.

Garden party attire is encouraged by not required. Participants should wear shoes that are comfortable to walk in across uneven ground and grass. Some areas in the vineyard may not be easily accessible, but we're happy to find accommodations as best we can in the environment.

Vinoklet Winery & Restaurant is located at 11069 Colerain Ave., Cincinnati, OH 45252

Right: One final Halloween costume including a microphone, a wanted poster and the Channel 9 Logo. Not sure Krohn would find that one funny, but it was clever and unique!



MACA Minutes October 1, 2019

by Sue Zimmerman

The meeting was called to order at 7pm by President Frank Obermeyer. Officers in attendance were Frank Obermeyer, Treasurer Tom Abare and Secretary Sue Zimmerman. Directors attending were Judi Cettel, Dan Weinstein, Bryan Mock, and Theresa Liguzinski.

Police Report: Sgt. Hank Ward reported that the beginning September saw a rise in property crimes, but since September 6 the Hill has been quiet. The police caught thieves in the act, and they were arrested. A call to 911 from a resident who saw a suspicious person, described the person, and police on the Hill caught him. District 1 had 24 car thefts, but 19 of the stolen cars had key fobs in them making it way too easy to steal a car. Officers did a Report Card check of cars. If the car had a laptop, purse, things of value, loose change it received a pink card with a failing grade (56% of the cars checked failed with things of value in plain sight). Hank also said he will be getting two more cops in his unit, and we will be getting a liaison officer soon. Items brought up by the group included: the speed camera on Martin that was requested doesn't show the speed to the driver in the car and a question if we still have Citizens on Patrol (No, but if there is interest, we can start one).

Guest Speakers: Marissa Pherson from the 2020 Census. There are good paying jobs for census takers in their neighborhoods. Questions? Call 1-855-Job-2020 or go to 2020census.gov/jobs.

Graeme Daley of Daley Design + Build gave an update on the Adam's Edge project. With the improvement in weather the construction is going well. They are trying to stay out of people's way as much as possible. There will be three tiers of apartments. The first and second floors will be more minimalist, the third floor more of an upgrade, and the 4th floor will have high end finishes. There will be 63 units with 85 parking spaces. There will be a fitness room, a club room and other amenities. Rent will start about \$1,800. The address will be 999 Wareham.

Chris Burton from CWW was available for questions after the meeting. Citizen Water Academy information is on the website.

Jerin Dunham, Chief Operating Officer for Funky's Catering Events invited the hill to take part in The View's Monday night dinner offered to the residents of Highland Tower. You need to make reservations at 841-9999. Dinner is between 5-9 pm.

Minutes: The September 3rd minutes were approved.

President's Report: Frank thanked all the people who volunteer and make things happen on the Hill.

Treasurer's Report: Tom Abare said MACA joined the Business Guild. We had 5 annual members and 2 lifetime. There was \$1,165 taken in for Grapevine ads. Payout for National Night \$700 (well worth it). We are expecting 2019 NSP funds to come in (\$6,085). Current balance is \$27,000.

Committee Reports:

Nominating Committee: Janet Steiner proposed that Nic Covey be on the slate to fill in the Director's vacancy. Theresa Luguzinski decided not to continue on the board.

Planning and Development: Steve Vogel no changes, and he suggested to check out the Wall Street Journal article about Mt. Adams.

MABA: Margaret Mock reminded people that now is the time to check on bushes and fall plants that are good for pollinators. If you lost the handout go on the Cincinnati Zoo's website. Clean Up is October 19; meet at Bow Tie at 9am. There will not be a dumpster, but a garbage truck for our trash. Lunch will be provided by Chapter. Remember there are prizes for the best finds and stories. The garden stroll is June 16, 2020. We are in the development stage.

Clean, Safe, and Attractive: no report

Membership: Jim Horigan. Time to renew annual memberships or sign up for a lifetime membership.

Community Life: Margaret Mock – Halloween will start at the parking lot across from Pavilion. A bounce house, games, costume contest, prizes. Kids will trick or treat at the businesses, so if you are in the bars, you might want to bring candy to hand out.

NSP: Julie Dietz presented the expenses to be part of the 2020 application for NSP funds which will be \$6,078 for 2020 to go to the Grapevine, MABA, and Mutt Mitts. Chuck Curran moved to approve. The vote was 40 for the proposal and 0 against.

Business Guild: No report

Walking Tours: Jim Steiner – This has been better than expected year for tours. This is the 14th season and it will end November 24. All revenue goes to MACA. The Playhouse had a space in its brochure, so it gave Walking Tours free advertising.

Cincinnati Recreation Commission- Steve for Vanessa Henderson... The Trunk or Treat is on October 31 from 6-8pm in the parking lot at 2640 Kemper Lane. Please feel free to drop off any donated candy. Our Saturday hours are going well 9-3. We are still looking for Pickle Ball and chair volleyball players. We are open Mon-Friday 11am-9pm.

MAYC: Chuck Curran reported the next Yacht Club event is Thursday Oct 17th at Skipper's in New Richmond.

Cincinnati Art Club: Gary Eith- This Sunday there is a special show of high school students' work who painted in Mt. Adams from 1-4 pm. A Signature Show is Oct. 11, 12, 13. Friday night is an open house with food and beverages. October 19 is Art on the Hill 12:00-6:00 pm. It is a showcase for local artists along the streets of Mt. Adams.

Pilgrim Chapel – Bruce Ford ...Thanked everyone who attended A Night of Opera on Sept. 7. The Italian Dinner is Sunday, October 20, 5-7:30. \$10 Adults / \$5 Children under 12. Fieldtrip to the Wise Temple downtown Cincinnati is planned for Thursday Oct. 24 at 11 am. If interested contact Pilgrim.

Meeting Adjourned at 7:59

The Time has Come the Walrus said...

by Maryellen Horrigan

I subscribe to an internet health-focused blog. Initially I signed up to better understand the physical journey of an ill young man here on the Hill. Eventually, I realized some of the information was of interest to the general Hill denizens. So, I faithfully peruse its content seeking pertinent fodder for this tome we generate each quarter. A few issues ago, it hit close to home.

The article was titled "What to say to a Cancer Patient." Most of the suggestions were clearly written by some sort of health care person, not a patient. But there were a few actual people who knew of what they spoke.

As I forge my second path through this journey of chemo, surgery, radiation etc, I am again confronted with the well meaning but negative results of my friends and neighbors' good intentions. So, I confabbed with my "Pink Community," and we have a few remarks.

Cancer survival is about focusing on living. The ideal we aim at is to live each day as close to "normal" as possible. The absolute LAST thing we need is for 6 people a day to put on their best funeral parlor voice and ask "Hooooow are Youuu...?" Trust me, no cancer patient needs to be reminded that they are at risk. The message we hear... "Is it time to order the wreath?"

I do NOT need to spend the day talking about my health with the world

at large. There are other things of a more positive and of a less personal nature to discuss.

No, I am not adorable...no bald woman feels adorable...wrong adjective. I don't know the right one, but adorable isn't it.

"Gee, it's good to see you, Hey that's a great color for you, Do you need a ride to..., I feel like a chick flick etc...are you in?, Are you free for,...,I have a new joke"...I read a great book.... These are remarks we need, to hang into the world.

Give us some help here. In the immortal words of my mother, "Use your head for something besides a hat rack." If your intention is to make me feel better, health as a discussion is off the table. (Though I can recommend a great pickle as a hedge against nausea.) Just be glad with me that I am still here and functioning. As for that wreath, when it is time, you will know. I like yellow, maybe orange...it's such an upper...don't you think? MCH

Picking bugs off the grill and headlights with your fingernails? Go get 1/3 yard of nylon net from Joanne's Fabrics. Plop a blob of baking soda on the folded up nylon net and rub away. Neither the net, nor the baking soda will scratch your car's finish.

Got tar on your car's finish? (with all the road work going on, who doesn't?) Grab a can of laundry spray pre-wash. I will dissolve the tar. I don't know why.

Got nooks and crannies in your wheels and hubcaps to clean? Try a soapy old stiff paint brush.

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Hill Yes! Please Recycle.

by Jim Steiner

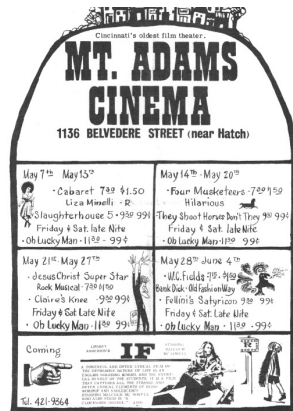
Recycling historic buildings is a good thing. We have plenty of examples on Mount Adams. Our former public school, now condominiums on Saint Gregory Street, the Hessler Studio of Dancing on Monastery Street where Doris Day, Vera Ellen and Tyrone Power got their starts, now a private residence, the 1880s bowling alley on Pavilion converted to a private home, Holy Cross Church on Saint Paul Place, today the Monastery Event Center and the civil war barracks moved from near old Woodward High School after the Civil War to the intersection of Hatch and Wareham Streets and turned into four condominiums around 2010. These structures were all saved and today help make up the fabric of our neighborhood. What follows is the story of another recycled building that also does its part to enhance the character of the Hill. I'm glad these old friends are still with us.

The Belvedere Theater, 1136 Belvedere Street, opened in 1914 as a silent movie house with over 200 seats. The building was designed specifically as a movie house and included a sloping floor, high in the rear to low in front. It was also used for Mount Adams political gatherings and speeches. The theater closed in the 1920s and was listed for sale in a 1929 Cincinnati Enquirer commercial property listing. While the theater was closed, it was used as an automobile-parking garage.



Left: The Mount Adams Cinema in the 1970s. Photo The Mount Adams News.

Right: Newspaper ad for the Mt. Adams Cinema. Image Cincinnati Enquirer.



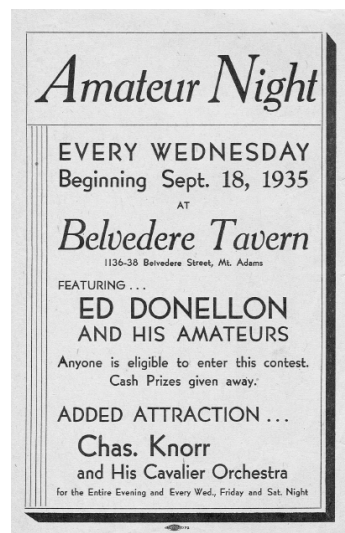
When Prohibition was repealed in 1933, the Belvedere Tavern celebrated its grand opening in the former movie house on March 23, 1934 and featured light lunches, beer and entertainment every night. George and Leo Moeller ran the establishment for a couple of years and initiated the very popular Wednesday evening amateur night featuring mostly Mount Adams talent. Ed Donellon was in charge of the Wednesday festivities. First prize was \$3.00, second \$2.00 and third \$1.00 and amateurs performed to the music of a three-piece house band. The Tavern also sponsored sports teams in local men's leagues.



The Belvedere Theater can be seen in the background of this photo taken at the rear of 953 Hatch Street in the early 1940s. The woman in the photo is Mrs. Hueneman, mother of long time Mount Adams resident Kathleen Hueneman. The young man is Kath's brother. Photo Kath Hueneman.

In 1936, Bill "Specs" Crowley purchased the Moeller's liquor license and in 1937 moved the Belvedere Tavern to the northeast corner of Belvedere and Pavilion Streets. He held a contest to name the new location. The winning entry was The Highland House Café and the lucky winner received a case of Burger Beer. The Highland House is in business today but it's commonly known as Crowley's.

Kathleen Hueneman had this childhood memory of the Belvedere Tavern: "In the summer, my family would sit in our back yard, just across the street from the entrance to the Tavern, and listen to the talent. Since most of the amateurs were local, we didn't need to see who was performing. If we didn't know for sure, I would climb over our back fence, run across the street and peer through the double screen doors of the Tavern. One of the regular winners was Mrs. Estelle Doherty Glacken of Paradome Street. She won first prize twelve times."



Left: A poster promoting amateur night at the Belvedere Tavern. Provided by Dave Gilb.



Opening night at the Belvedere Tavern in 1934. Photo Dave Gilb.

The Belvedere Tavern remained empty until 1938 when it reopened again as the Belvedere Theater. Many Hill residents of that time have fond childhood memories of the theater they nicknamed "The Flop."

Sister Cookie Crowley shared this memory: "I went to the flop as a kid. It cost 20 cents. You could get your brothers to pay you off if you threatened to tell mom that they were necking. There was necking in the back all the time because there was no balcony. The little kids went to the flop on Sunday afternoon."

Mary Hirtzel remembered: "I was put out of the Belvedere Theater a couple of times for being rowdy. Mrs. Blackwell would put the lights on and turn off the movie and come down the aisle and put the rowdy kids out. When you turned 12, you had to pay 20 cents to get in and not 10. Everyone tried to cheat to keep paying the lower amount. Mrs. Blackwell would always ask your name. They sold candy from a machine. I liked milk duds."

Shirley Lynch told this story: "I wore my Girl Scout uniform and put my hair in pigtails to get in for the under 12-year-old price for as long as I could. It was really funny when Mr. Johnson won a live turkey at the Thanksgiving drawing at the Belvedere and then tried to get it home. He literally had his hands full."

When the Belvedere Theater closed for the second time, it was used as a storage space for sets from WLW-TV. It was rented to the Mount Adams Church of Christ sometime in the mid 1960s. The church had previously occupied space at 344 Kilgore Street on the southern side of the Hill. Kenneth Wisenbaugh was the minister. Eddie Gilb remembered this about the church: "It was a Holy Roller church and we Catholic kids were forbidden to go near it by our mothers."

In 1973 the Mount Adams Cinema moved in and replaced the church. It focused on notable foreign and American cult films such as Harold and Maude, Amarcord, King of Hearts, The Red Balloon, and the Rocky Horror Picture Show among others. The following story reflects the theater's quirkiness: "An interested customer called for show times and was

asked when he could get there. The show was held for his party and they were the only people in the place." The Cinema lasted until 1979, a victim of lack of interest and inadequate parking.

The current chapter of the Belvedere Theater story began in 1990s when it was converted to two condominiums. The building is still occupied and the sloped floor remains in place in the street level garage. I like it.



The Belvedere Condominiums 2019. Photo Jim Steiner

The book I'm working on – working title "A History of Mount Adams" - is progressing. I've finished the writing, which for me is the hardest part. But there is still a lot of work to do. Matching images with copy, writing captions, creating an appendix, table of contents, preface and bibliography are still on the to do list. Once everything is ready, it goes to the book designer. When she's finished turning the raw material into a completed product the printing will go out for bid. I'm hoping to be finished in time for Christmas 2020. My financial consultant constantly reminds me hope is not a strategy. Merry Christmas and Happy New Year.

Out Out Darn Spot!

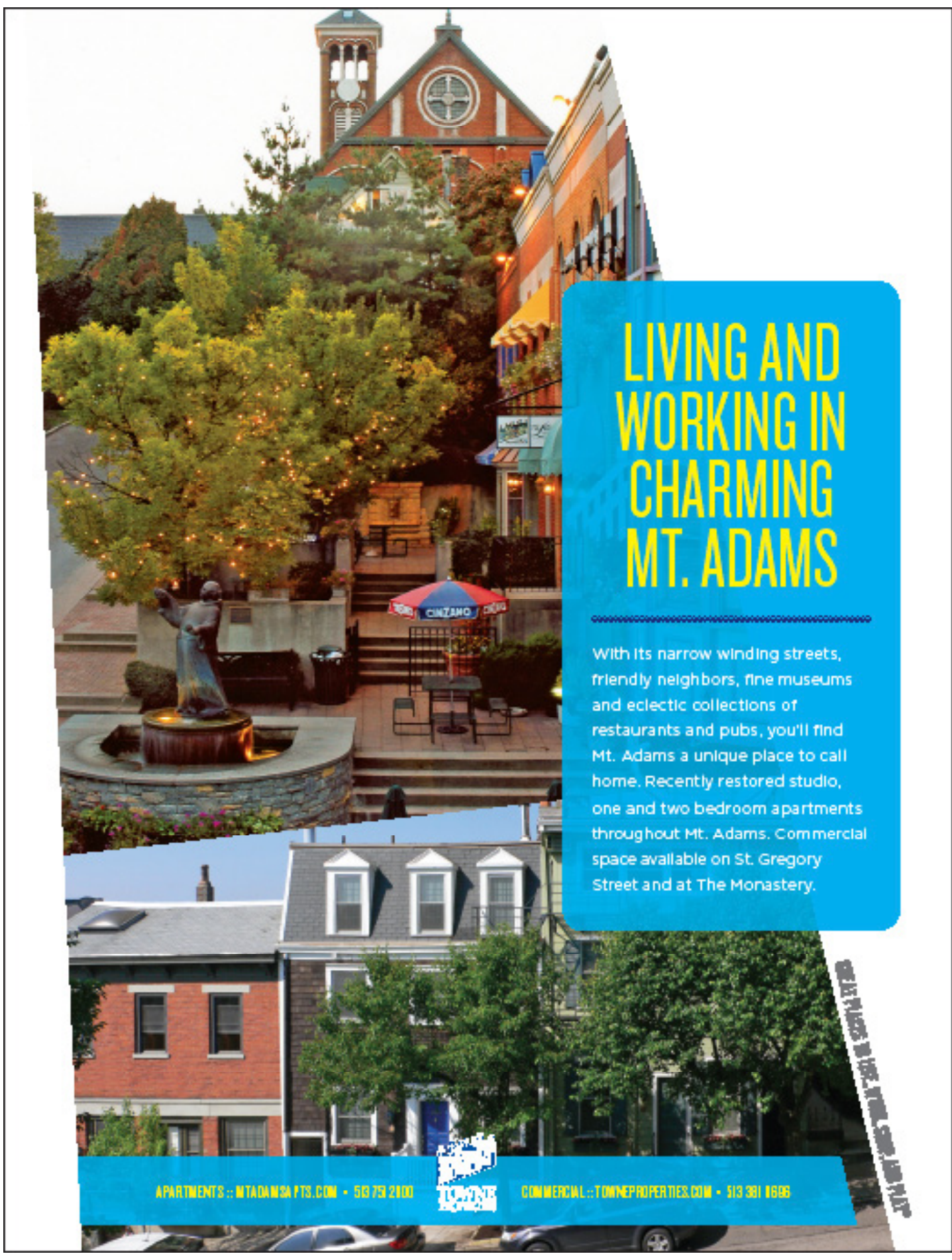
Hot chocolate season is here. A chocolate stain on a white T shirt... dab on amonia and wash as usual. On non-whites, try soaking the chocolate stained material in club soda, then wash as usual.

For rust on white clothes, sprinkle with HOT lemon juice and pat it in. Then rinse with warm water. Or you can use lemon juice and salt and put it in the sunshine. Do NOT use clorine bleach on rust as it can make the stain worse.

To remove blood stains, soak the garment in cold water. Change the water when it turns pink. Make a thick paste of meat tenfderizer and cold water. Use a damp sponge to apply and leave for 20-30 minutes. When paste is dry, rinse with cold water.



Halloween Fun
on the Hill



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LIBRARY NEWS

(This is a reprint of a digital newsletter)

The Great Pretender

Place your hold on the print, eBook, or eAudiobook version of *The Great Pretender* by Susannah Cahalan.

The Andromeda Evolution

Place your hold on the print, eBook, or eAudiobook version of *The Andromeda Evolution* by Daniel Wilson.

NEW ADDITIONS TO THE COLLECTION

ADULT FICTION & NON-FICTION

The Blue Zones Kitchen: 100 Recipes to Live to 100

by Dan Buettner

Based on decades of research, longevity expert and bestselling author Dan Buettner (*The Blue Zones Solution*, 2015) has gathered 100 recipes in his debut cookbook inspired by the Blue Zones, the healthiest and happiest communities in the world. Each dish uses ingredients and cooking methods proven to increase longevity, wellness, and mental health, such as Costa Rican Hearts of Palm Ceviche, Okinawan Sweet Potatoes, Sardinian Herbed Lentil Minestrone, and Cornmeal Waffles from Loma Linda, California.

To request this item:

<http://www.cincinnatilibrary.org/spotlight/feature.aspx?id=23321>

Clutter Remedy: A Guide to Getting Organized for Those Who Love Their Stuff by Marla Stone

There are many ways to create neat and tidy spaces, but professional organizer Marla Stone says these approaches tend to fail over time because they suggest that we dispose of our stuff, and most of us love our stuff! Marla's approach, based on her work as a former psychotherapist, goes beyond tidying up to offer the Clutter Remedy strategy that will create spaces you love and keep you perpetually organized. By getting to know yourself and your values, you will learn step by step (and room by room) how to create your ideal lifestyle and then organize your space to support it.

To request this item:

<http://www.cincinnatilibrary.org/spotlight/feature.aspx?id=23322>

Invitation Only Murder: A Lucy Stone Mystery by Leslie Meier

Reporter Lucy Stone doesn't know what to expect as she arrives on a private Maine island owned by eccentric billionaire Scott Newman. An avid environmentalist, Scott has stripped the isolated property of modern conveniences in favor of an extreme eco-friendly lifestyle. It turns out the other residents aren't exactly enthusiastic about living without cell service and electricity. Before Lucy can get the full scoop on Scott, she finds one of his daughters dead at the bottom of a cliff. The young woman's tragic end gets pinned as an accident, but a sinister plot unfolds when there's a sudden disappearance...A fun cozy from the author of *Silver Anniversary Murder* (2018).

To request this item:

<http://www.cincinnatilibrary.org/spotlight/feature.aspx?id=23362>

Twenty-One Truths About Love by Matthew Dicks

Daniel Mayrock's life is at a crossroads. He loves his wife, Jill, more than anything but is afraid to tell her that his bookshop is failing and that they are quickly running out of money. He also feels like he's constantly living in the shadow of his wife's deceased first husband. Dan is also an obsessive list maker; his story unfolds entirely in his lists, which are brimming with Dan's hilarious sense of humor, unique world-view, and deeply personal thoughts. A wonderful new novel from the author of *The Perfect Comeback* of Caroline Jacobs (2015).

To request this item:

<http://www.cincinnatilibrary.org/spotlight/feature.aspx?id=23360>

Woman on the Edge by Samantha M. Bailey

In a split second, Morgan Kincaid's life changes forever. She's on her way home from work when a mother begs her to take her baby, then places the infant in her arms. Before Morgan can stop her, the distraught mother jumps in front of an oncoming train. The police take Morgan in for questioning. She soon learns that the woman who jumped was Nicole Markham, prominent CEO of the athletic brand Breathe. She also learns that, with no witnesses to corroborate her version of events, she's the prime murder suspect. Was Nicole a new mother struggling with paranoia or was she in danger? When strange things start happening to Morgan, she suddenly realizes she might be in danger too. A breathless debut thriller.

To request this item:

<http://www.cincinnatilibrary.org/spotlight/feature.aspx?id=23361>

BOOKS FOR CHILDREN

Greta and the Giants: Inspired by Greta Thunberg's Stand to Save the World by Zoe Tucker

Greta is a little girl who lives in a beautiful forest threatened by Giants. When the Giants first came to the forest, they chopped down trees to make houses. Then they chopped down more trees and made even bigger homes. The houses grew into towns and the towns grew into cities, until now there is hardly any forest left. Greta knows she has to help the animals who live in the forest, but how? Luckily, Greta has an idea...Ages 4 to 7.

To request this item:

<http://www.cincinnatilibrary.org/spotlight/feature.aspx?id=23359>

Little Legends: Exceptional Black Men in History by Vashti Harrison

Among these biographies, readers will find aviators and artists, politicians and pop stars, athletes and activists. The exceptional men featured include artist Aaron Douglas, civil rights leader John Lewis, dancer Alvin Ailey, filmmaker Oscar Micheaux, musician Prince, photographer Gordon Parks, tennis champion Arthur Ashe, and writer James Baldwin. The legends in this book span centuries and continents, but what they have in common is that each one has blazed a trail for generations to come. Ages 8 to 12.

To request this item:

<http://www.cincinnatilibrary.org/spotlight/feature.aspx?id=23357>

World Cup Women: Megan, Alex, and the Team USA Soccer Champs by Meg Walters

In July 2019, a record number of people all around the world tuned in to watch the Women's World Cup, which took place in France. Fifty-two games, twenty-four teams, four weeks . . . one winner. This is the illustrated story of 23 soccer players who worked together to become World Cup champions and heroes to millions of men, women, boys, and girls across America and around the world. Ages 4 to 8.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23358>

MUSIC

I Shouldn't Be Telling You This

by Jeff Goldblum & the Mildred Snitzer Orchestra

The Hollywood legend, the coolest man on the planet and purveyor of fine jazz, releases his second album on Decca Records. And this time he's bringing his friends. Jeff has assembled an extraordinary gang of vocalists from all walks of musical life, some of whom are revealing their jazz voices for the very first time. The feel-good jazz album of the year, featuring singers Sharon Van Etten, Fiona Apple, Inara George, and Anna Calvi.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23280>

Imperfect Circle by Hootie and the Blowfish

After fourteen years, Hootie & The Blowfish are back with brand new music. Along with the single Rollin, their album includes songwriting collaborations with Eric Paslay, Ed Sheeran, and Chris Stapleton.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23282>

Now That's What I Call Music 72 by Various Artists

Music's most popular compilation series is back with another collection featuring the hottest hits in pop, rock, country, rap, and beyond. Some of the songs included are "Senorita" by Shawn Mendes and Camila Cabello, "Panini" by Lil Nas X, "Suge" by DaBaby, and more.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23279>

Once upon a mind by James Blunt

James Blunt returns to writing classic songs that touch both the heart and the head in a freshness that resonates throughout the eleven-song collection.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23278>

Take the Stairs by Black Violin

The classical-meets-hip-hop duo of Kev Marcus and Wil Baptiste has been merging string arrangements with modern beats and vocals. They're gearing up to release a new album.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23281>

What you see is what you get by Luke Combs

The second album from Luke Combs features a total of seventeen tracks, including all five from The Prequel EP. It also has the new song "1, 2 Many", a collaboration with Brooks & Dunn.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23283>

NONFEATURE FILMS

Brian Banks by Aldis Hodge

The inspirational true story of an All-American high school football star committed to USC who finds his life upended when he is convicted of a crime he didn't commit. Despite a lack of evidence, Banks is railroaded through a broken justice system and sentenced to a decade of prison and probation. Years later, with the support of Justin Brooks and the

California Innocence Project, Banks fights to reclaim his life and fulfill his dreams of playing in the NFL.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23290>

Catch-22 by Christopher Abbott, Kyle Chandler

Based on the acclaimed Joseph Heller novel, Catch-22 follows the adventures and misadventures of a US air squadron in Italy in World War II.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23288>

Cold War by Joanna Kulig, Tomasz Kot

A sweeping, delirious romance begins in the Polish countryside, where Wiktor, a musician on a state-sponsored mission to collect folk songs, discovers a captivating young singer named Zula. Over the next fifteen years, their turbulent relationship will play out in stolen moments between two worlds: the jazz clubs of decadent, bohemian Paris, to which he defects, and the corrupt, repressive Communist Bloc, where she remains, universes bridged by their passion for music and for each other.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23291>

Knife Skills by Thomas Lennon

Based in Cleveland's Edwins restaurant, known for its classical French cuisine, viewers will follow the lives of previously incarcerated individuals through a program created to rehabilitate them in the restaurant industry.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23315>

Star Trek: Discovery Season 2

by Sonequa Martin-Green, Doug Jones, Anthony Rapp

After answering a distress signal from the USS Enterprise, the USS Discovery welcomes aboard Captain Christopher Pike and begins a new mission to investigate the meaning behind seven mysterious red signals. Michael Burnham grapples with her past growing up on Vulcan with her foster parents and brother Spock.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23289>

Tel Aviv on Fire by Kais Nashif, Lubna Azabal

Salam is an amateurish young Palestinian man who becomes a writer on a popular soap opera after a fortuitous meeting with an Israeli soldier. His artistic career is on the rise until the soldier and the show's financial sponsors disagree about how the show should end, and Salam gets caught in the middle.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23292>

AUDIOBOOKS

Africaville by Jeffrey Colvin

A ferociously talented writer makes his stunning debut with this richly woven tapestry, set in a small Nova Scotia town settled by former slaves, that depicts several generations of one family bound together and torn apart by blood, faith, time, and fate.

To request this item:
<http://www.cincinnati.ohio.gov/spotlight/feature.aspx?id=23363>

Nothing More Dangerous by Allen Eskens

In a small Southern town where loyalty to family and to “your people” carries the weight of a sacred oath, defying those unspoken rules can be a deadly proposition

To request this item:

<http://www.cincinnati library.org/spotlight/feature.aspx?id=23364>

Under Occupation

by Alan Furst

From “America’s preeminent spy novelist” (The New York Times) comes a fast-paced, mesmerizing thriller of the French resistance fighters working secretly and bravely to defeat Hitler.

To request this item:

<http://www.cincinnati library.org/spotlight/feature.aspx?id=23365>

NEW STUFF FOR TEENS

All-American Muslim Girl by Nadine Jolie Courtney

In Courtney’s (Romancing the Throne, 2017) timely story, a high school sophomore is caught between two worlds as she battles Islamophobia, privilege, and questions of faith. Allie Abraham seems to have it all: she’s a straight-A student, has plenty of friends, a close-knit family, and she’s dating cute Wells Henderson. For safety and convenience she’s managed to keep her Muslim heritage a secret from everyone including Wells whose father is a nationally known Islamophobic bigot. But after witnessing acts of prejudice in her small town, Allie feels compelled to embrace her faith and explore what it means to be a Muslim

To request this item:

<http://www.cincinnati library.org/spotlight/feature.aspx?id=23330>

Gravity by Sarah Deming

Deming’s (Iris, Messenger 2007) own background as a boxer, coach, and sports journalist comes through in her gritty and uplifting story about a half-Dominican, half-Jewish girl, Gravity Delgado who began boxing to escape her drunk and abusive mother. Since she started training with a legendary coach, Gravity has won a pair of Golden Gloves and at 16, she’s good enough to have a shot at the 2016 Summer Olympics. But her home life is reaching a tipping point and the neglect she and her younger brother suffer at the hands of their alcoholic mother threaten Gravity’s Olympic dreams.

To request this item:

<http://www.cincinnati library.org/spotlight/feature.aspx?id=23329>

When the Stars Lead to You by Ronni Davis

Davis’ debut is a passionate romance that traces the stormy relationship between two teens who fall in love, are torn apart by prejudice and mental illness, then find each other again. One magical summer Devon and Ashton met and fell in love, but their romance ended abruptly when he left without even saying goodbye. Devastated, Devon returned to school and slowly tried to put the pieces of her heart back together. When Ashton appears on the first day of her senior year, Devon falls for him again even after she learns the reason behind his sudden disappearance. But are the two doomed to repeat history?

To request this item:

<http://www.cincinnati library.org/spotlight/feature.aspx?id=23328>

For a complete list of upcoming events and classes please Google The Cincinnati Public Library

Locate information on a wide range of subjects from magazines, newspapers, encyclopedias, and books.

<http://www.cincinnati library.org/resources/research.asp>

Complete schedule of hours and holiday closures.

<http://www.cincinnati library.org/info/hours.asp>

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<http://www.cincinnati library.org/support/>

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<http://www.cincinnati library.org/newsletters/MABAM>



Above: Judi Cettel and Gail Seifert at the Mt Adams Cleanup. Below: Cleanup volunteers are greeted at Bow Tie.





***The Ladies of MABA prepare to stuff sand bags for Lun-
inaria scheduled for Dec. 22nd 2019. Be sure to order
your kits. See p. 5 for details.***

MABA ... Ready for Winter... Planning for Garden Stroll

by Sue Zimmerman

MABA had a very busy fall. The watering of the pots and bridge was challenging with long hot dry spells. Thanks to Charlotte Hahn who manages the sign-up procedures. Of course, we are blessed with a dedicated crew of volunteers who sign up and water. The pots and the Bridge boxes were cleaned out on Fall Clean Up day.

At our August meeting Jennifer Spieser from the Parks Board Foundation explained the Neighborhood Parks Campaign for this year focusing on Burnet Woods, Mt. Airy, Mt. Storm, Hyde Park Square, Inwood, Laurel, Fairview and Bellevue parks. She also explained fundraising lead gifts, dedicated projects, and impacts. There is already an Eden Park Fund. If MABA wishes to donate, a sub-fund could be set up and the Park Board would match our donations. MABA is interested in working with the park to improve entrance gardens to the park. At the September meeting MABA committed to make a \$5,000 donation toward the gardens in Eden Park. Gail Seifert outlined the steps we will need to take to request that the Parks Foundation match our donation. MABA can make input into what area of the park is improved. Gail will liaise with the Park Board and Evi McCord, Caroline Meier, and Carolyn Moore volunteered to be involved.

Fall Clean Up had 50 volunteers turn up at Bow Tie on October 19. The Hill looked great after several hours of intensive cleaning. Chapter provided lunch for all the volunteers. The traditional contest on who found the most unusual item this year produced a drone (Peter Jurs), a DVD case to a XXX rated movie (Andy Jurs), a half bottle of Tequila (Judi Cettel and Mary Moran), crutches for a very tall person (Chuck Curran) and more. Thanks to all who participated and to Marilyn Ormsbee and Charlotte Hahn for organizing the event.

Mark your calendars for Luminary Night on December 22nd. Lisa Massa is running the event, and the kits were made at Charlotte Hahn's ga-

rage on October 21. Close to twenty people showed up and made fast work of getting all the kits made. There will be street captains who will drop off an order form for the kits, and they will deliver the kits to your place. Complete the order form and return to street captain. Additional kits may be purchased at Bow Tie Café from Dec. 14 – 22nd. On Dec. 22nd light your luminaries at 5:30 and join us for caroling and the arrival of Santa at 6 pm at Mt. Adams Piazza. Later tour the Hill with it all aglow. MABA will again put greenery on the Ida Street Bridge and in the pots. Thanks to Tina Russo who will provide the greenery and Mary Moran who will get the bows.

The Mt. Adams Sunset Garden Stroll is scheduled for Tuesday, June 16, 2020. Maragret Mock and Sue Zimmerman are the co-chairs. The committees have been formed and residents have volunteered their gardens. It takes many hands and lots of planning to get this event together. The plan is to have 8 gardens, some points of interest and a boutique along the piazza. The plan is to have music, beverages, and lite bites in every garden. Save the date!

The Garden Stroll's organizational team includes Terri Abare, Judi Cettel, Charlotte Hahn, Maryellen Horrigan, Mary Margaret Kindel, Lisa Massa, Caroline Meier, Mary Moran, Tina Russo, Gail Seifert, Suki Skidmore, Maureen Webb, Debbie Weinstein, and Dave Zimmerman. As you can see this is a massive endeavor with a large team which will include even more by June 16.



***Left: Gail Seifert,
Jenny Fennerding, and
Peggy Loftus clean up
the Ida Street Bridge
boxes for the winter.***



***Below, Lisa Massa and
Charlotte Hahn gather-
ing clean up bags***



Holy Cross – Immaculata Update

By: Elaine Fuell

Remembering and Honoring

On Sunday, November 3, HCI held its annual Memorial Mass for all the deceased members of our parish from the past year. The parish welcomed their families to pray and celebrate their loved ones in fellowship.

On Sunday, November 10 HCI celebrated its 48th annual Armed Forces Sabbath Mass. The Armed Forces Sabbath is an opportunity to pray for and honor all military members, active duty, reserve, or retired, located here or abroad, and thank them for their service to our country. Attendees approaching the church saw the flags of most of the participating organizations flying along Guido Street, and the service began with an entrance procession of uniformed military members accompanied by a bagpiper and drummer. This moving annual event was co-sponsored by the Greater Cincinnati Navy League of the United States, the Reserve Officers Association, and the Reserve Officers Association League.

Join the Hilltoppers!

The Hilltoppers, HCI's 55 and older group, meets monthly. In November the Hilltoppers met for Communion service and their annual Thanksgiving lunch and will meet again in December. There will be no meetings in January and February, but they will resume meeting in March. If you are a senior in Mt. Adams, we invite you to join the Holy Cross – Immaculata Hilltoppers. Everyone is welcome! For more information please contact Ann Carroll at awcarroll@zoomtown.com and please let her know if you need transportation. Please check the parish bulletin at the HCI website www.hciparish.org for updates on events.

Immaculata Chamber Music Series

We are pleased that the Immaculata Chamber Music Series continues to delight audiences. We are asking parishioners and Mt. Adams residents to support these wonderful CCM artists. Come up to the Hill on Sunday afternoon and enjoy dinner at one of the local establishments that support our parish and enjoy an outstanding concert. There will be no charge for the concerts, but a free-will offering may be taken to benefit the musicians.

Concerts are currently scheduled for January 26, March 8, and May 3, 2020. All concerts will begin at 4:00 p.m. More info is available on their Facebook page: <https://www.facebook.com/pg/ImmaculataCMS/events/>

Advent and Christmas

Advent begins on Sunday, December 1. Sunday, December 8 is the Feast of the Immaculate Conception, which is also our Parish Feast Day. Please join us for Mass. The anniversary of our church is December 9 and this year our church will be 160 years old!

As in past years, HCI will sponsor a Giving Tree to benefit Tender Mercies, Old St. Mary's Pregnancy Center, and Hope Emergency. Needs are great, and this year we hope to provide gifts to nearly 400 people. Please consider visiting the Giving Tree in our church and providing a gift or donation to someone in need. The giving tree went up the day after Thanksgiving and gifts/donations need to be delivered by about December 8 so Santa's elves can deliver them by Christmas.

We also continue to collect food and personal items for St. Leo's, and will continue to do so. Please drop off items anytime.

HCI Choir Concert : Festival of Lessons and Carols

Experience the seven joys of Mary's witness, to God's redeeming love, through scripture, song and prayer. Come, join the choir of Holy Cross Immaculata Parish for this unique Festive of Lessons and Carols on Sunday, December 15 at 2:30 p.m..

The Christmas Mass schedule is: December 24 - Christmas Eve Mass at 4:00 p.m. and 10:30 p.m. (beginning with carols at 10:00 p.m.) and Christmas Day Mass at 10:30 a.m. Please note there will not be an 8:00 a.m. Mass on Christmas Day.

All are welcome to join us for Mass at HCI every weekend! We offer a Saturday Mass at 4:00 p.m. and Sunday Mass at 8:00 a.m. and 10:30 a.m. We hope to see you there!

Looking Ahead to 2020

In 2020, we plan to continue our new tradition of Hospitality Sunday, where we celebrate birthdays and anniversaries each month with a special gathering after one of the Sunday Masses. Please watch for the date and each month in the Church Bulletin.

Ash Wednesday is February 26, 2020. We will continue our traditional Soup Suppers on Tuesdays during Lent at 6 p.m.). We again will welcome our Good Friday pilgrims on April 10 in preparation for Easter Sunday on April 12. Please watch for more details about Lent and Easter at HCI in the March 2020 issue of the Mt. Adams Grapevine.

Until then, we wish the entire Mt. Adams community a joyous end to 2019 and much happiness and peace in 2020!

For more information about Holy Cross – Immaculata Parish and any of its activities, please visit the website at: www.hciparish.org, call the parish office at: 513-721-6544, or find us on Facebook at <https://www.facebook.com/HCIParish> or Twitter at <https://twitter.com/HCIchurch>.

More Snow Removal...

A shovel is fine for sidewalks and driveways. For stairs, a finer touch is needed. Get a rubber floor squeegee. Or use a regular squeegee and attach it to a long handle. This is kinder to stair material. The squeegee is also preferred on our decks as it is less likely to damage the material.

To make your shoveling easier, coat the shovel with car wax before you use it. No wax? Then spray the shovel with cooking spray. The snow will slide right off.

If you have a stuck window that you want to add insulation, try a pizza cutter. Just run it along the gap where old paint has built up and cut away



Calendar of Events at Mt Adams Pilgrim Chapel

'A Beacon on the Hill Christian Community'
1222 Ida Street Cincinnati, OH 45202

Sunday Worship at Pilgrim Chapel 10:30 AM / 11:30 AM Coffee Hour

Sunday, December 1 First Sunday in Advent / Communion Sunday /
Trim the Tree & Luncheon
Matthew 24:36-44 'Called to Gift' Special Christmas Music as we Trim
the Tree

Sunday, December 8 Second Sunday in Advent Friendly Beasts Pro-
gram
Matthew 3:1-12 'Vision of Peace'

Sunday, December 15 Third Sunday in Advent Music Program 'The
Glory of Christmas'
Matthew 11:2-11 'Heartbeat of Justice'

Sunday, December 22 Fourth Sunday in Advent
Matthew 1:18-25 'God with Us' Stacey Woolley, violin (Cincinnati Sym-
phony Orchestra)

Sunday, December 24 Christmas Eve Service 'A Service of Lessons &
Carols'
Luke 2:1-14 'A Child Is Born' Special Music: Organ, Piano, Violin & Song

Sunday, December 29 First Sunday After - Christmas Carol Sing
Matthew 2:13-23 'Cosmic Praise'

2020: Celebrating 400 Years of The Pilgrim Journey
Winter Special Music: A Season of Music for Piano & Organ

Sunday, January 5 Epiphany & Communion Sunday
Matthew 2:1-12 'Even Kings Visited the Holy Family & Immanuel'

Sunday, January 12 Baptism of Our Lord Sunday
Matthew 3:13-17 'Rising from the Waters: Listen to God's Son'

Sunday, January 19 Martin Luther King Celebration / Hymn Sing
John 1:29-42 'God's Prophetic Voice Still Speaks'

Sunday, January 26 Celebration of Christian Unity
Matthew 4: 12-23 'A Vision for the Church United'

Sunday, February 2 Communion Sunday
Matthew 5:1-12 'One in Christ'

Sunday, February 9 Worship followed by Luncheon & Congregation's
Annual Meeting

Matthew 5:13-20 'Let's Celebrate the Child Within'

Sunday, February 16 One Nation Under God & President's Day Week-
end / Hymn Sing
Matthew 5:21-37 'Where Lincoln Led'

Sunday, February 23 Transfiguration of Our Lord
Matthew 6:1-6, 16-21 'As White As Snow'

Other Events and Services:

2/2 Adventures in Cabaret at The Irish Heritage Center – 7 PM
2/21 Jacob Lemons, saxophone in Recital- 5:30 PM
2/25 Shrove Tuesday Pancake and Sausage

A CHRISTMAS CAROL COMES TO LIFE NOV. 27 - DEC. 29

(CINCINNATI) — The Cincinnati Playhouse in the Park's joyous,
time-honored celebration of the true meaning of the holidays returns
for its 29th season as First Financial Bank presents Charles Dickens' A
CHRISTMAS CAROL. The beloved, iconic story will be performed Nov.
27 through Dec. 29 in the Playhouse's Robert S. Marx Theatre. (Open-
ing night is Nov. 29.)

"Thousands of families return each year to the Playhouse to make A
CHRISTMAS CAROL a part of their holiday traditions," explains Blake
Robison, artistic director. "The enduring message of A CHRISTMAS
CAROL helps to make it one of the Playhouse's most popular produc-
tions each season and a perfect way to introduce children to the joys of
live theatre."

All show times for A CHRISTMAS CAROL are at 2 p.m. for matinees and
7 p.m. for evening performances to accommodate families with children.
Please note the earlier curtain time. There will be no performances on
Thanksgiving Day, Christmas Eve, Christmas Day and selected week-
nights in early December.

TICKETS

Prices for A CHRISTMAS CAROL start at \$35 for the Nov. 27 preview
performance and at \$40 for all other performances depending on seat lo-
cation. Tickets for children and teens are \$50, \$45 or \$30 depending on
seat location. Prices are subject to change. Student tickets are just \$15
on the day of the show. In addition to calling the Box Office at 513-421-
3888, tickets can also be purchased by visiting the Playhouse website at
www.cincyplay.com.

A CHRISTMAS CAROL is suitable for all general audiences, including
children ages 5 and older. Due to the full-length nature of the show,
children younger than 5 cannot be admitted.

A CHRISTMAS CAROL will be audio described for those with visual
impairments at 2 p.m. on Saturday, Dec. 7, and signed for persons with
hearing impairments at 2 p.m. on Sunday, Dec. 8. There is a senso-
ry-friendly performance on Tuesday, Dec. 3, at 10 a.m. The Playhouse is
fully accessible. Audio enhancement receivers, large print programs and
complete wheelchair access are available.



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TUESDAY - SUNDAY, 4PM - 8PM

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Kingston Trio: (With Mt Adams Connections)

by Kurt Meier

The Kingston Trio was a folk group founded in 1957 in the San Francisco area by three friends who basically taught themselves to play the six-string guitar, banjo and bongos. Bob Shane and Dave Guard went to the same schools in Hawaii. Bob self-learned the fretboard of the six- and twelve-string guitars and then showed the ropes to Dave Guard. Nick Reynolds was the son of a Navy Captain and was raised in a tiny bungalow on Coronado Island, a veritable stone's throw from the Pacific Ocean. This trio hooked up in San Fran/Palo Alto scene in 1957 and started singing together. They were lucky enough to meet Voyle Gilmore, a producer who spent hours in a San Fran coastal warehouse with the threesome and polished their act. As yet, there is not a fourth musician involved with this group.

Gilmore knew a young Texan who was a walking musicologist, playing the guitar, string bass and percussion of all sorts, including home-made concoctions. He joined the Kingston Trio as a bassist, but earlier in his solo career, was a jazz writer and player. And he had this dry, edgy sort of humor that slotted perfectly with the KT guys. His name was David Wheat, but the Trio always referred to him as 'Buck.' He was so important to the music of the Kingston Trio that he was commonly referred to as the 'fourth member of the Kingston Trio.'

Well, the Trio set the music world on fire from 1957 through 1961, selling albums that blew the doors off of industry sales with numbers that

still exist today. Throughout this time, Buck Wheat was integral in the recorded quality of KT music, so much that it influenced young musicians such as Bob Dylan ('I loved the Kingston Trio stuff'), Al Jardine (he and Brian Wilson reorchestrated 'Sloop John B' introduced to with world by the KT), Jimmy Buffett (king of the patter/chatter between songs as invented by the KT), David Crosby and Lindsey Buckingham.

The Kingston Trio has played Cincinnati on many occasions at venues such as Music Hall, XU, Fountain Square and many others. There was always a guy from Mount Adams at these concerts during the early KT years to hear his cousin play with the Trio. That's right: Lee Rasmussen's cousin was David 'Buck' Wheat who passed away in 1985. Lee has lived in MA for eons and tells me that he can't play a kazoo. But he is sure proud of his cousin, Buck. And rightly so.

Festival of Lessons and Carols:
Experience the seven joys of Mary's witness, to
God's redeeming love, through scripture, song
and prayer. Come, join the choir of Holy Cross
Immaculata Parish for this unique Festive of
Lessons and Carols on Sunday, December 15
at 2:30 p.m.

MACA Minutes November 5, 2019

by Sue Zimmerman

The meeting was called to order by President Frank Obermeyer at 7pm in Immaculata's Community Room. Officers in attendance: Frank Obermeyer and secretary, Sue Zimmerman. Directors in attendance: Judi Cettel, Jenny Ferneding, Russ Ferneding, and Dan Weinstein.

Police Report: Sgt. Hank Ward introduced Michelle Bockensette our new neighborhood liaison officer. The only theft on the hill was from the construction site near the museum where tools were stolen. Theft from auto happened last Wednesday which totaled 7 cars. Plans are being made for a bait car. Remember if you see anything unusual, call 911. The streets that were hit were Celestial, Hatch, Monastery, Ida, Paradome, and Riverview. Also, if you have outdoor cameras please register them. Go to cincinnati-oh.gov/police and click on the Online Camera Registrations link. Also, remember to use fixitcincy.com if you see any damage or areas needing attention.

Cincinnati Recreation Commission: Vanessa Henderson sent the following report. Trunk or Treat was successful. Thanks to all who donated their time and candy. Bush Recreation Center will be closed on Veteran's Day November 11th. We are now collecting canned goods for the holiday November 1-21. CRC is currently hiring Recreation Leaders and Municipal Workers. Please complete an application on neo.gov.

Director Election: The election committee has presented Nic Covey to be a director. The membership voted to approve Nic as a Director.

Approval of Minutes: Janet Steiner moved to approve the minutes and Jim Horrigan seconded.

President's Report: Last meeting we had a good update on Adam's Edge and information on The View and that Monday night it is open for dinner, but make reservations 841-9999. The Halloween celebration on the Hill went very well at Bow Tie.

Next meeting Neil Bortz will be speaking about the Hill and the future.

Beaujolais Nouveau will be November 21st. Meet at the Bar and Grill to march down to Bow Tie where Jean Robert will open the first bottle. Also a neighbor will be added to the plaque for making a difference to the Hill.

Treasurer's Report: Tom Abare sent a report. We have received \$6,085 from NSP and sent \$800 to MABA for plantings. We received \$1,075 in Grapevine ad revenue. Cash on hand \$32,856.

Committee Reports:

Planning and Development: Steve Vogel reported that Gramme Daly responded to last meeting's concern about the traffic due to the construction problems and signage has been added when Elsinore is blocked. Also the good news is that the heavy crane work should be done in the next 10 days. The height of the structure will be 4 inches higher than originally thought due to adding a mansard roof line which

was one of our requests to make the building to have more of a personality. 1237 Ida is a work in progress which took a long time, but the building is being taken down with great care. The eyesore on Parkside was brought up which needs people to call and complain about the situation. Remember the squeaky wheel gets the oil. It may take time, but it does work.

MABA: Barb Timmins – Clean Up went very well and thanks to all who worked. MABA is in the process of making a donation to the Parks Foundation with the aim to improve entry gardens. The Garden Stroll is June 16, 2020. Nov. 12 meeting is in the Crown Room in Highland Towers at 6:30.

Clean, Safe, and Attractive: Jenny Ferneding – A committee has been working on ways to clean up the hill and to have people follow the code of property maintenance. They have created a letter to notify people who need to clean up a problem. An example may be a letter requesting people to take trash cans in rather than leave them on the side walk. If you see an eyesore, report it to Clean, Safe, and Attractive.

Membership: Jim Horrigan – Two new lifetime memberships have come in. Annual memberships need to be renewed.

Community Life: Margaret Mock reported on Art Club's Opening this weekend (Nov.8-10) Friday night 6-9 pm and Saturday and Sunday 12 – 4 pm. Also she invited the community to "The Art of Giving" a benefit for Cincinnati Art Club Gala Event on Jan.15, 2020 5-8pm. For your \$100 donation or more join the gala at the Cincinnati Woman's Club, 330 Lafayette Ave. Cinti, 45220. BlackTie optional (no jeans). There is a matching grant offer which so your \$100 will be doubled. For more information contact Cincinnati Art Club.

Community Improvement Projects: Judi Cettel – A project is in the works.

Other Reports:

NSP: Julie Dietz - no report

Business Guild: Maryellen Horrigan – Reindog Parade is December 14th. Yesterday's will be re-opening. The new "Teak" which will be called 11/94 has been delayed to family incident. No news on Tavern, Longworth's. The old Empower building is now full with businesses (120 people).

Grapevine: We are in deadline. Winter issue will be out Dec. 1.

Walking Tours: Jim Steiner -Three tour days left Nov. 10,17, 1nd 24. This year tours are way ahead in revenue. All proceeds go to MACA.

MAYC: Annual meeting coming up.

Art Club...Fundraiser in progress... The Art of Giving.

Pilgrim Chapel: Dave Schwab thanked people who attended the Italian Dinner. The Book Club will meet Weds. Nov 20 at 7pm. The book is The 6th Extinction. Please join us. Stacy Woolly,a member of the Cincinnati Symphony, is our new art director. There will be a Blue Grass **MACA Nov. con't**

concert in the new year.

Immaculata: The 2nd floor of the Parish building has turned into Table Tennis Table venue and the competition has begun.

New Business: Art Works is looking for a canvas (meaning a blank wall for a mural) for next summer. Email ginnycorsini@hotmail.com if you know of a location for a mural on the Hill.

Meeting adjourned at 8pm

Happenings on the Hill

Pat Shepperd of the Mt Adams Bar and Grill continues to roll out efficient service for the Playhouse crowd guaranteeing you get to the theatre on time. However, my favorite offering here is the carryout menu. With my fried ravioli and bangers...or even a hamburger or something heartier, I can trot next door to the Blind Lemon. Walter will have the fire going in the fireplace, the lights turned low, and the music soft and mellow. I can toast my body, and rev up my mind with a fine drink, fun company, and a satisfied appetite all in one location. The best time of year.

Heather Turner has added larger dinner sized items to the Bow Tie menu in an effort to expand our temporary dearth of dinner time offerings. Quinoa Bowls, and dinner salads such as Cobb and Chef have been added. Bow Tie also offers a dinner size selection of paninis and wraps. Bow Tie continues to offer Lite Bites and Snacks to accompany their Fall Classic cocktails: Martinis, Manhattans, Gimlets, Old Fashioneds and the very welcome Irish Coffee.

Holy Cross Immaculata Holiday Concert

Festival of Lessons and Carols

Dec 15, 2:30pm

A ZINZINNATI HOLIDAY

November 9, 2019 – January 5, 2020

Open Daily

10 am – 5 pm

Special Holiday Hours

Thanksgiving Day, November 28 | 10 am – 2 pm

Extended Hours, December 13 – 23 | 10 am – 7:30 pm

Christmas Eve, December 24 | 10 am – 5 pm

Christmas Day, December 25 | 10 am – 2 pm

Extended Hours, December 26 – 30 | 10 am – 7:30 pm

General Admission:

Adults \$10.00

Youth (5-17) \$7.00

Children (4 and under) Free

MAYC Holiday Party at Hightail Wednesday 12.11.19

Join us at High Tail in Mt. Adams for the MAYC Annual Holiday Party 5:30pm-8pm.

Catered food with cash bar. Free entrance fee for members and guests. Bring your friends to join for 2020!

Members can choose to stay for Trivia Night at 8pm. Go Team MAYC!

REINDOG PARADE Dec 14th.

Parade starts at 2:00 pm

Please Join Us!

Christmas Season at Mt. Adams Pilgrim Chapel

Sundays • 10:30 AM

December 8th • Friendly Beasts Pageant

December 15th • Glory of Christmas Musical

December 22nd • Stacey Woolley, CSO Violin

Christmas Eve • 7:00 PM

Lessons & Carols Service

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 Ferneding, Jennifer & Russell
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 Frank, Brian
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 Friedmann, Eric
 Fronduti, Meghan & John
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Gaynor, Susan & Ver
 Gettler, Deliaa & Ben
 Glatfelty, Susan & Phil
 Gilb, Debbie & Dave
 Golder, Faith & Dr. Sylvan
 Goldstein, Janice & Sidney
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 Graham, Jane Henny & Robert
 Grate, Toni & John
 Gray, Don
 Gray, Jim
 Gregory, Marie & Todd
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 Kohrman, Karen & Co-
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 Piazza, Lana
 Price, Bill
 Prokop, Mimi & Pete

Ragland, Eric
 Rajczak, Karen & Daniel
 Ranz, Ginger & Art
 Rasmussen, J. Lee
 Rawlings, Marty Hermans & Michael
 Rafalo, Francene
 Reddington, Mary & Andrew
 Reilly, Pam & Al
 Reiter, John
 Reynolds, Carolyn & Tom
 Riorden, Mary & Tim
 Rippe, Joe
 Robinson, Bernice
 Rosenthal, David
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 Schultz, Karen & Joseph Chickey
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 Schloemer, Marcia Banker & Jeffrey

Schmalz, Mary Ann & David
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 Schriber, Cheryl & Alan
 Schneider, Donna & Bob
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 Strickley, Mary & Patricia
 Sweeney, Michael
 Sweeney, Patricia
 Sullivan, Lisa & Tim
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 Szkutak Joan & Dave

Teran, Roberta & Carlos
 Thompson, Carrie & J. Scott
 Tiffany, Brian

Timmins, Barbara
 Torbeck, Shari & Dan
 Tuke, Beau
 Twedell, Sue Ann
 Thrash, Julie & Philip
 Twyman, Rachel & Ted
 Turnbull, Elizabeth
 Turner, Heather & Eric

Vogel, Steve

Wagner, Patricia
 Wales, Beth
 Walters, April
 Walters, Zand & Mark
 Wampler, Nancy & Tim
 Warnick Carrie Clark & Clay
 Wayne, Vanessa & Richard
 Webb, Paula Maureen
 Weinstein, Deborah & Daniel
 Westmaas, Deb & Kent
 Wilson, Kathy & Steve
 Wolterman, Ed
 Wolke, Jan & Joe
 Woodburn, Nancy
 Woods, Judy & Tom
 Works, Ann & Robert

Zalkind, Elizabeth Post & Daniel
 Zang, Kimberly
 Zarovchak, Lisa & Jerry
 Zimmerman, Sue & Dave
 Zuberbuhler, Jayne

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 Bernhold, Matthew
 Berus, Rebecca
 Cooney, Crystal & Tom
 Conley, Sallie & Gary
 Ford, Bruce
 Hamilton, Lauren
 Gilmore, Christopher
 Loschiavo, Linda
 Mack, Barbara & Ted
 McCabe, Dave
 McNamara, Darleen

Noll, James
 Power, Anne
 Ramsey, Lauren
 Smith, Lorrin & Don
 Ventura, Julie
 Wells, Abbi



MABA members Mary Moran and Judi Cettel are racing to get ready for the Mt Adams Sunset Garden Stroll, scheduled for June 16, 2020.

SAVE THE DATE !



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Finding Individuality in a Pre-fab Mass-produced World.

by Maryellen Horrigan

It's almost that time of year again. As soon as the Holidays are over, we look around at our homes and start to see things we don't like. It's a big market for paint, carpet, furniture and bedding. It is not by accident that January is the traditional bedding sales month.

When HGTV first hit the airwaves with all its myriad of helpful home decorate, repair, and rehab shows, we all said "Oh, what a great idea!" Beware of Greeks (and TV producers) bearing gifts.

All that brain picking advice has turned to brain washing.

We now buy terrible paint, unnecessary tools, inferior materials, and uncomfortable furniture. Why? Well because these wonderful programs and their advertisers told us that this was the way to permanent, fashionable, beautiful and functional décor. Hogwash! And they told us we could do it all ourselves...double hogwash!

A TV show of this type often takes years to get from the ground to your TV. Fashion never holds still. On the air we see all white kitchens with shiny chrome handles and slick furniture. But in the HGTV Magazine we get kitchens with blue or green cabinets and brass handles and tiles of bold graphics. Bedrooms are often of 1930's pink with lots of glam. Pink is a big color this winter. Check out all the pink Christmas decorations being pushed in the stores. Wallpaper is back and it is bold. Multi-colored graphic carpets are displayed everywhere.

Fashions change. Find "your" look, not that of a TV show.

Every 20 years we get avocado green by a new name. It might be lighter such as lime, or fern. It might be darker such as loden. But it is still avocado green.

Primary colors Red, Blue, Yellow, and their three mixes: Orange, Green, Purple, are all man made. That's why you see them so often in nurseries and advertising. They grab your attention and stimulate. They are not meant as permanent. Don't put them on your walls in primary form. The Art Deco colors are the most enduring: blue green, yellow green yellow orange, red orange, blue violet, red violet. And the colors in between these are even more sophisticated. We just give them fancier names to make ourselves feel perceptive and bold.

Go to a craft store and buy yourself a color wheel. Take it to your closet. Find on the wheel the colors that make you feel good. If you must move every one to three years, find "Your" colors in furniture, and keep the white walls. If you plan to stay...go for the walls. If a bold blue is your favorite, start with the headboard wall. That may be enough. You can always paint the other walls to match later, or you can go with a rich cream, or a soft beige to contrast with that big blue.

Try paint first. A gallon of paint is a small investment compared to a large sofa. As for the white wall set, be sure the furniture you invest in is "your" color. And for heaven's sake, don't buy it on line until you have sat on it somewhere. That's too big an investment not to enjoy.

Holiday Happenings at CAM

by Jill Dunne

Holiday Gift Shop

November and December, 11 a.m.–5 p.m. Tuesday–Sunday, 11 a.m.–8 p.m. Thursdays

Shop a beautiful selection of curated gifts inspired by our permanent collection and special exhibitions this holiday season. Find your own treasures inspired by current exhibition Treasures of the Spanish World. Through your purchase at the gift shop, you directly support the Cincinnati Art Museum.

Rec the Halls

December 1–29, 11 a.m.–5 p.m. Tuesday–Sunday, 11 a.m.–8 p.m. Thursdays

Bring the whole family to the museum for holiday art-making activities as part of the REC's fourth annual REC the Halls celebration! The Art Bar will be transformed into a holly jolly winter wonderland and visitors will be invited to create holiday cards with a wide variety of materials, as well as create custom gift bags and holiday home decorations. There will also be a Holiday Helpfulness donation drive. Every donation will be granted an entry to win a family membership to the museum. Check the Cincinnati Art Museum REC page for more information on the drive. FREE

The Voice of Black Cincinnati presents Black Santa
Saturday, December 14, 1–4:30 p.m.

The Voice of Black Cincinnati presents Black Santa who will greet children of all ages and listen to Christmas wish lists. Parents can take photos, or photos will be taken by the Voice of Black Cincinnati's photographer and shared on its Facebook page. Last year, more than 1,800 diverse families visited the museum during this event. FREE.

Belle Voci women's chorus performance

Sunday, December 15, 3–4 p.m.

De-stress from holiday hustle and bustle with an enchanting choral performance by Belle Voci, a Cincinnati Youth Choir alumni chorus. View performance in the Great Hall. FREE.

Whatever your holiday traditions, the Cincinnati Art Museum is here to help you make new memories and revisit cherished ones. The holidays are a wonderful time to visit the museum's permanent collection with loved ones, as well as to explore current special exhibitions, including Treasures of the Spanish World, Women Breaking Boundaries and The Levee: A Photographer in the American South.

The museum is open 11 a.m.–5 p.m. Tuesday–Sunday, 11 a.m.–8 p.m. Thursdays. The museum is open for regular hours throughout the season, closing only on Thanksgiving day and Christmas day. In addition to the art galleries, several holiday events will provide great opportunities to gather and celebrate this special time of year.

8 Natural Hangover Remedies

author-avatar By Linda W., Barbara S., & Barbara B.G.

You have a headache, you have a stomach ache, and your get-up-and-go is gone. You have a hangover.

Experts know little about what causes a hangover. Some theories say that alcohol disrupts biological rhythms; others that alcohol withdrawal is the culprit. Research suggests that impurities produced when alcohol is distilled can make you feel nauseous. The sweeter the drink, the higher the level of impurities. Malt liquors and red wine are especially toxic.

That headache? It may come from dehydration — alcohol is a diuretic — and your body's adjustment to your dropping blood alcohol levels after you've stopped drinking.

For now there's only one surefire way to avoid a hangover: Don't drink.

And there's one proven cure: Time. It takes 8 to 24 hours for symptoms to disappear.

In the meantime, try these simple, natural ways to avoid the pain, or to tackle headaches, nausea, and general malaise the day after:

Drink water. It's important to stay hydrated while you're drinking alcohol. That means drinking plenty of water between cocktails. If you bypass that rule and wake up groggy the next morning, drink up to rehydrate and flush the impurities from your system.

Drink other fluids, too. Remember: Water isn't enough. You need to drink electrolyte-rich fluids, too — like sports drinks, coconut water, or bouillon soup — that can restore the salt and potassium you've lost.

Grease up before you go. One longstanding folk remedy is to take a spoonful of olive oil before a party. Some swear by it. Eating a pizza or other fatty food has the same effect. Both are said to grease the intestines so the alcohol takes longer to absorb.

Consume sugar while you're drinking. Studies show that fructose may speed alcohol metabolism, thus reducing the risk of a hangover. It's important to eat sugar while you're drinking, not before, since fructose metabolizes quickly. Try plain orange juice between cocktails.

Fill up the morning after. Eat breakfast. Electrolytes in food help replenish a dehydrated system and get calories back into your body. But go easy. While a greasy meal before drinking may help, a hangover needs foods that are easy to digest, like toast and cereal. Some believe that eating burnt toast will help, with the charred carbon crust filtering out impurities much like a carbon water filter. But there's no research to back it up.

Eat ginger. For centuries, people have taken ginger to reduce nausea and vomiting. Try nibbling crystallized ginger in the aftermath of a night of drinking. The National Institutes of Health reveal early research that consuming a combination of ginger, tangerine pith, and brown sugar before drinking decreases nausea and vomiting.

Watch for prickly pear cactus. While it's still being tested, one study has shown that taking 1,600 IU of prickly pear extract five hours before drinking reduced risk for severe hangover by 50 percent.

Go back to bed. A hangover isn't caused by lack of sleep, but that makes it worse. Take a long nap the day after: It's the body's way of healing itself.

Between snoozes, rehydrate and restore with this globally used recipe from our book *500 Time-Tested Home Remedies and the Science Behind Them*. It returns starch, sugar, sodium, and potassium to your depleted system.

Stir 1 teaspoon of salt and 8 teaspoons of sugar into 5 cups of distilled water.

Whisk in $\frac{1}{2}$ cup orange juice or $\frac{1}{4}$ cup mashed banana.

Sip the mixture slowly throughout the day, storing it in a cool place. It's good for 24 hours.

(Originally in *Everyday Health*)



MT. ADAMS CIVIC ASSOCIATION WANTS YOU !

You moved here for a reason, right? This neighborhood is AMAZING and getting better every year.

Please show your support by sending in dues and contact information TODAY for 2020. Membership is open to homeowners and renters of the Mt Adams community. If you live here, we want you. You are part of what makes Mt. Adams so special.

In light of the city's budget cuts to the Invest in Neighborhoods program, membership in the Civic association is more important than ever to keep our neighborhood vibrant. Annual membership in the Mt. Adams Civic Association for 2020 will again be \$10 per person, and Lifetime membership is \$100 per household of 2 people.

Did you know?...

- * A strong membership gives Mt. Adams a louder voice when dealing with the city.

- * MACA sponsors community building events (Cinema in the City, Neighborhood Block Parties, communication efforts (The Grapevine and MtAdamsToday.com), beautification (flower pots, gardens, Clean Up Days), and handling issues that arise (safety, blight, traffic, and parking)

- * Only members may vote at meetings. (community plans, use of funds, zoning, etc.)

- * Providing your email address helps to keep you informed about upcoming events, security issues, and important neighborhood news. It will not be sold or used for outside purposes.

Donations are always welcome to help fund improvement efforts. Maca is proud to have 501(c)(3) status and happy to provide a receipt of donations for tax purposes.

Let's invest in our neighborhood!

Mail form to: Mt Adams Civic Assn. 1027 Saint Gregory St. Cincinnati, Oh 45202

Mt.Adams Civic Association Membership Form for 2019

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Email (print clearly): _____

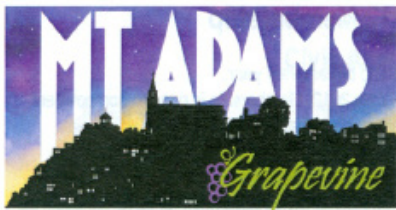
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Donation: \$10 _____ \$25 _____ \$100 _____ Other _____ Thank You !

Comments/Suggestions _____

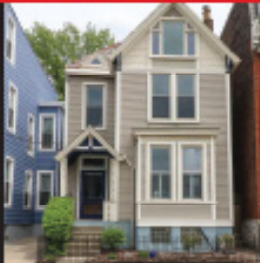


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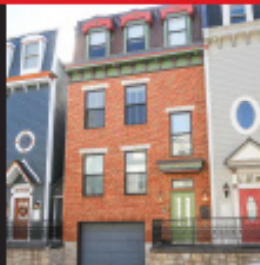
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